2018 MID-ATLANTIC
CONFERENCE

8th ANNUAL CURRENT CONCEPTS IN VASCULAR THERAPIES

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Signs, Symptoms and Treatment of Heart Failure

## **Economic Burden**

- 25% will be Readmitted within 30 days
- 50% will be Readmitted within 6 months
- 90% will be Readmitted due to Congestion
- Medicare has Levied Penalties for Hospitals with Readmission rates above expected since 2015
- Readmissions Predict Mortality AHJ 07 154:260-266

## Signs and Symptoms

Don't let your **symptoms** of heart failure <u>WORSEN</u>

Weight gain

Orthopnea

Resting more than usual

Shortness of breath

Edema

Non-productive cough



Call your cardiologist for help!

## Guideline Medical Therapy for HFrEF

- ACE/ARB
- Beta Blockers- carvedilol and metoprolol succinate
- Spironolactone
- Isordil combination with Hydralazine
- Digoxin
- Ivabradine
- Entresto

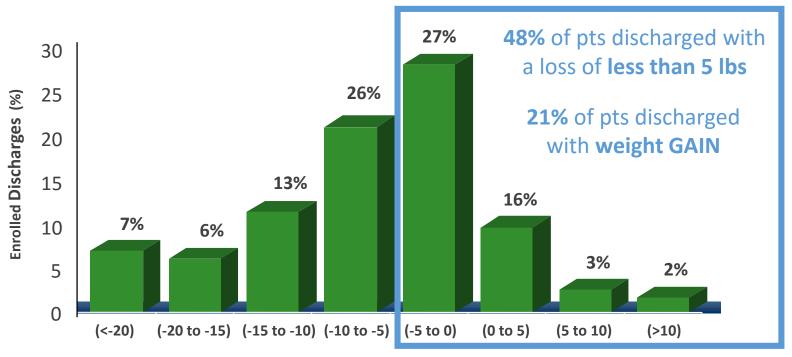
## Diuretic for HFrEF

- Class I
- No studies
- Relieves Congestion
- Activates RAS
- Decreases MAP, Renal blood flow, and Stroke Volume
- DOSE Trial 2.5X Oral Lasix Dose IV Twice Daily

## **ADHERE Registry Gathered Nationwide Data**

#### **Change in Weight During Hospitalization**

January 2001 to April 2006 (n=96,094)



**Change in Weight (lbs)** 

Are current treatment strategies producing desired patient outcomes?



## **Loop Diuretics**

Furosemide- 50% bioabsorbed, delayed with food T1/2
 2.7hrs

Bumetanide-90% bioabsorbed, T1/2=1.3 hrs

Torsemide- 90% bioabsorbed, T1/2=6hrs



## Diuretic resistance

 Diuretic resistance is defined as the failure of diuretics to achieve decongestion despite the use of maximal recommended doses.



