

2017 MID-ATLANTIC
CONFERENCE

7th *ANNUAL* CURRENT CONCEPTS IN
VASCULAR THERAPIES

2017



Todd Gensler MD
April 21, 2017

**Thrombolysis for DVT—Everyone
Should Get It**

2017 MID-ATLANTIC
CONFERENCE

7th ANNUAL CURRENT CONCEPTS IN
VASCULAR THERAPIES

2017



Todd Gensler MD

April 21, 2017

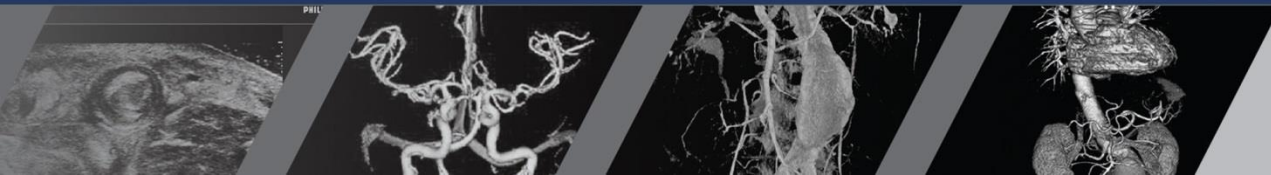
**Thrombolysis for DVT—Everyone
with Acute Iliofemoral DVT and No
Contraindication Should Get It**



I use tPa
for all of
my DVT
patients

OBJECTIVES

- Define post-thrombotic syndrome and its prevalence.
- Review the risk/incidence of bleeding both major and minor with thrombolysis.
- Definitively support the role of thrombolysis in iliofemoral DVT treatment.
 - Cochrane Database--1969-2011
 - CaVenT trial--2012
 - Attract trial—March 2017



DVT

- AFFECTS 2.5-5% OF GEN'L POPULATION AT SOME POINT IN THEIR LIFE

- Browse NL, Burnand KG, Lea Thomas M. Deep vein thrombosis: pathology, diagnosis and treatment. In: Browse NL, Burnand KG, Irvine AT, Wilson NM editor(s). *Diseases of the veins*. 2nd Edition. London: Edward Arnold, 1999:443-74
- White RH. The epidemiology of venous thromboembolism. *Circulation* 2003;107(23):14-8.

- ONLY 20% OF ILIOFEMORAL DVT CAN BE COMPLETELY RECANALIZED W/ AC ALONE



Iliofemoral venous thrombosis. Pathological considerations and surgical management

G. E. Mavor, J. M. D. Galloway

BJS

First published: January 1969 Full publication

PTS

- **POST-THROMBOTIC SYNDROME AFFECTS UP TO 50% OF THOSE WHO HAVE HAD DVT-- some degree of pain, swelling, skin pigmentation or venous ulceration of the affected leg**

- Kahn SR. *The post-thrombotic syndrome: progress and pitfalls. British Journal of Haematology* 2006;134:357-65. [doi:10.1111/j.1365-2141.2006.06200.]
- Schulman S, Lindmarker P, Holmström M, Lärffars G, Carlsson A, Nicol P, et al. *Post-thrombotic syndrome, recurrence, and death 10 years after the first episode of venous thromboembolism treated with warfarin for 6 weeks or 6 months. Journal of Thrombosis and Haemostasis* 2006;4(4):734-42

- **USUALLY OCCURS W/IN 2 YRS**

- Brandjes DP, Buller HR, Heijboer H, Huisman MV, de Rijk M, Jagt H, et al. *Randomised trial of effect of compression stockings in patients with symptomatic proximal-vein thrombosis. Lancet* 1997;349(9054):759-62.
- Kahn SR, Shrier I, Julian JA, Ducruet T, Arsenault L, Miron M, et al. *Determinants and time course of the post thrombotic syndrome after acute deep venous thrombosis. Annals of Internal Medicine* 2008;149:698-707.

- **EVENTUAL VENOUS ULCERATION IN 6% DESPITE COMPRESSION**

- Johnson BF, Manzo RA, Bergelin RO, Strandness DE Jr. *Relationship between changes in the deep venous system and the development of the postthrombotic syndrome after an acute episode of lower limb deep vein thrombosis: a one-to six-year follow-up. Journal of Vascular Surgery* 1995;21(2):307-12.
- Schulman S, Lindmarker P, Holmström M, Lärffars G, Carlsson A, Nicol P, et al. *Post-thrombotic syndrome, recurrence, and death 10 years after the first episode of venous thromboembolism treated with warfarin for 6 weeks or 6 months. Journal of Thrombosis and Haemostasis* 2006;4(4):734-42.

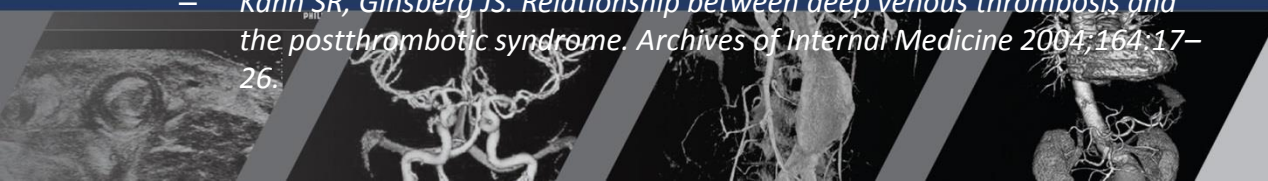


VENOUS ULCERATION

- The prevalence of venous ulcers in the general population is around 1 in 1000
 - *Browse NL, Burnand KG, Lea Thomas M. Deep vein thrombosis: pathology, diagnosis and treatment. In: Browse NL, Burnand KG, Irvine AT, Wilson NM editor(s). Diseases of the veins. 2nd Edition. London: Edward Arnold, 1999:443-74.*
- Between 40% to 50% of patients with venous ulcers have evidence of post-thrombotic damage



- *Kahn SR, Ginsberg JS. Relationship between deep venous thrombosis and the postthrombotic syndrome. Archives of Internal Medicine 2004; 164:17-26.*



Villalta Scoring Scale

Five patient-related venous symptoms	Six clinician-rated signs
Pain Cramps Heaviness Paraesthesia Pruritus	Pretibial edema Skin induration Hyperpigmentation Pain during calf compression Venous ectasia Redness

Scoring — Each sign or symptom is rated as:

- 0 = None
- 1 = Mild
- 2 = Moderate
- 3 = Severe

Summed-up ratings = total score:

- <5 = no PTS
- 5-14 = mild/moderate PTS
- ≥15/venous ulcer = severe PTS

HOW TO PREVENT PTS

- ANTICOAGULATION
- COMPRESSION THERAPY
- THROMBOLYSIS
 - PHARMA
 - MECHANICAL



VETO TRIAL



Acute DVT

Outcomes After Anticoagulation Alone

Determinants and Time Course of the Postthrombotic Syndrome after Acute Deep Venous Thrombosis

Susan R. Kahn, MD, MSc; Ian Shrier, MD, PhD; Jim A. Julian, MMath; Thierry Ducruet, MSc; Louise Arseneault, BA; Marie-José Miron, MD; Andre Roussin, MD; Sylvie Desmatsais, MD; France Joyal, MD; Jeannine Kassis, MD; Susan Solymoss, MD; Louis Desjardins, MD*;
Donna L. Lamping, PhD; Mira Johri, PhD; and Jeffrey S. Ginsberg, MD

Predictors of Post-Thrombotic Syndrome

- Common femoral or iliac vein thrombosis (OR 2.23 $p < 0.001$)
- Post-thrombotic morbidity at 1 month ($p < 0.001$)

SOX Trial

Elastic Compression Stockings vs Placebo Control

Compression stockings to prevent post-thrombotic syndrome: a randomised placebo-controlled trial

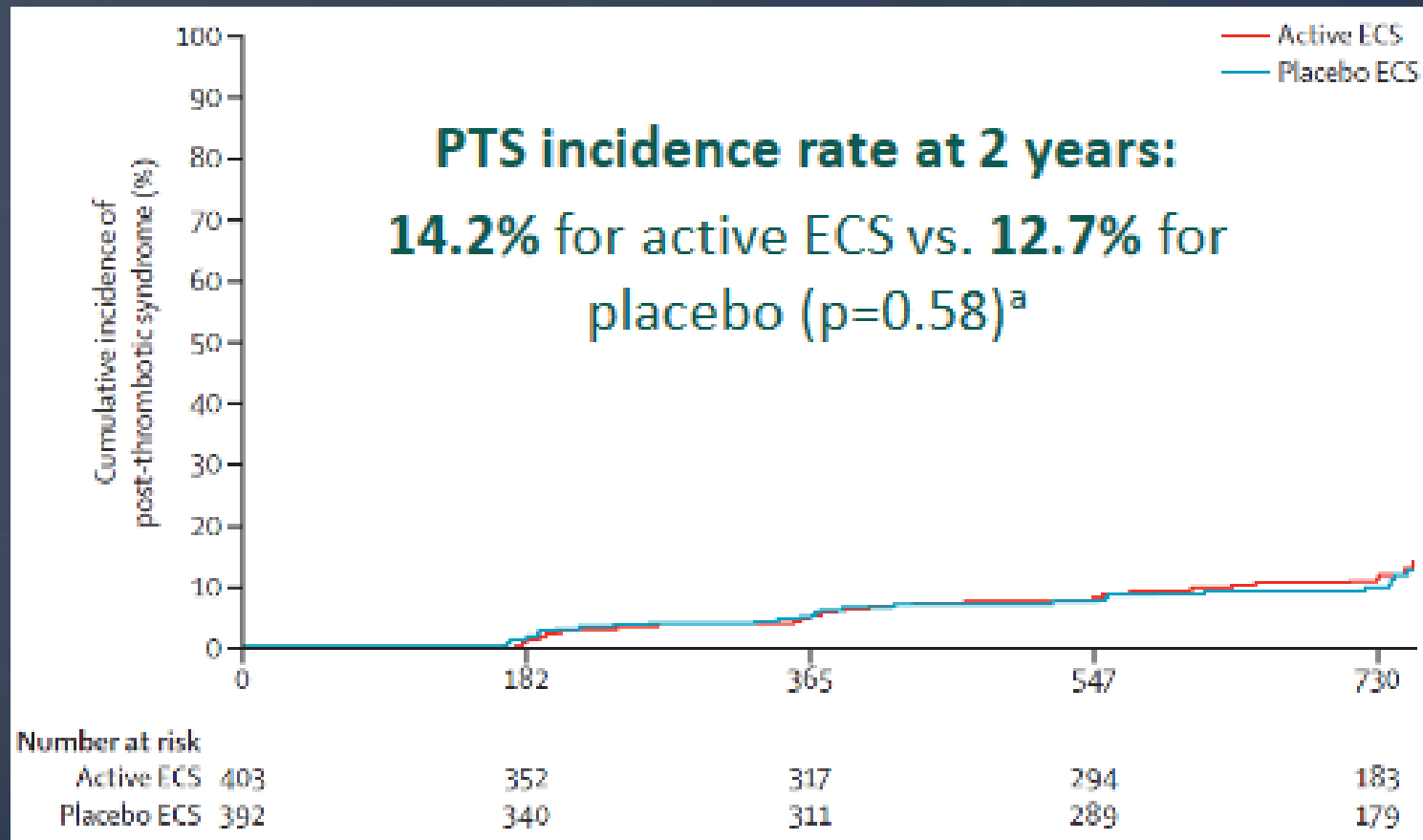
Susan R Kahn, Stan Shapiro, Philip S Wells, Marc A Rodger, Michael J Kovacs, David R Anderson, Vicky Tagalakis, Adrielle H Houweling, Thierry Ducruet, Christina Holcroft, Mira Johri, Susan Salymoss, Marie-José Miron, Erik Yeo, Reginald Smith, Sam Schulman, Jeannine Kassis, Clive Kearon, Isabelle Chagnon, Turnly Wong, Christine Demers, Rajendar Hanmiah, Scott Kaatz, Rita Selby, Suman Rathbun, Sylvie Desmarais, Lucie Opatmy, Thomas L Ortel, Jeffrey S Ginsberg, for the SOX trial investigators