#### Table 1. Causes of Diuretic Resistance.

Inadequate dose of diuretic

Nonadherence

Not taking drug

High sodium intake

Pharmacokinetic factors

Slow absorption of diuretic because of gut edema

Impaired secretion of diuretic into the tubule lumen

Chronic kidney disease

Aging

Drugs

Nonsteroidal antiinflammatory drugs\*

Probenecid

Hypoproteinemia

Hypotension

Nephrotic syndrome

Antinatriuretic drugs

Nonsteroidal antiinflammatory drugs\*

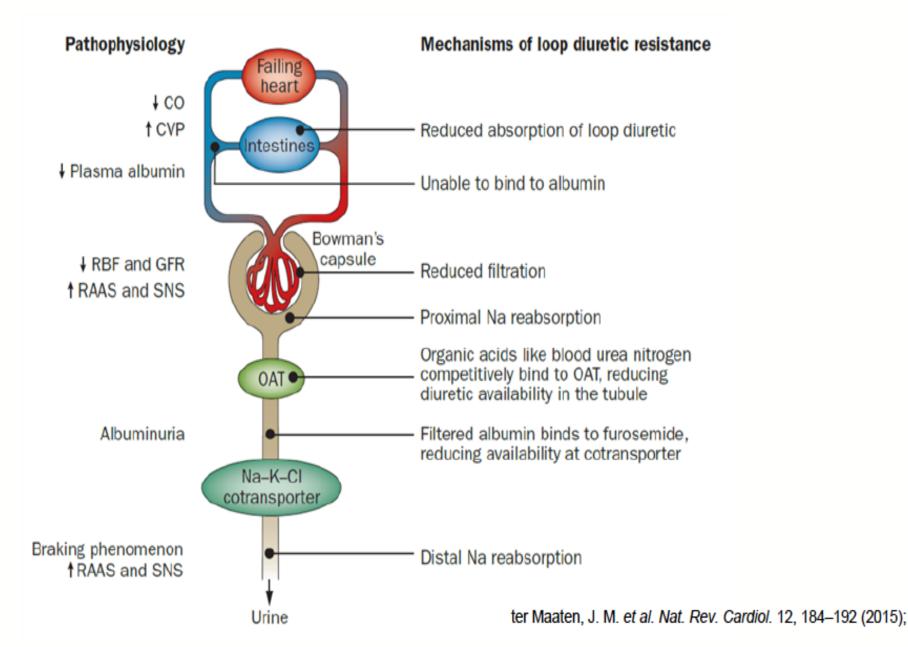
Antihypertensive agents

Low renal blood flow

Nephron remodeling

Neurohormonal activation

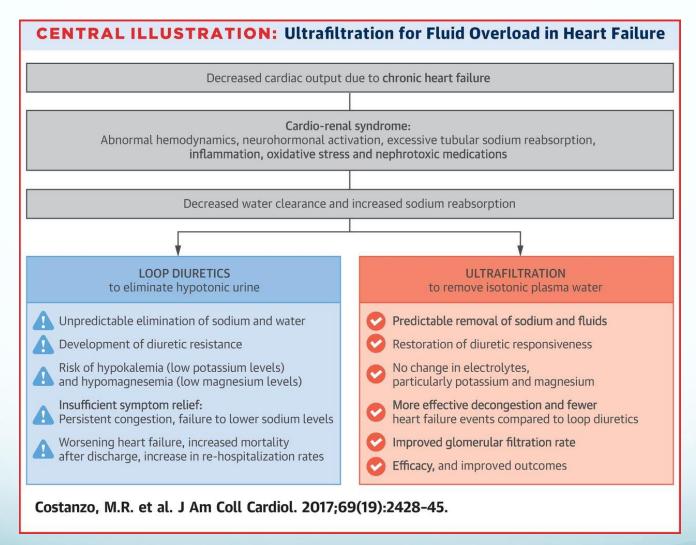
## **Mechanisms of Loop Diuretic Resistance**



## 7.4. Renal Replacement Therapy— Ultrafiltration

#### **CLASS IIb**

- 1. Ultrafiltration may be considered for patients with obvious volume overload to alleviate congestive symptoms and fluid weight (319). (Level of Evidence: B)
- 2. Ultrafiltration may be considered for patients with refractory congestion not responding to medical therapy. (Level of Evidence: C)



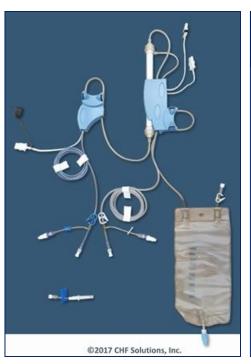
Maria Rosa Costanzo et al. JACC 2017;69:2428-2445

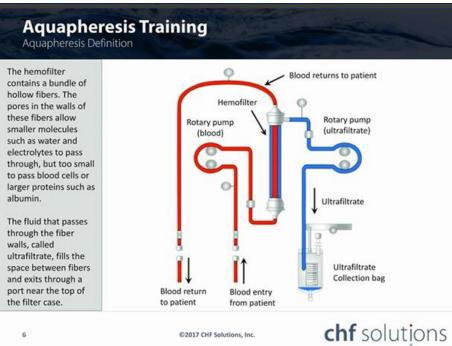












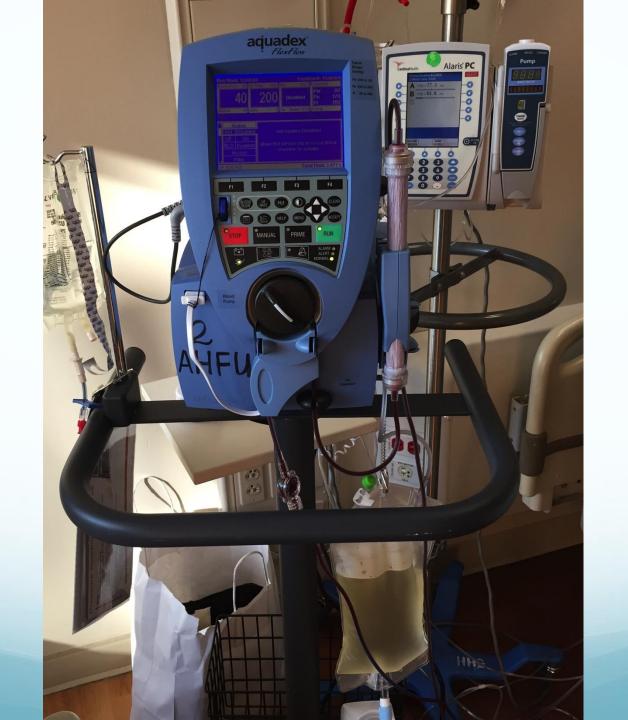


#### **Aquadex Capabilities**

- Blood Flow: 40 ml/min
- UF Rate: 50-500 ml/hr
- Pressure Alarms
- Treatment time
- Total fluid removal