- **Objective:** To evaluate the effectiveness of elastic compression stockings (ECS), compared with placebo stockings to prevent post-thrombotic syndrome (PTS)
- **Design:** Multicenter, randomized, placebo-controlled trial of active (N=410) vs placebo (N=396) ECS
- **Key Inclusion Criteria:** First indicative, proximal DVT (with or without coexisting pulmonary embolism or distal DVT)
- **Primary Endpoint:** PTS diagnosed at 6 months or later using Ginsberg's criteria (ie, leg pain and swelling of ≥ 1 month)

SOX Trial Results

Elastic Compression Stockings vs Placebo Control

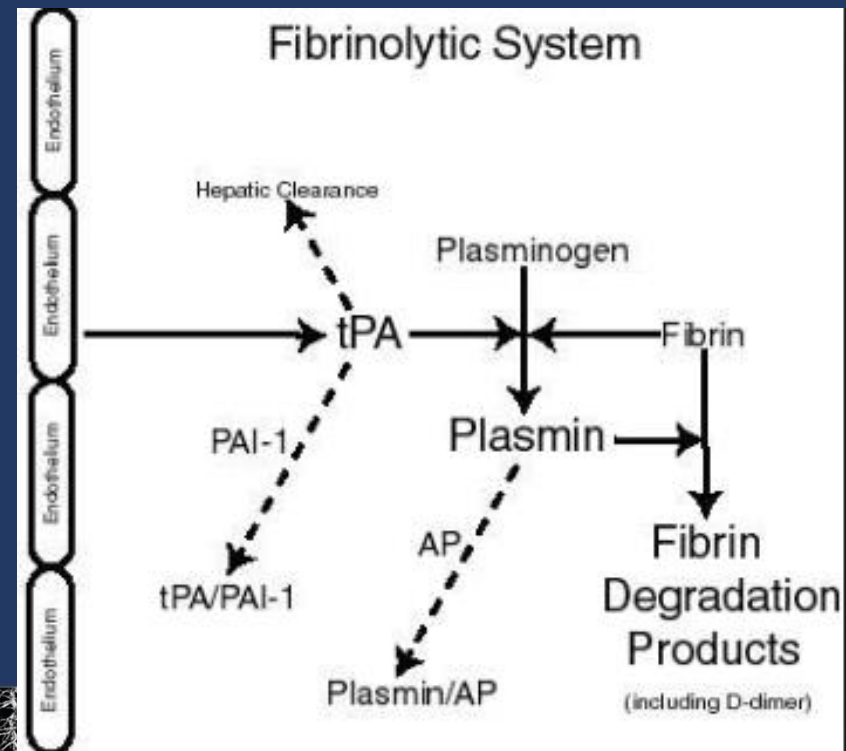
“ECS did not prevent PTS after a first proximal DVT”



THROMBOLYSIS



- Drugs activate plasminogen
- Plasmin breaks links b/t fibrin molecules
- ROUTES OF ADMIN
 - peripheral vein
 - CDT
 - PCDT



Cochrane Database of Systematic Reviews

Thrombolysis for acute deep vein thrombosis

New search

Review

Intervention

Lorna Watson ✉, Cathryn Broderick, Matthew P Armon

First published: 10 November 2016

RATIONALE FOR THROMBOLYSIS— THE OPEN VEIN THEORY

- Dissolving the thrombus in the acute phase may reduce the risk of more permanent damage to the structure and function of the vein
- In particular venous valvular function, thus lowering the risk of post-thrombotic complications in the long term.

Cochrane Database of Systematic Reviews

Thrombolysis for acute deep vein thrombosis

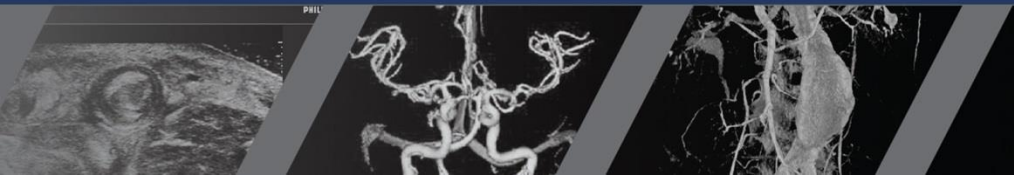
New search

Review

Intervention

Lorna Watson , Cathryn Broderick, Matthew P Armon

First published: 10 November 2016



Thrombolysis for acute deep vein thrombosis

Cochrane Database of Systematic Reviews

Lorna Watson ✉, Cathryn Broderick, Matthew P Armon

First published: 10 November 2016

Editorial Group: Cochrane Vascular Group

- RANDOMIZED TRIALS ONLY
- ACUTE DVT, defined as onset of symptoms within seven days and confirmed by objective testing
- EXCLUSION--trials including participants with
 - chronic or recurrent venous thrombosis
 - treatment after a maximum of 21 days from the onset of symptoms



TRIAL DETAILS—no standardized protocols

- 1969-2011
- The majority of trials assessed systemic thrombolysis, with streptokinase the most common agent used
- DOSAGES of thrombolytics varied
- Route of administration varied
- Heparinization varied
- Duration of anticoagulation after initial event varied
- 9 trials: <50pts
- 2 trials: >100pts (largest 250pts)

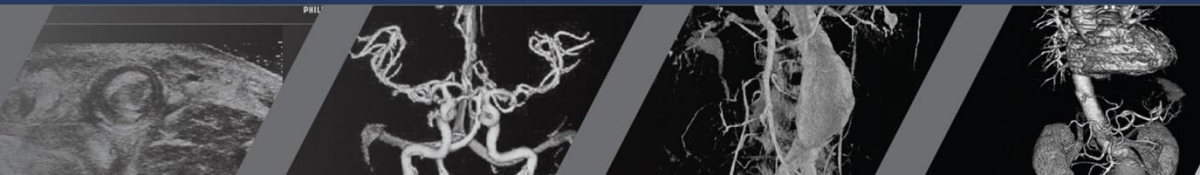
Cochrane Database of Systematic Reviews

Thrombolysis for acute deep vein thrombosis

[New search](#) [Review](#) [Intervention](#)

Lorna Watson [✉](#), Cathryn Broderick, Matthew P Armon

First published: 10 November 2016



Contraindications for Lysis

- surgery or head trauma within the previous three months
- malignancy
- renal and hepatic dysfunction
- bleeding dysfunction

Cochrane Database of Systematic Reviews

Thrombolysis for acute deep vein thrombosis

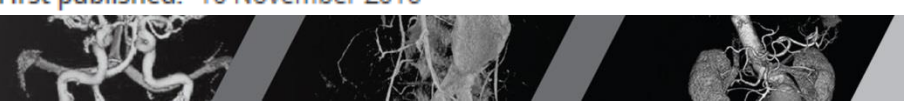
New search

Review

Intervention

Lorna Watson , Cathryn Broderick, Matthew P Armon

First published: 10 November 2016



OUTCOME MEASURES

- EARLY--up to one month
- INTERMEDIATE--6 months to 5 yrs
- LATE-->5 yrs

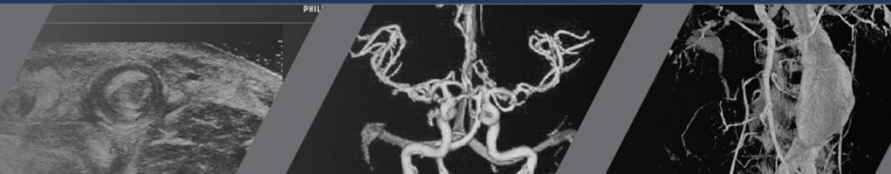
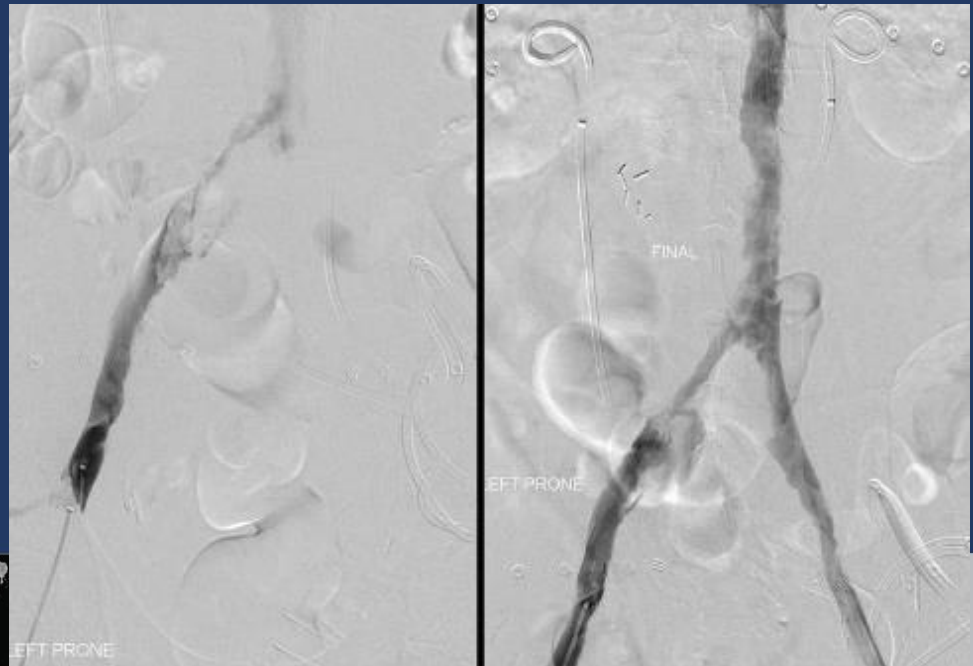
Cochrane Database of Systematic Reviews

Thrombolysis for acute deep vein thrombosis

[New search](#) [Review](#) [Intervention](#)

Lorna Watson [✉](#), Cathryn Broderick, Matthew P Armon

First published: 10 November 2016



PRIMARY OUTCOMES

- Any improvement in venous patency
- Complete clot lysis
- Bleeding complications (defined as bleeding causing treatment to be stopped, requiring transfusion or surgery, or causing chronic or fatal sequelae)
- Stroke and in particular haemorrhagic stroke
- PTS
- Venous Ulcer
- Mortality

Cochrane Database of Systematic Reviews

Thrombolysis for acute deep vein thrombosis

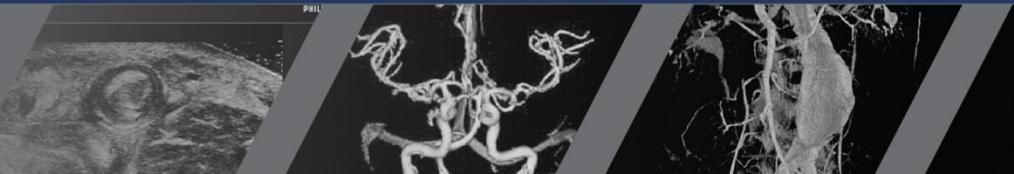
[New search](#)

[Review](#)

[Intervention](#)

Lorna Watson , Cathryn Broderick, Matthew P Armon

First published: 10 November 2016



SECONDARY OUTCOMES

- Recurrent DVT
- PE
- Venous function
 - assessed by duplex ultrasound or other objective means such as foot volumetry or ambulatory venous pressure measurements
- Quality of life (QoL)
- Cost

Cochrane Database of Systematic Reviews

Thrombolysis for acute deep vein thrombosis

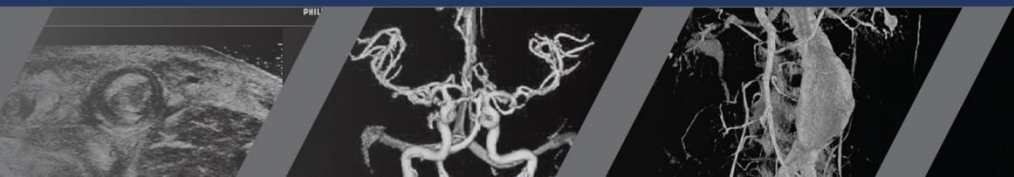
New search

Review

Intervention

Lorna Watson , Cathryn Broderick, Matthew P Armon

First published: 10 November 2016



RESULTS-PTS

- Pooling all types of thrombolysis, the results showed a reduction in the risk of PTS with use of thrombolysis by 34% at the intermediate time point (RR 0.66; NNTB 5) and a reduction in the risk of PTS of 42% at late follow-up (RR 0.58; NNTB 4).
- There was no difference in ulceration beyond six months; data were limited by small numbers and the short length of follow-up, as ulcers are more likely to occur later than a year or two after the DVT.



RESULTS--BLEEDING

- Participants receiving thrombolysis were significantly more likely than control participants to experience a bleeding complication.
- **9%** (62/662) of patients in the thrombolysis group experienced a bleeding complication compared to **4%** (19/441) of patients in the standard anticoagulation group
- Most bleeding complications occurred in earlier studies

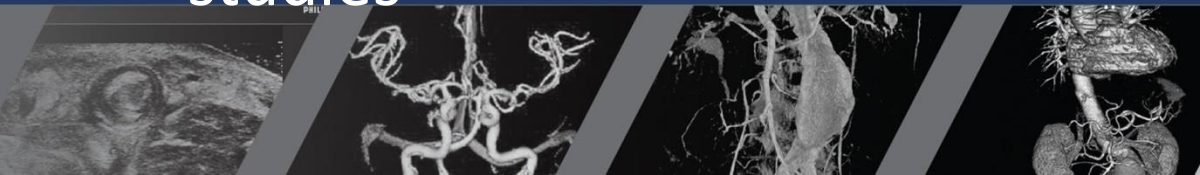
Cochrane Database of Systematic Reviews

Thrombolysis for acute deep vein thrombosis

[New search](#) [Review](#) [Intervention](#)

Lorna Watson [✉](#), Cathryn Broderick, Matthew P Armon

First published: 10 November 2016




RESULTS--ICH

- Out of a total of 1103 participants **3** events occurred in the treatment group (a rate of 0.3%) and none in the control group. The pooled RR was 1.92 (95% CI 0.34 to 10.86) with wide uncertainty regarding the true effect

Cochrane Database of Systematic Reviews

Thrombolysis for acute deep vein thrombosis

[New search](#) [Review](#) [Intervention](#)

Lorna Watson , Cathryn Broderick, Matthew P Armon

First published: 10 November 2016



RESULTS--ICH

- Three intracerebral bleeds occurred in these trials (Common 1976—streptokinase & P Vera; Goldhaber 1990—controlled HTN; Marder 1977—remote Hx of CVA). Adoption of current contra-indications may have prevented these events in more recent trials
- Two of the early deaths in the treatment groups may also have been prevented with the use of current contra-indications to thrombolysis: a participant with metastatic carcinoma (Common 1976), and a participant with recent surgery (Kakkar 1969).

Cochrane Database of Systematic Reviews

Thrombolysis for acute deep vein thrombosis

New search

Review

Intervention

Lorna Watson ✉, Cathryn Broderick, Matthew P Armon

First published: 10 November 2016

RESULTS--MORTALITY

- A total of 5 (? 2 possibly preventable) events occurred in the treatment group and 7 in the control group out of a total 529 participants. The pooled RR was 0.76 (95% CI 0.31 to 1.89)

Cochrane Database of Systematic Reviews

Thrombolysis for acute deep vein thrombosis

[New search](#)

[Review](#)

[Intervention](#)

Lorna Watson , Cathryn Broderick, Matthew P Armon

First published: 10 November 2016

CaVenT Trial

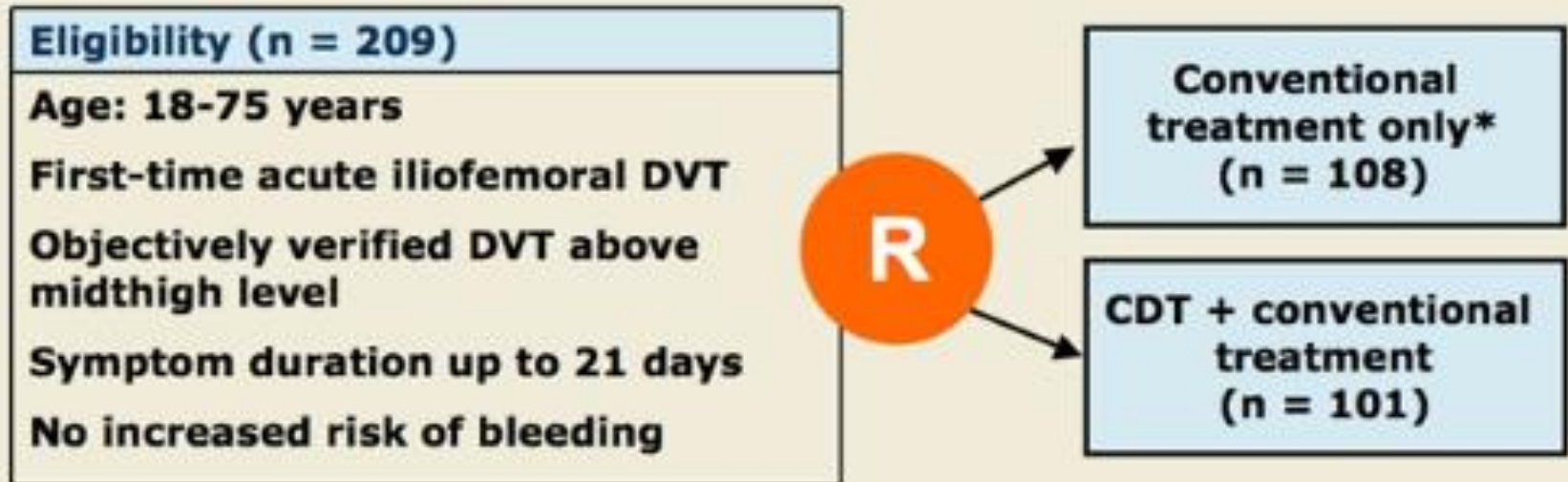
**Long-Term Outcome After
Additional Catheter-Directed
Thrombolysis versus Standard
Treatment for Acute Iliofemoral
Deep Vein Thrombosis (The
CaVenT Study): A Randomised
Controlled Trial**

Enden T et al.

Lancet 2012;379(9810):31-8.

Proc ASH 2011;Abstract LBA-1.

CaVenT Trial: Study Design



* Initial low molecular weight heparin (LMWH) and warfarin followed by warfarin alone with target intensity international normalized ratio (INR) of 2.0-3.0

- Randomization was stratified for involvement of the pelvic veins.
- **Primary outcomes:**
 - Frequency of PTS at 24 months, assessed by the Villalta score
 - Iliofemoral patency after 6 months

Villalta Scoring Scale

Five patient-related venous symptoms	Six clinician-rated signs
Pain Cramps Heaviness Paraesthesia Pruritus	Pretibial edema Skin induration Hyperpigmentation Pain during calf compression Venous ectasia Redness

Scoring — Each sign or symptom is rated as:

- 0 = None
- 1 = Mild
- 2 = Moderate
- 3 = Severe

Summed-up ratings = total score:

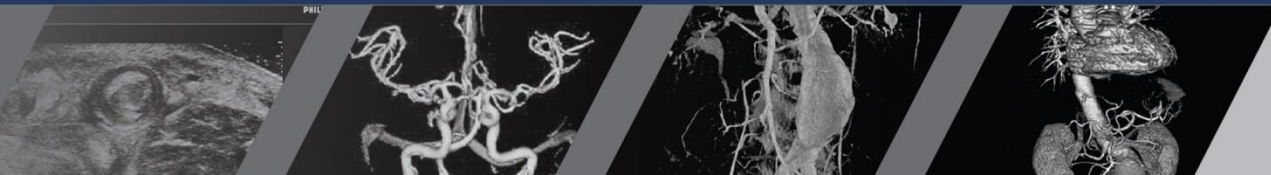
- <5 = no PTS
- 5-14 = mild/moderate PTS
- ≥15/venous ulcer = severe PTS

Exclusion criteria

- Anticoagulant treatment before trial entry for more than the past 7 days
- Contraindications to thrombolytic treatment, including bleeding diathesis
- Indications for thrombolytic treatment—eg, phlegmasia caerulea dolens or isolated vena cava thrombosis
- Severe anaemia (haemoglobin <80 g/L)
- Thrombocytopenia (platelets <80·10⁹/L)
- Severe renal failure (estimated creatinine clearance <30 mL/min)
- Severe hypertension—ie, persistent systolic blood pressure higher than 160 mm Hg or diastolic blood pressure higher than 100 mm Hg
- Pregnancy or thrombosis within 7 days postpartum
- Less than 14 days postsurgery or post-trauma
- History of subarachnoid or intracerebral bleeding
- Disease with life expectancy less than 24 months
- Drug misuse or mental disease that could interfere with treatment and follow-up
- Former ipsilateral proximal deep vein thrombosis
- Malignant disease needing chemotherapy
- Any thrombolytic treatment within 7 days before trial inclusion

CaVenT t-PA dosing

- 20 mg alteplase at 0.01 mg/kg per h for maximum 96 h, and the maximum dose was 20 mg/24 h.
- Unfractionated heparin adjusted to keep activated partial thromboplastin time at 1.2–1.7 times higher than the upper normal limit.
- Additional antiplatelet treatment was not given



Outcomes: Additional CDT versus Standard Therapy

Outcome	Additional CDT (n = 90)		Standard therapy only (n = 99)		p-value
	n	% (95% CI)	n	% (95% CI)	
PTS after 6 mo	27	30.3 (21.8-40.5)	32	32.2 (23.9-42.1)	0.77
PTS after 24 mo	37	41.1 (31.5-51.4)	55	55.6 (45.7-65.0)	0.047
Iliofemoral patency after 6 mo*	58	65.9 (55.5-75.0)	45	47.4 (37.6-57.3)	0.012

* Five patients had inconclusive patency assessments, and 1 was lost to follow-up. At completion of 24 months of follow-up, 189 patients were available for analysis.

- PTS is defined as a Villalta score ≥ 5 .
- p-values stated are from an unadjusted Chi-square test.
- Absolute risk reduction of long-term endpoint PTS at 24 months of follow-up in CDT versus standard therapy: 14.4% (95% CI 4-502).

NNT=7

PTS After 24 Months in Patients with Iliofemoral Patency or Insufficient Recanalization After 6 Months

Outcome	Regained iliofemoral patency (n = 103)		Insufficient recanalization (n = 80)		p-value
	n	% (95% CI)	n	% (95% CI)	
PTS after 24 mo	38	36.9 (28.2-46.5)	49	61.3 (50.3-71.2)	0.001

- Absolute gain in short-term endpoint iliofemoral patency after 6 months in CDT versus standard therapy group: 18.5% (95% CI 4.2–31.8).
- Absolute risk reduction in the frequency of PTS after 24 months in patency versus insufficient recanalization: 24.4% (95% CI 9.8–37.6).

NNT--6

Adverse Events (AEs)

AEs	Additional CDT (n = 101)	Standard treatment (n = 108)
Bleeding complications	20	0
Major bleeding complications	3	0
Clinically relevant bleeding complications	5	0
Deaths	0	NR
Pulmonary embolisms	0	NR
Cerebral hemorrhages	0	NR
Nonbleeding complications	4	NR
Recurrent VTE at 24 mo	10	18

NR = not reported



During follow-up, 28 patients had recurrent VTE and 11 had cancer; no significant difference between treatment groups ($p > 0.05$).