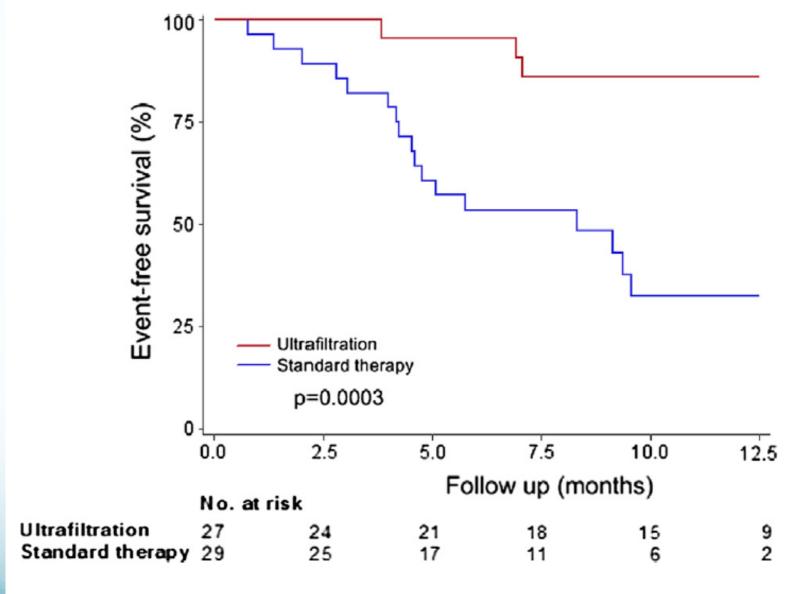
#### The Matters of Co\$t

- One Filter \$980
- Rental \$ 1000 per month
- Purchase \$31,000

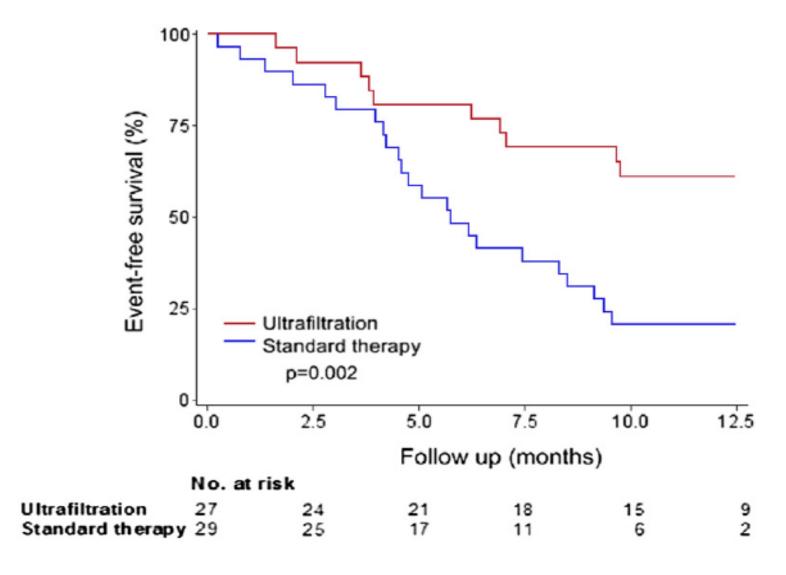


# Continuous Ultrafiltration fOr Congestive HeaRtFailurE

- Milan, Italy
- N=56 with Class III or IV, EF<40, Weight Gain >4kg
- LD(29) vs UF(27)- 19+10 Hrs
- Endpoint was Rehospitalization for HF at 1 year
- Diuretics were continued in both groups
- 37% of Patients Dead at one Year



**Fig. 2.** Freedom from rehospitalization for congestive heart failure at 1 year in patients treated with ultrafiltration or standard therapy.



**Fig. 3.** Freedom from the combined end point of rehospitalization for congestive heart failure and death at 1 year in patients treated with ultrafiltration or standard therapy.