20 Bleeding Complications

- MAJOR—3
 - ABDOMINAL WALL HEMATOMA--XFUSION
 - POPLITEAL FOSSA HEMATOMA REQUIRING FASCIOTOMY FOR COMPARTMENT SYNDROME
 - INGUINAL PUNCTURE SITE HEMATOMA
- CLINICALLY RELEVANT—5
- NO DEATHS
- NO CEREBRAL HEMORRHAGES



Post-thrombotic syndrome after catheter-directed thrombolysis for deep vein thrombosis (CaVenT): 5-year follow-up results of an open-label, randomised controlled trial

Ylva Haig, MD, Tone Enden, MD, Ole Grøtta, MD, Prof Nils-Einar Kløw, MD, Carl-Erik Slagsvold, MD, Waleed Ghanima, MD, Leiv Sandvik, MSc, Geir Hafsahl, MD, Prof Pål Andre Holme, MD, Lars Olaf Holmen, MD, Anne Mette Njaaastad, MD, Gunnar Sandbæk, MD, Prof Per Morten Sandset, MD   on behalf of the CaVenT Study Group†

Volume 3, No. 2, e64–e71, February 2016

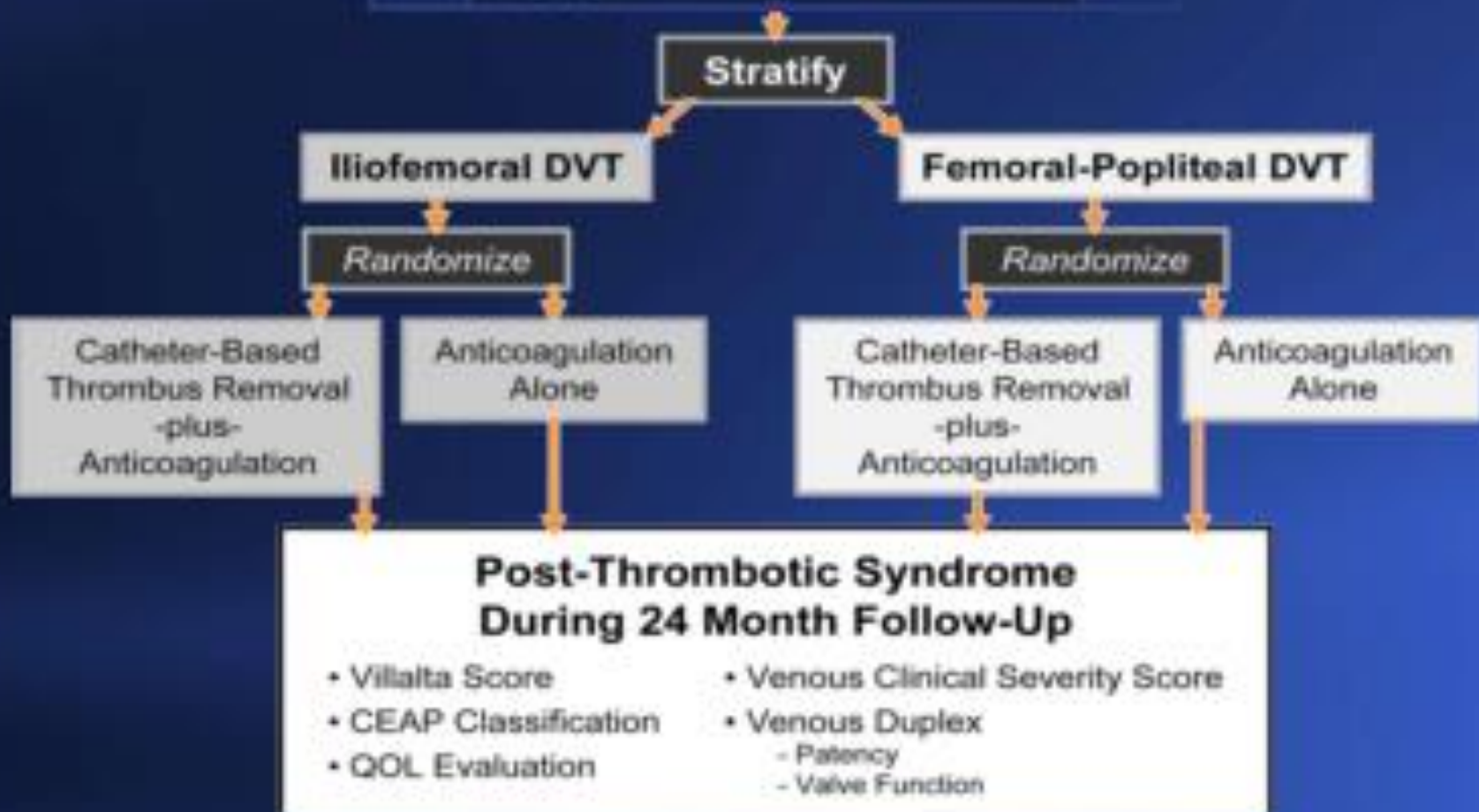
- 5 year follow-up--176 patients (84% of the 209 patients originally randomised)
- 87 (CDT) and 89 (control)
- 37 CDT pts (43%; 95% CI 33–53) developed PTS
- 63 Control pts (71%; 95% CI 61–79) (p<0.0001) developed PTS
- **Absolute risk reduction of 28% and NNT--4**



The ATTRACT Trial

Acute Venous Thrombosis: Thrombus Removal with Adjunctive Catheter-Directed Thrombolysis

Symptomatic Proximal DVT



Study Population



- Symptomatic proximal DVT involving the iliac, common femoral, **and/or** femoral vein
 - stratify randomization by thrombus extent
 - actual: 60% with "iliofemoral" DVT
- EXCLUDE patients with:
 - Higher bleeding risk, CNS lesions
 - Acute limb threat or massive PE
 - Symptom duration > 2 weeks
 - Same-leg PTS or DVT < 2 yrs
 - Active cancer

Primary Measure

Villalta Scale

- The best-validated measure to **diagnose incident PTS**, evaluates **5 symptoms and 6 signs** of PTS, highly **sensitive** to mild-moderate forms of PTS
- PTS = score ≥ 5 or presence of ulcer in index leg
- **692 patients** provides 80% power to detect 1/3 reduction in PTS over 2 years, alpha 0.05, 2-tailed, assuming 10% loss to follow-up of randomized pts



Secondary Outcomes

PRESENT

- PTS Severity (**Villalta Scale, VCSS, CEAP Clinical Class**)
- QOL (**SF-36, VEINES-QOL**)
- Relief of pain (**Likert scale**) & swelling (**limb circumference**)
- Safety (**bleeding, VTE, death**) & costs (**dollars per QALY**)
- Mechanism (obstruction and reflux by ultrasound - **VSDS**)

ABSENT

- What **biomarkers** of clot amplification/resolution, inflammation, vascular injury can predict which patients are best-suited?
- What are the biological effects of catheters/devices upon vein wall & blood?
- **Collaborative opportunity for valuable future studies**

ATTRACT



- 692 patients with acute proximal deep vein thrombosis involving the femoral, common femoral, and/or iliac vein into the ATTRACT study at 56 centres
- Randomised 337 catheter-directed thrombolysis and 355 to anticoagulation alone
- AngioJet thrombectomy system (Boston Scientific); the Trellis-8 Peripheral Infusion System (Medtronic. This device is no longer on the market); or catheter-directed rt-PA infusion for up to 24 hours



ATTRACT



- Pharmacomechanical catheter-directed thrombolysis **reduces early deep vein thrombosis symptoms and post-thrombotic syndrome severity**
- Researchers also found that DVT patients who **received both blood-thinning drugs and PCDT were 25 percent less likely** (18 percent with PCDT vs. 24 percent without) **to develop moderate-to-severe PTS**



ATTRACT RESULTS



- The open vein hypothesis is likely relevant to post-thrombotic syndrome progression and there is a suggestion that targeting this therapy to patients with iliofemoral deep vein thrombosis based on the high risk of post-thrombotic syndrome [might be beneficial],” Vedantham added.



SUMMARY

- PTS occurs in at least 40% and up to 70% of patients after iliofemoral DVT w/ AC alone.
- Overall risk for any bleeding complication w/ lysis is 8-10% w/ ICH risk of 0-0.3%.
- Cochrane, CaVenT and Attract all support PCDT in patients w/ iliofemoral DVT and no contraindication.





VIRGINIA
LYSIS
GEORGETOWN UNIVERSITY



THANK YOU

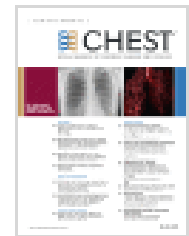




VIRGINIA
LYSIS
GEORGETOWN UNIVERSITY



- Data from subgroups and secondary analyses suggest that catheter-directed thrombolysis may have a benefit in patients who have acute iliofemoral deep vein thrombosis





Evidence-Based Medicine

Antithrombotic Therapy for VTE Disease : CHEST Guideline and Expert Panel Report

Clive Kearon, MD, PhD^a, Elie A. Akl, MD, MPH, PhD^{a, b},  , Joseph Ornelas, PhD^c, Allen Blaivas, DO, FCCP^d, David Jimenez, MD, PhD, FCCP^e, Henri Bounameaux, MD^f, Menno Huisman, MD, PhD^g, [+ Show more](#)

<http://dx.doi.org/10.1016/j.chest.2015.11.026>

[Get rights and content](#)

Remarks: Patients who are most likely to benefit from CDT (see text), who attach a high value to prevention of PTS, and a lower value to the initial complexity, cost, and risk of bleeding with CDT, are likely to choose CDT over anticoagulation alone.



DUTCH-CAVA Study

NCT 00970619 (Netherlands)

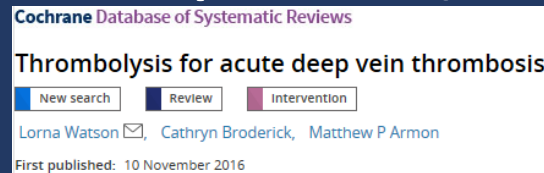
- 180 patients with first-episode iliofemoral DVT
- Randomized to AC vs. AC + US-Assisted CDT
- Primary Outcome – PTS at 1 year (also – QOL, recurrent VTE, reflux)



RESULTS--ULCERATION

3--treatment group VS 2--control group

342 participants (P = 0.87)



RESULTS—COMPARISONS 2,3,4


- Comparison 2 (SYSTEMIC VS CONTROL)
- Comparison 3 (LOCO-REG VS CONTROL)
- Comparison 4 (CDT VS CONTROL)

NO STATISTICAL DIFFERENCE



RESULTS--BLEEDING


- Most bleeding episodes and deaths occurred in the earlier studies.
- It is notable that no bleeding occurred in the Elsharawy 2003 study. This may have been due to strict exclusion criteria and the close radiological monitoring and dose titration depending upon clot lysis.



Cochrane Database of Systematic Reviews

Thrombolysis for acute deep vein thrombosis

[New search](#) [Review](#) [Intervention](#)

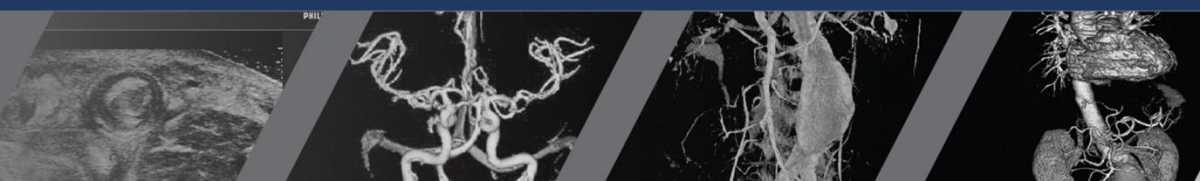
Lorna Watson , Cathryn Broderick, Matthew P Armon

First published: 10 November 2016

The image shows a screenshot of the Cochrane Database of Systematic Reviews interface. It features a white background with a purple header for the Cochrane logo. Below the logo, the title 'Thrombolysis for acute deep vein thrombosis' is displayed in a large, bold, black font. Underneath the title, there are three colored buttons: a blue button for 'New search', a dark blue button for 'Review', and a pink button for 'Intervention'. Below these buttons, the authors' names 'Lorna Watson', 'Cathryn Broderick', and 'Matthew P Armon' are listed, with an envelope icon next to Lorna Watson's name. At the bottom, the text 'First published: 10 November 2016' is visible. The background of the slide is dark blue with a collage of medical images, including a cross-section of a vein, a 3D reconstruction of a vascular tree, and a close-up of a vein with a clot.

RESULTS--BLEEDING

- Participants receiving thrombolysis were significantly more likely than control participants to experience a bleeding complication.
- **9%** (62/662) of patients in the thrombolysis group experienced a bleeding complication compared to **4%** (19/441) of patients in the standard anticoagulation group (RR 2.23; 95% CI 1.41 to 3.52, P = 0.0006; moderate quality evidence; NNT of 17.)
- Most bleeding complications occurred in earlier studies



Cochrane Database of Systematic Reviews

Thrombolysis for acute deep vein thrombosis

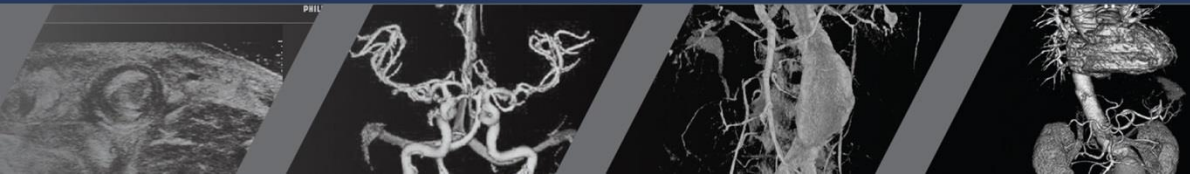
[New search](#) [Review](#) [Intervention](#)

Lorna Watson [✉](#), Cathryn Broderick, Matthew P Armon

First published: 10 November 2016

RESULTS--BLEEDING

- Participants receiving thrombolysis were significantly more likely than control participants to experience a bleeding complication.
- **9%** (62/662) of patients in the thrombolysis group experienced a bleeding complication compared to **4%** (19/441) of patients in the standard anticoagulation group (RR 2.23; 95% CI 1.41 to 3.52, P = 0.0006; moderate quality evidence; NNT of 17.)
- Most bleeding complications occurred in earlier studies



Cochrane Database of Systematic Reviews

Thrombolysis for acute deep vein thrombosis

New search

Review

Intervention

Lorna Watson ✉, Cathryn Broderick, Matthew P Armon

First published: 10 November 2016

Thrombolysis for acute deep vein thrombosis

New search

Review

Intervention

Lorna Watson , Cathryn Broderick, Matthew P Armon

First published: 10 November 2016

Treatment with any thrombolysis for acute DVT

Patient or population: patients diagnosed with acute DVT

Setting: hospital

Intervention: any thrombolysis

Comparison: control anti-coagulation

Outcomes	Anticipated absolute effects* (95% CI)		Relative effect (95% CI)	No of participants (studies)	Quality of the evidence (GRADE)	Comments
	Risk with control	Risk with any thrombolysis				
Complete clot lysis (Intermediate, 6 months to under 5 years after treatment)	Study population		RR 2.44 (1.4 to 4.27)	630 (7 RCTs)	⊕⊕⊕⊕ MODERATE ¹	78 (of 240) patients treated with standard anticoagulation had complete clot lysis compared to 198 (of 390) in the thrombolysis group
	325 per 1000	793 per 1000 (455 to 1000)				
Bleeding (early, up to 1 month after treatment)	Study population		RR 2.23 (1.41 to 3.52)	1103 (17 RCTs)	⊕⊕⊕⊕ MODERATE ¹	Although 17 studies reported on bleeding, these were small studies
	43 per 1000	96 per 1000 (61 to 152)				
Post-thrombotic syndrome (Intermediate, 6 months to under 5 years after treatment)	Study population		RR 0.66 (0.53 to 0.81)	306 (3 RCTs)	⊕⊕⊕⊕ MODERATE	96 (of 146) patients treated with standard anticoagulation developed PTS compared to 72 (of 160) treated with thrombolysis
	658 per 1000	434 per 1000 (348 to 533)				
Post-thrombotic syndrome (late, 5 year follow-up after treatment)	Study population		RR 0.58 (0.45 to 0.77)	211 (2 RCTs)	⊕⊕⊕⊕ MODERATE	72 (of 107) patients treated with standard anticoagulation developed PTS compared to 41 (of 104) treated with thrombolysis
	673 per 1000	390 per 1000 (303 to 518)				

GRADE Working Group grades of evidence

High quality: We are very confident that the true effect lies close to that of the estimate of the effect

Moderate quality: We are moderately confident in the effect estimate: The true effect is likely to be close to the estimate of the effect, but there is a possibility that it is substantially different

Low quality: Our confidence in the effect estimate is limited: The true effect may be substantially different from the estimate of the effect

Very low quality: We have very little confidence in the effect estimate: The true effect is likely to be substantially different from the estimate of effect

Thrombolysis for acute deep vein thrombosis

New search

Review

Intervention

Lorna Watson , Cathryn Broderick, Matthew P Armon

First published: 10 November 2016

Treatment with catheter directed thrombolysis for acute DVT

Patient or population: patients diagnosed with acute deep vein thrombosis

Setting: hospital

Intervention: catheter-directed thrombolysis

Comparison: control anti-coagulation

Outcomes	Anticipated absolute effects* (95% CI)		Relative effect (95% CI)	No of participants (studies)	Quality of the evidence (GRADE)	Comments
	Risk with control	Risk with catheter directed thrombolysis				
Complete clot lysis (Intermediate, 6 months to under 5 years after treatment)	Study population		RR 2.52 (0.52 to 12.17)	224 (2 RCTs)	⊕⊕⊕⊕ MODERATE ¹	
	58 (of 116) patients treated with standard anticoagulation had complete clot lysis compared to 81 (of 108) in the CDT group					
Bleeding (early, up to 1 month after treatment)	Study population		RR 7.69 (0.40 to 146.90)	224 (2 RCTs)	⊕⊕⊕⊕ MODERATE ²	None (of 116) patients in the standard anticoagulation group had bleeding complications compared to 3 (of 108) in the CDT group.
	Cannot define risk as no events reported in the standard anticoagulation group					
Post-thrombotic syndrome (Intermediate, 6 months to under 5 years after treatment)	Study population		RR 0.74 (0.55 to 1.00)	189 (1 RCT)	⊕⊕⊕⊕ MODERATE ³	55 (of 99) patients in the standard anticoagulation group developed PTS compared to 37 (of 90) in the CDT group.
	556 per 1000	411 per 1000 (306 to 556)				
Post-thrombotic syndrome (late, 5 year follow-up after treatment)	Study population		RR 0.60 (0.45 to 0.79)	176 (1 RCT)	⊕⊕⊕⊕ MODERATE ³	63 (of 89) patients in the standard anticoagulation group developed PTS compared to 37 (of 87) in the CDT group.
	708 per 1000	425 per 1000 (319 to 559)				

Emailed Kirk Freeman

- *DUTCH CAVA-trial. Ultrasound accelerated catheter-directed thrombolysis for primary iliofemoral deep vein thrombosis (IFDVT) compared to non-invasive conventional anticoagulant therapy alone: a Dutch randomized controlled multicenter clinical trial.*

<https://clinicaltrials.gov/ct2/show/NCT00970619> (accessed 11 June 2015).



INDICATIONS FOR EARLY THROMBUS REMOVAL

- Patients meeting the following criteria:
 - (a) a **first episode** of acute iliofemoral deep venous thrombosis
 - (b) symptoms **<14 days** in duration
 - (c) a **low risk** of bleeding
 - (d) ambulatory with **good functional capacity** and an acceptable life expectancy (Grade 2C)

Early thrombus removal strategies for acute deep venous thrombosis: Clinical Practice Guidelines of the Society for Vascular Surgery and the American Venous Forum

May 2012 Volume 55, Issue 5, Pages 1449–1462

[Mark H. Meissner, MD](#), [Peter Glowiczki, MD](#), [Anthony J. Comerota, MD](#), [Michael C. Dalsing, MD](#), [Bo G. Eklof, MD](#), [David L. Gillespie, MD](#), [Joann M. Lohr, MD](#), [Robert B. McLafferty, MD](#), [M. Hassan Murad, MD](#), [Frank Padberg, MD](#), [Peter Pappas, MD](#), [Joseph D. Raffetto, MD](#), [Thomas W. Wakefield, MD](#)



TECHNIQUES for EARLY THROMBUS REMOVAL

- Strategy of pharmacomechanical thrombolysis be considered over CDT alone (Grade 2C)
- The use of mechanical devices alone, without the concurrent use of thrombolytic drugs, cannot be routinely recommended.

Early thrombus removal strategies for acute deep venous thrombosis: Clinical Practice Guidelines of the Society for Vascular Surgery and the American Venous Forum

May 2012 Volume 55, Issue 5, Pages 1449–1462

[Mark H. Meissner, MD](#), [Peter Gloviczki, MD](#), [Anthony J. Comerota, MD](#), [Michael C. Dalsing, MD](#), [Bo G. Eklof, MD](#), [David L. Gillespie, MD](#), [Joann M. Lohr, MD](#), [Robert B. McLafferty, MD](#), [M. Hassan Murad, MD](#), [Frank Padberg, MD](#), [Peter Pappas, MD](#), [Joseph D. Raffetto, MD](#), [Thomas W. Wakefield, MD](#)



ARTICLES DOCUMENTING IMPROVED QOL



Treatment of acute iliofemoral DVT: a systematic review and meta-analysis

- Low-quality evidence suggests that surgical thrombectomy decreases the incidence of postthrombotic syndrome and venous reflux
- Catheter-directed pharmacologic thrombolysis decreases the incidence of postthrombotic syndrome and venous obstruction

Treatment of acute iliofemoral deep vein thrombosis

[Edward T. Casey, DO](#), [M. Hassan Murad, MD, MPH](#), [Maqaly Zumaeta-Garcia, MD](#), [Mohamed B. Elamin, MBBS](#), [Qian Shi, PhD](#), [Patricia J. Erwin, MLS](#), [Victor M. Montori, MD, MSc](#), [Peter Gloviczki, MD](#), [Mark Meissner, MD](#)

May 2012 Volume 55, Issue 5, Pages 1463–1473



REVIEW

- **Catheter-directed thrombolysis for extensive iliofemoral deep vein thrombosis: review of literature and ongoing trials**
- **Aaron Liew Institute of Cellular Medicine, Newcastle University, Newcastle Upon Tyne, UK & James Douketis**
- **Pages 189-200 | Received 10 Sep 2015, Accepted 13 Nov 2015, Accepted author version posted online: 15 Nov 2015, Published online: 17 Dec 2015**



TORPEDO TRIAL



PEVI + AC vs AC alone

91 pts

92 pts

Recurrent VTE (mean f/u 30m)

4 (4.5%) of the 88

13 (16%) of the 81

PTS

6 (6.8%)

24 (29.6%)

Thrombus Obliteration by Rapid Percutaneous Endovenous Intervention in Deep Venous Occlusion (TORPEDO) Trial: Midterm Results