## **Adult Heart Transplants**

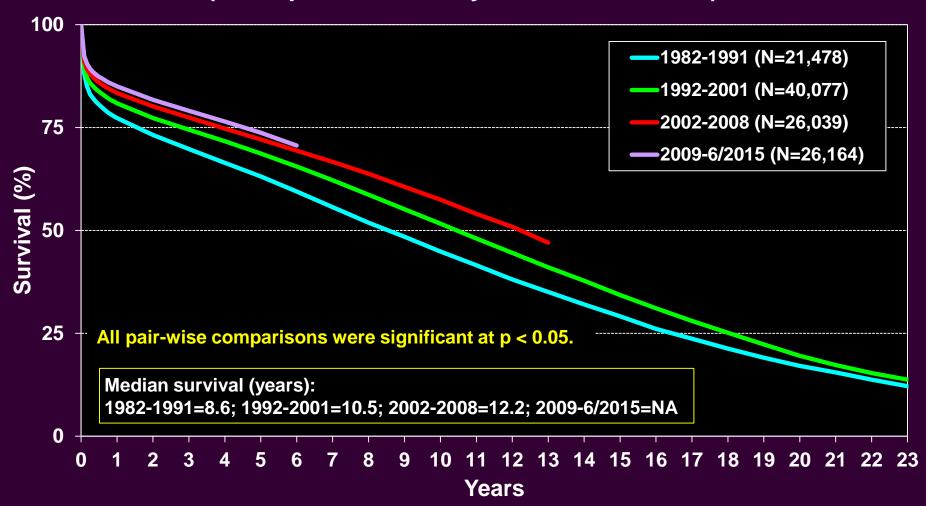
% of Patients Bridged with Mechanical Circulatory Support\*
(Transplants: January 2005 – December 2015)





## Adult Heart Transplants Kaplan-Meier Survival by Era

(Transplants: January 1982 – June 2015)



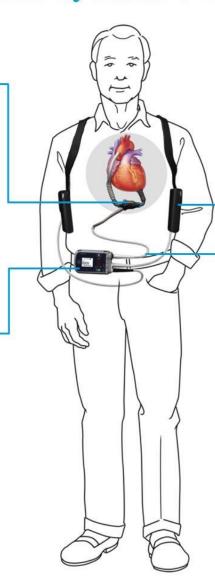
## HeartMate II<sup>™</sup> LVAD system overview

#### HeartMate II LVAD

- Surgically implanted, continuous-flow rotary system
- Indicated for patients in NYHA Class IIIB and IV and clinically proven for both short and longterm support.

#### **Pocket controller**

- Small and light enough to fit in a pocket
- Built-in backup battery, onboard driveline diagnostics and intuitive user interface enhance patient safety.



#### Light, long-lasting batteries

 Rechargeable 1-lb batteries deliver up to 12 hours of uninterrupted support on a single charge.

## Durable, percutaneous driveline

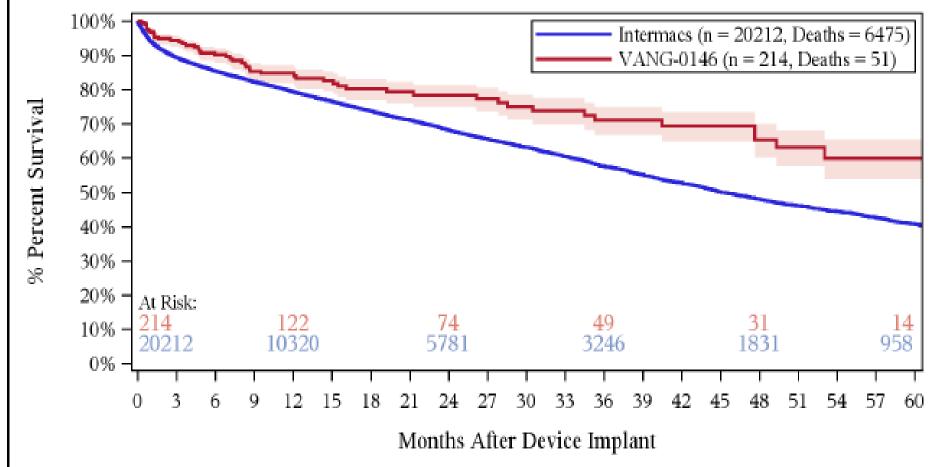
- Sends power and operating signals to the LVAD
- Enables alternative tunneling techniques that may reduce the risk of driveline infection



#### **Mobile Power Unit**

- Lightweight, discreet and highly portable
- Provides power while patient is not active

### Post Implant Survival: PRIMARY OVERALL Primary Prospective Implants: June 23, 2006 to June 30, 2017



Note: These results reflect unadjusted survival estimates. Observed differences may be due to patient selection, device selection, clinical care and/or other factors.

Shaded areas indicate 70% confidence limits

p (log-rank) = 0.0014

Event: Death (censored at transplant or recovery)



## HeartMate 3<sup>™</sup> LVAD with Full MagLev<sup>™</sup> Flow Technology

#### A BETTER EXPERIENCE FOR CLINICIANS AND PATIENTS



Designed for intrapericardial placement



Features a thin, mechanical apical cuff lock for quick and easy pump attachment



Incorporates a modular driveline that facilitates simple replacement of externalized portion



Offers up to 17 hours of battery life for greater patient confidence and convenience