Mohsen Sharifi, MD , Curt Bay, PhD , Mahshid Mehdipour , Jalaladdin Sharifi, MD

Vol 19, Issue 2, 2012

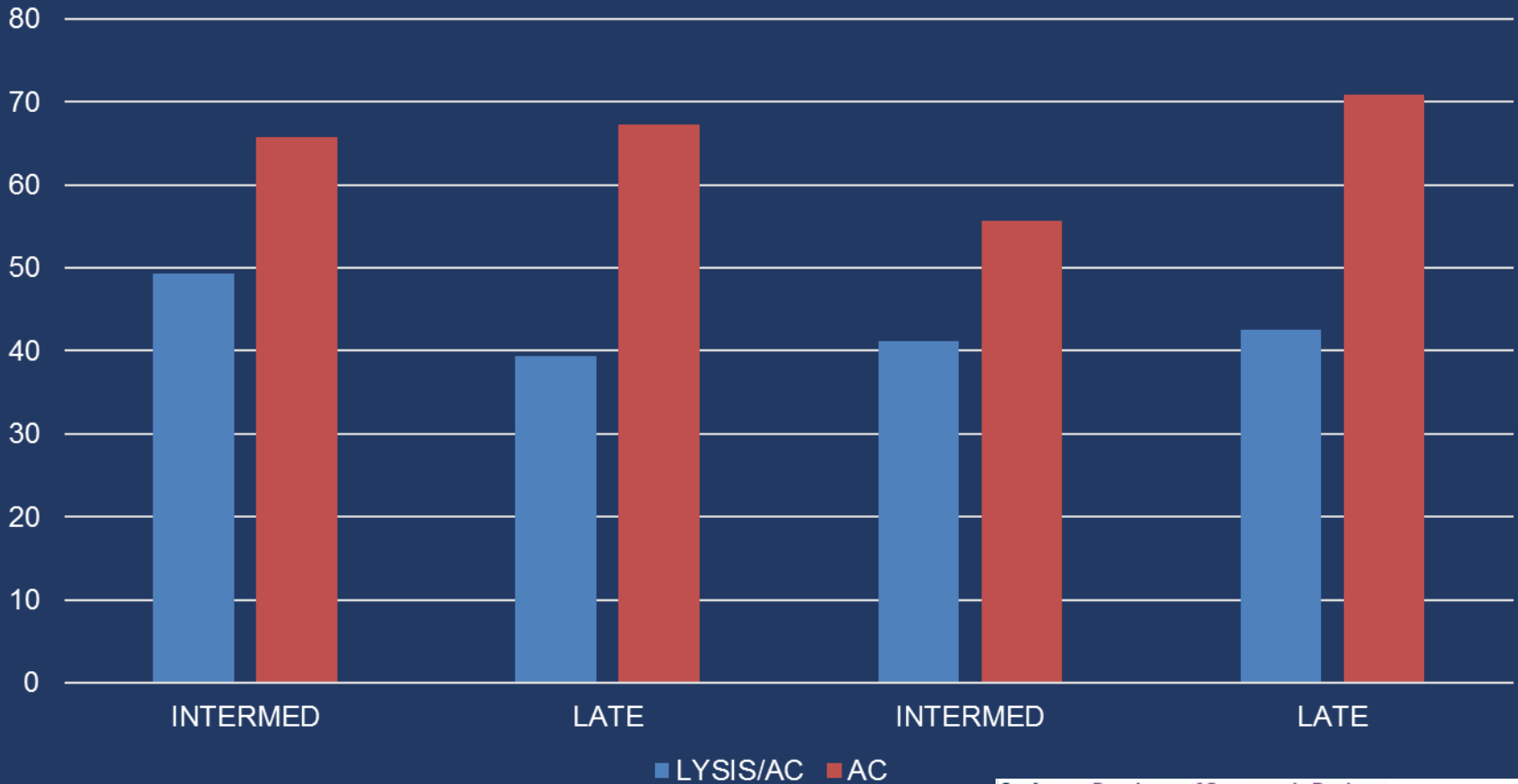
Journal of Endovascular Therapy

PTS

ANY LYSIS

vs

CDT LYSIS



Cochrane Database of Systematic Reviews

Thrombolysis for acute deep vein thrombosis

[New search](#) [Review](#) [Intervention](#)

Lorna Watson [✉](#), Cathryn Broderick, Matthew P Armon

First published: 10 November 2016

17 trials/1103 participants

Study	Potential levels of leg vein Included
Arneson 1978	proximal to calf
Common 1976	not specified
Elliot 1979	proximal
Elsharawy 2002	femoral and iliofemoral
Enden 2011	pelvic, iliofemoral, femoral
Goldhaber 1990	popliteal or more proximal
Goldhaber 1996	proximal
Kakkar 1969	not specified
Kill 1981	not specified
Marder 1977	calf up to iliac vein
Schulman 1986	calf vein thrombosis only
Schweizer 1998	not specified
Schweizer 2000	popliteal or more proximal
Tsapogas 1973	not specified
Turpie 1990	proximal
Ugurlu 2002	popliteal up to inferior vena cava
Verhaeghe 1989	popliteal or more proximal

Cochrane Database of Systematic Reviews

Thrombolysis for acute deep vein thrombosis

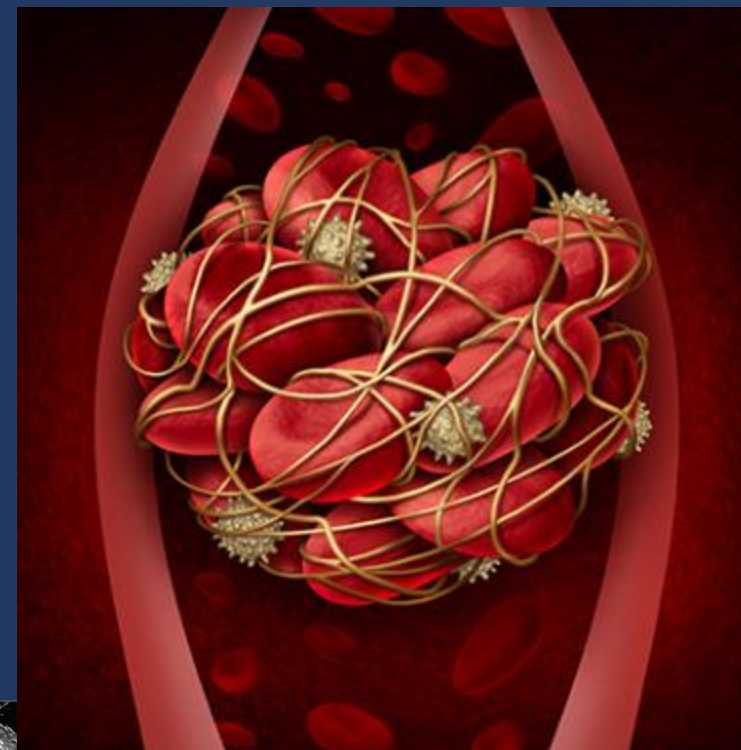
New search

Review

Intervention

Lorna Watson ✉, Cathryn Broderick, Matthew P Armon

First published: 10 November 2016



The ATTRACT Trial

Acute Venous Thrombosis: Thrombus Removal with Adjunctive Catheter-Directed Thrombolysis

NIH Sponsored Trial
Registration No. - NCT00790335
<http://clinicaltrials.gov>

The ATTRACT Trial
Almost 7 Years
Almost 700 Patients
Almost Done
...What Will We Find?

Anthony J. Comerota, MD, FACS, FACC
Director, Jobst Vascular Institute
Adjunct Professor of Surgery, University of Michigan

JOBST
VASCULAR INSTITUTE
◀ PROMEDICA

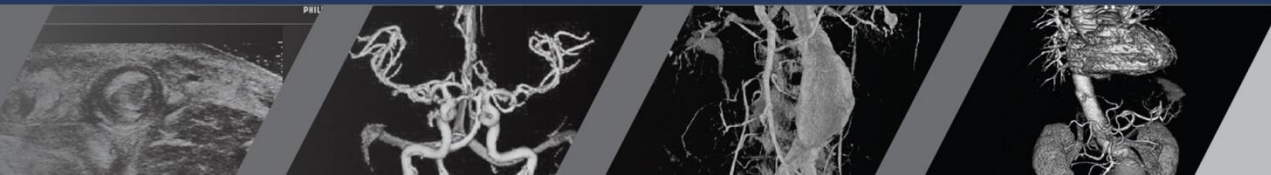


Figure 1. Acute femoropopliteal deep venous thrombosis before percutaneous endovenous intervention. Note the inflammatory appearance of the left lower extremity (A). Normalization of the limb 14 hours post percutaneous endovenous intervention (B).



CaVenT t-PA dosing

- 20 mg alteplase (Actilyse, Boehringer-Ingelheim, Ingelheim am Rhein, Germany) diluted in 500 mL 0.9% NaCl was given at 0.01 mg/kg per h for maximum 96 h, and the maximum dose was 20 mg/24 h. Unfractionated heparin was given simultaneously as a continuous intravenous infusion and the dose was adjusted to keep activated partial thromboplastin time (Cephotest, Axis-Shield, Oslo, Norway) at 1.2–1.7 times higher than the upper normal limit. Additional antiplatelet treatment was not given



NICE 2012

National Clinical Guideline Centre. Venous thromboembolic diseases: the management of venous thromboembolic diseases and the role of thrombophilia testing. Clinical Guideline.

Methods, evidence and recommendations.

Thrombolytic therapy

Deep vein thrombosis

1.2.6 Consider catheter-directed thrombolytic therapy for patients with symptomatic iliofemoral DVT who have:

- symptoms of less than 14 days' duration **and**
- good functional status **and**
- a life expectancy of 1 year or more **and**
- a low risk of bleeding. [2012]



Post Thrombotic Syndrome

Ambulatory Venous Pressures & Symptoms

- 28 mmHg – Asymptomatic
- 36 mmHg – **Varicosities**
- 41 mmHg – **Edema**
- 47 mmHg – **Hyperpigmentation**
- 60 mmHg – **Ulceration**



Greater pressure associated with worse PTS symptoms

PTS and QOL

- CDT pts 1999 to 2008
- 109 pts completed
 - Short form 36 health assessment survey (sf-36)
 - Venous Insufficiency Epidemiological and Economic Study (VEINES)
- Mean F/U 71 months
- 18 pts developed PTS (16.5%)
- Pts with patent deep veins and sufficient valves have higher QOL scores than patients with reflux and occluded veins



Postthrombotic syndrome and quality of life in patients with iliofemoral venous thrombosis treated with catheter-directed thrombolysis [December 2011](#) Volume 54, Issue 6, Supplement, Pages 18S–25S

Rikke Broholm, MD, PhD  , Henrik Sillesen, MD, DMSc, Mogens Trab Damsgaard, MS, Maja Jørgensen, MD, Sven Just, MD, Leif Panduro Jensen, MD, Niels Bækgaard, MD



Fixed low-dose ultrasound-assisted catheter-directed thrombolysis followed by routine stenting of residual stenosis for acute ilio-femoral deep-vein thrombosis

Thrombosis and Haemostasis 111.6/2014

Rolf P. Engelberger¹; Jennifer Fahrni¹; Torsten Willenberg¹; Frederic Baumann¹; David Spirik²; Nicolas Diehm¹; Dai-Do Do¹; Iris Baumgartner¹; Nils Kucher¹

¹Clinic for Angiology, Swiss Cardiovascular Center, Inselspital, University Hospital and University of Bern, Switzerland; ²Institute of Pharmacology, University of Bern, Switzerland

- Prospective, non-randomized
- 87 pts w/ iliofemoral DVT (up to 28d)
- U/S asst'd CDT w/ fixed dose (20 mg tPA) for 15 h
- Routine stenting of residual venous stenosis
 - Residual luminal narrowing >50%
 - Static flow
 - Collateral flow at site of suspected stenosis

**Thrombosis
and
Haemostasis**
International Journal
for Vascular Biology and Medicine



RESULTS

- At 15h—77% pts had thrombolysis success (<50% stenosis)
- Venous stents in 80% pts
- One major bleed—RP hematoma—4 U PRBCs
- Freedom from PTS at 1 yr—94% by Villalta score

Fixed low-dose ultrasound-assisted catheter-directed thrombolysis followed by routine stenting of residual stenosis for acute ilio-femoral deep-vein thrombosis

Rolf P. Engelberger¹; Jennifer Fahrni¹; Torsten Willenberg¹; Frederic Baumann¹; David Spirk²; Nicolas Diehm¹; Dai-Do Do¹; Iris Baumgartner¹; Nils Kucher¹

¹Clinic for Angiology, Swiss Cardiovascular Center, Inselspital, University Hospital and University of Bern, Switzerland; ²Institute of Pharmacology, University of Bern, Switzerland

Catheter-directed thrombolysis plus anticoagulation versus anticoagulation alone in the treatment of proximal deep vein thrombosis – a meta-analysis

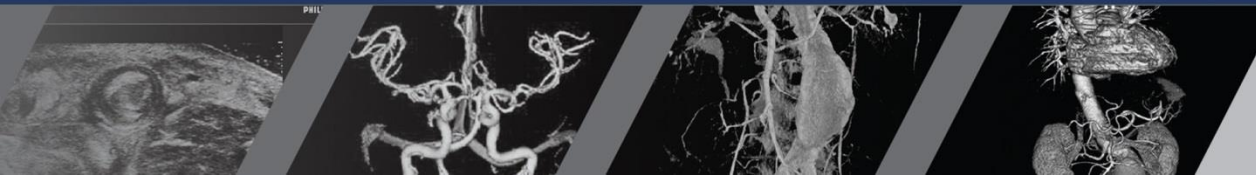
Guo-Cheng Du^{1,2*}, Mao-Chun Zhang^{3*}, and Ji-Chun Zhao¹

Vasa 2015; 44: 195–202

- 3 RCTs and 3 non-randomized trials
- Efficacy outcome—PTS—significant decline in CDT pts
- Safety outcome—Major Bleeding—significant increase in CDT pts

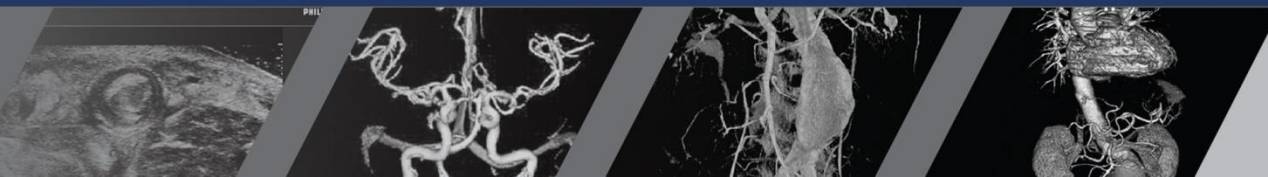
Vasa

European Journal
of Vascular Medicine



Study	Design	Region	Mean age (year)	Male (%)	Compared groups (no.)	Thrombolytic agent	Clinical outcomes	Duration of follow-up	Quality score
AbuRahma et al., 2001 ^[23]	Prospective	USA	47	39	CDT+ AA (18) vs. AA (33)	Urokinase, rtPA	Patency rate, long-term symptom resolution, major complications	5 years	NOS: S4C2O3 = 9
Elsharawy et al., 2002 ^[10]	RCT	Egypt	46	31	CDT+ AA (18) vs. AA (17)	Streptokinase	Patency rate, venous function, major complications	6 months	Jadad: R2B2A1 = 5
Enden et al., 2009 ^[13]	RCT, multicenter	Norway	52	62	CDT+ AA (50) vs. AA (53)	Alteplase	Patency rate, venous function, major complications	6 months	Jadad: R2B2A1 = 5
Enden et al., 2012 ^[6]	RCT, multicenter	Norway	52	63	CDT+ AA (90) vs. AA (99)	Alteplase	Patency rate, major complications, PTS, recurrent DVT	2 years	Jadad: R2B2A1 = 5
Lee et al., 2013 ^[24]	Retrospective	Taiwan	62	51	CDT+ AA (27) vs. AA (26)	Urokinase	Patency rate, major complications, PTS, venous function, recurrent DVT	15 months	NOS: S4C2O3 = 9
Bashir et al., 2014 ^[11]	Retrospective	USA	53	51	CDT+ AA (3594) vs. AA (3594)	NA	Mortality, major complications	6 years	NOS: S4C2O3 = 9

CDT, catheter-directed thrombolysis; NA, not available; PTS, post-thrombotic syndrome; RCT, randomized controlled trial; Jadad score for RCTs: randomization (R0-2), blinding (B0-2) and attrition information (A0-1); Newcastle-Ottawa Scale (NOS) for cohort studies: selection (S0-4), comparability (C0-2), and outcome (O0-3).

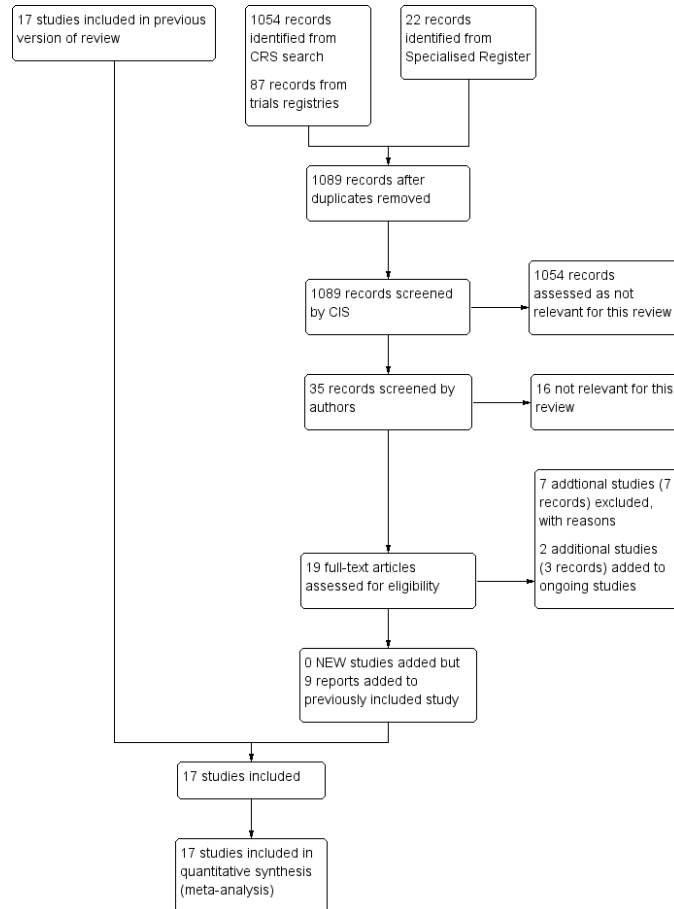


PTS

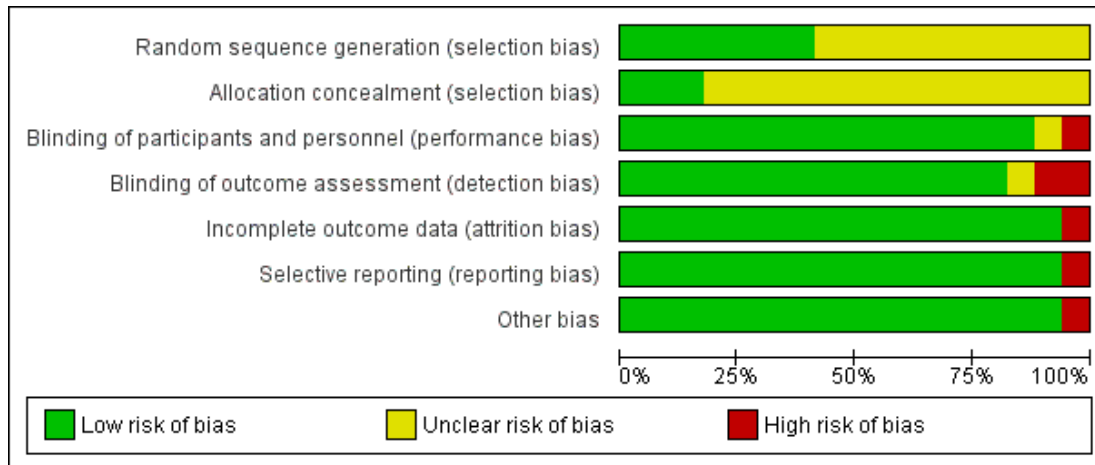
- LIFELONG
- INCREASED RISK FOR RECURRENCE
- RECURRENT DVT INCREASES RISK AND SEVERITY OF PTS 6X



Thrombolysis for acute deep vein thrombosis



Thrombolysis for acute deep vein thrombosis

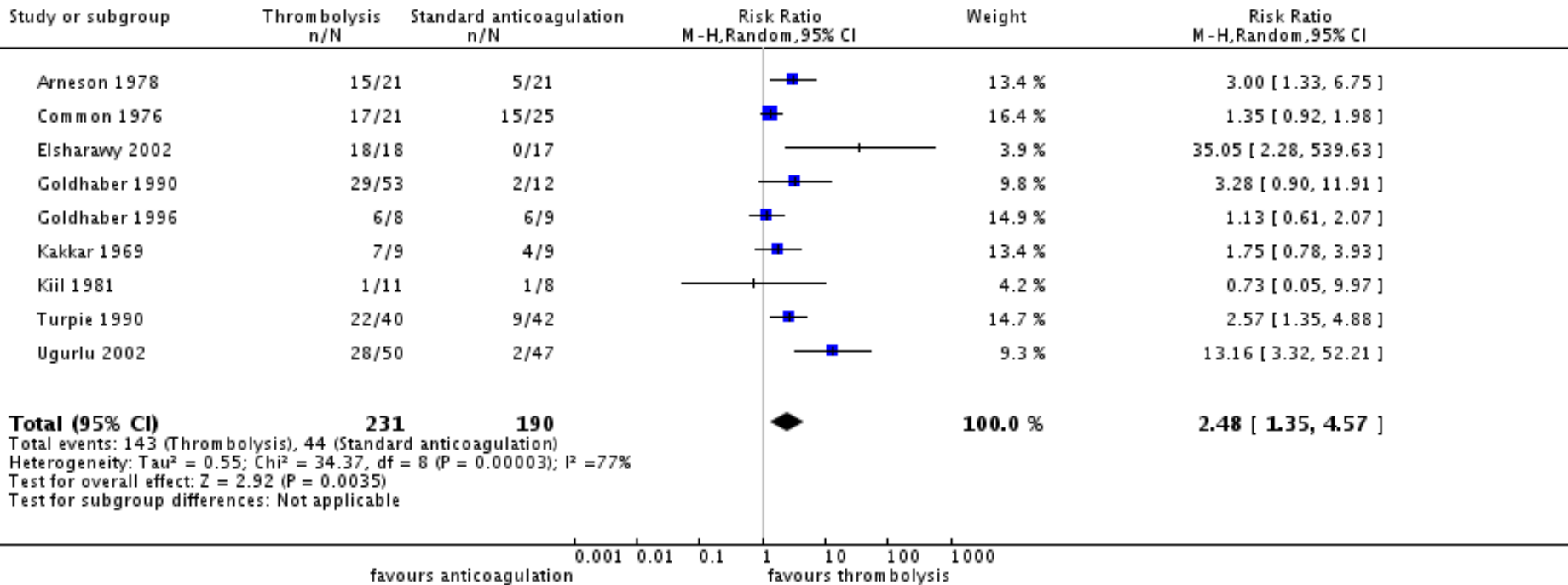


Thrombolysis for acute deep vein thrombosis

	Random sequence generation (selection bias)	Allocation concealment (selection bias)	Blinding of participants and personnel (performance bias)	Blinding of outcome assessment (detection bias)	Incomplete outcome data (attrition bias)	Selective reporting (reporting bias)	Other bias
Arneson 1978	●	●	●	●	●	●	●
Common 1976	?	?	●	●	●	●	●
Elliot 1979	?	?	●	●	●	●	●
Eisharawy 2002	●	?	●	●	●	●	●
Enden 2011	●	●	●	●	●	●	●
Goldhaber 1990	●	?	●	●	●	●	●
Goldhaber 1996	?	?	●	●	●	●	●
Kakkar 1969	?	?	●	●	●	●	●
Kill 1981	?	?	●	●	●	●	●
Marder 1977	?	?	●	?	●	●	●
Schulman 1986	?	●	●	●	●	●	●
Schweizer 1998	●	?	●	●	●	●	●
Schweizer 2000	?	?	●	●	●	●	●
Tsapogas 1973	●	?	?	●	●	●	●
Turpie 1990	?	?	●	●	●	●	●
Ugurlu 2002	●	?	●	●	●	●	●
Verhaeghe 1989	?	?	●	●	●	●	●

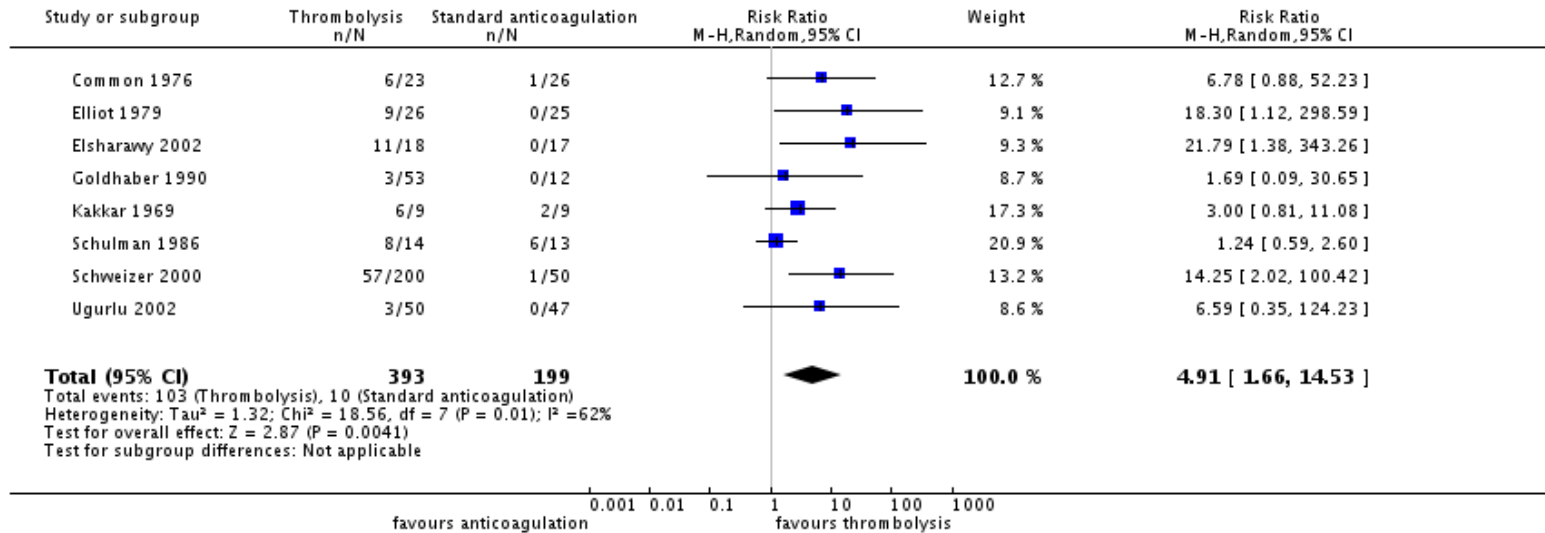
Thrombolysis for acute deep vein thrombosis

Review: Thrombolysis for acute deep vein thrombosis
 Comparison: 1 Any thrombolysis versus control
 Outcome: 1 Any improvement in venous patency (early)



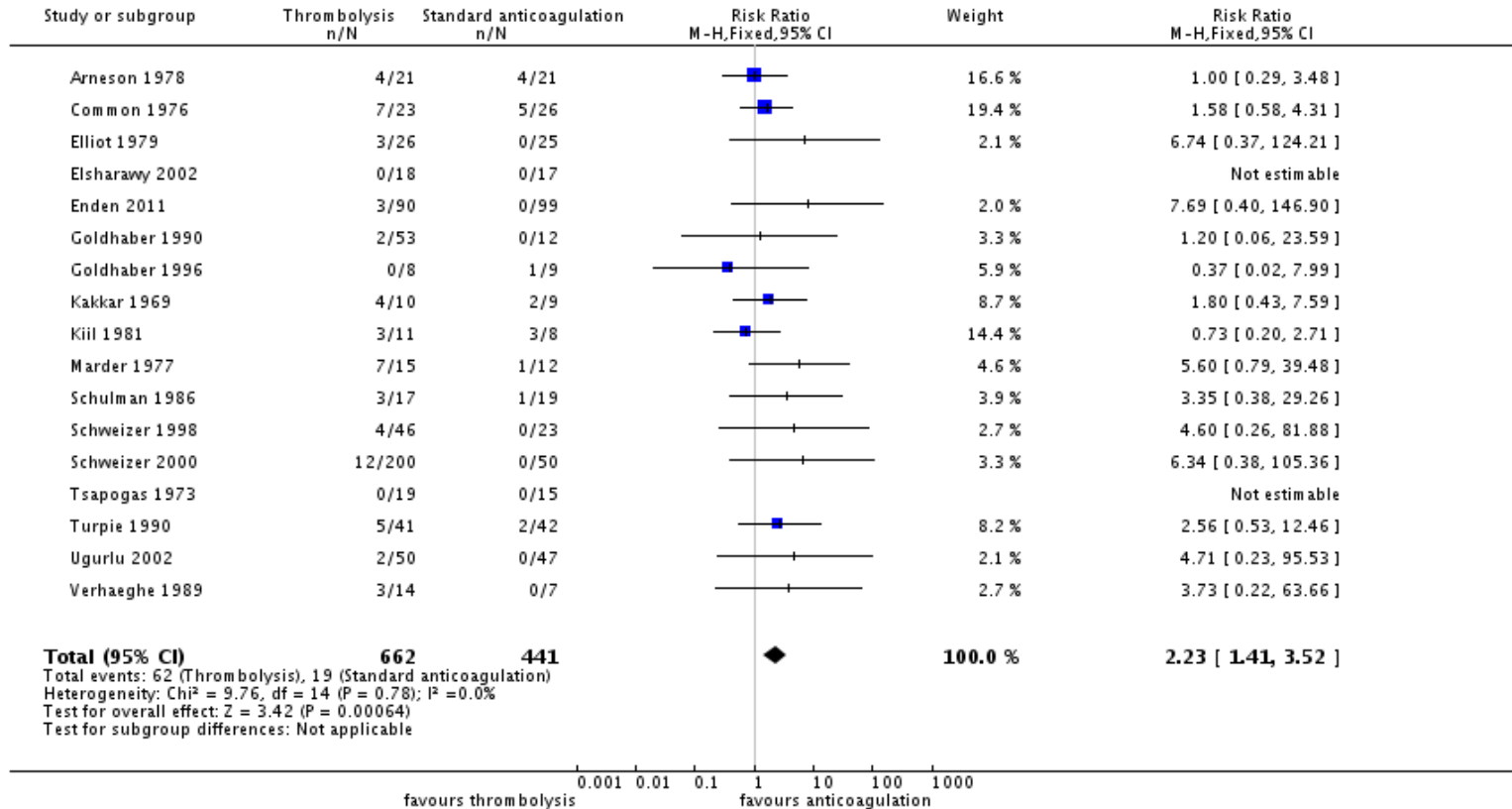
Thrombolysis for acute deep vein thrombosis

Review: Thrombolysis for acute deep vein thrombosis
 Comparison: 1 Any thrombolysis versus control
 Outcome: 2 Complete clot lysis (early)



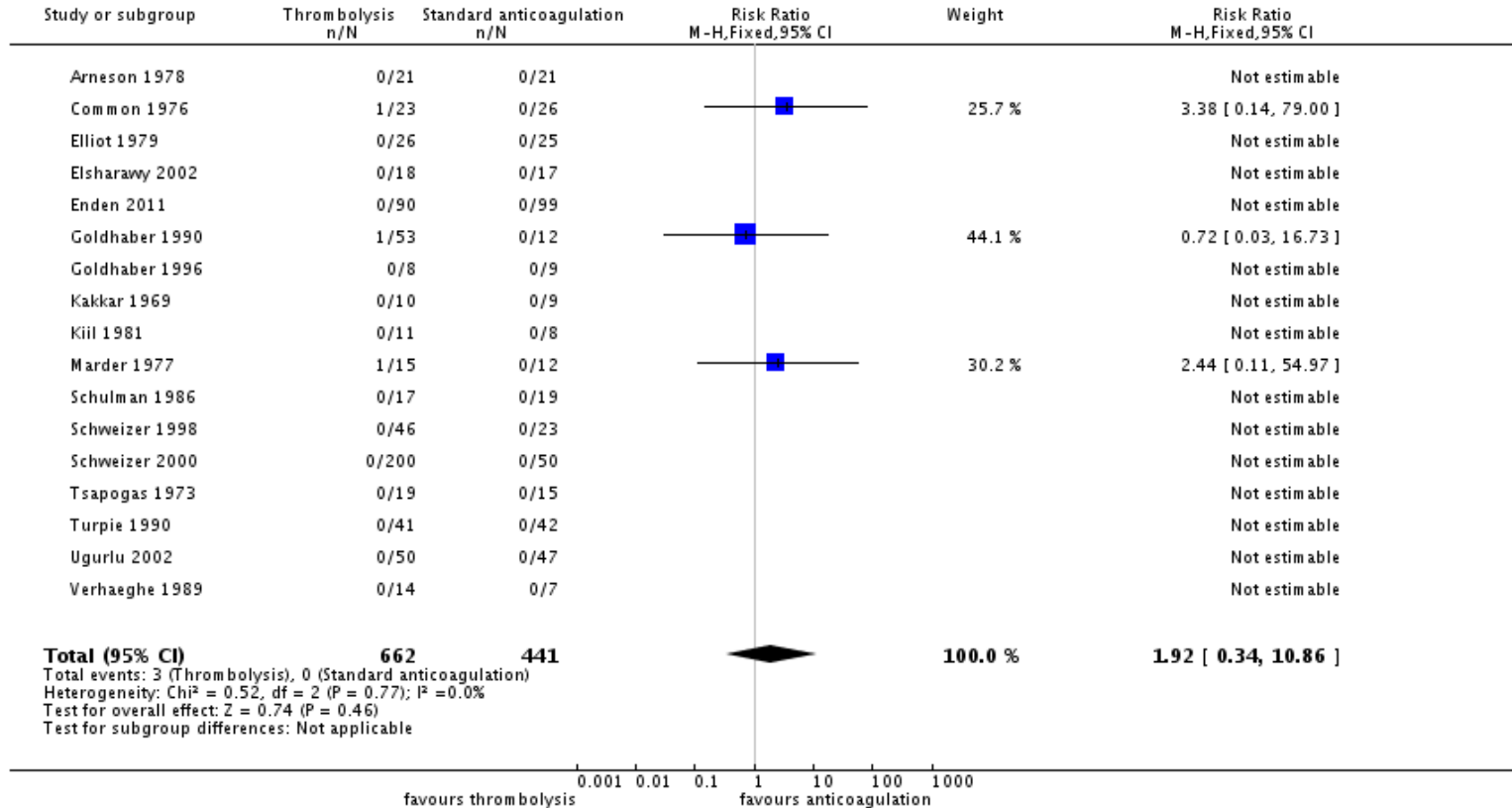
Thrombolysis for acute deep vein thrombosis

Review: Thrombolysis for acute deep vein thrombosis
 Comparison: 1 Any thrombolysis versus control
 Outcome: 3 Bleeding (early)



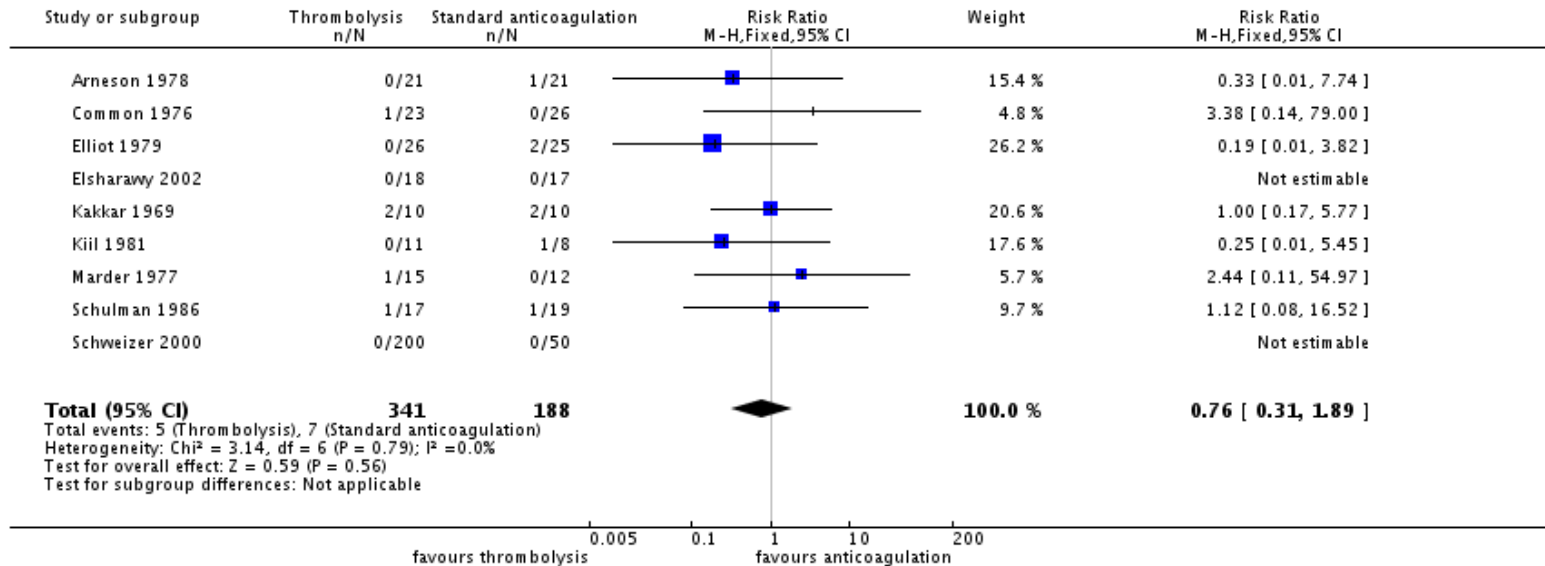
Thrombolysis for acute deep vein thrombosis

Review: Thrombolysis for acute deep vein thrombosis
 Comparison: 1 Any thrombolysis versus control
 Outcome: 4 Stroke/intracerebral haemorrhage (early)



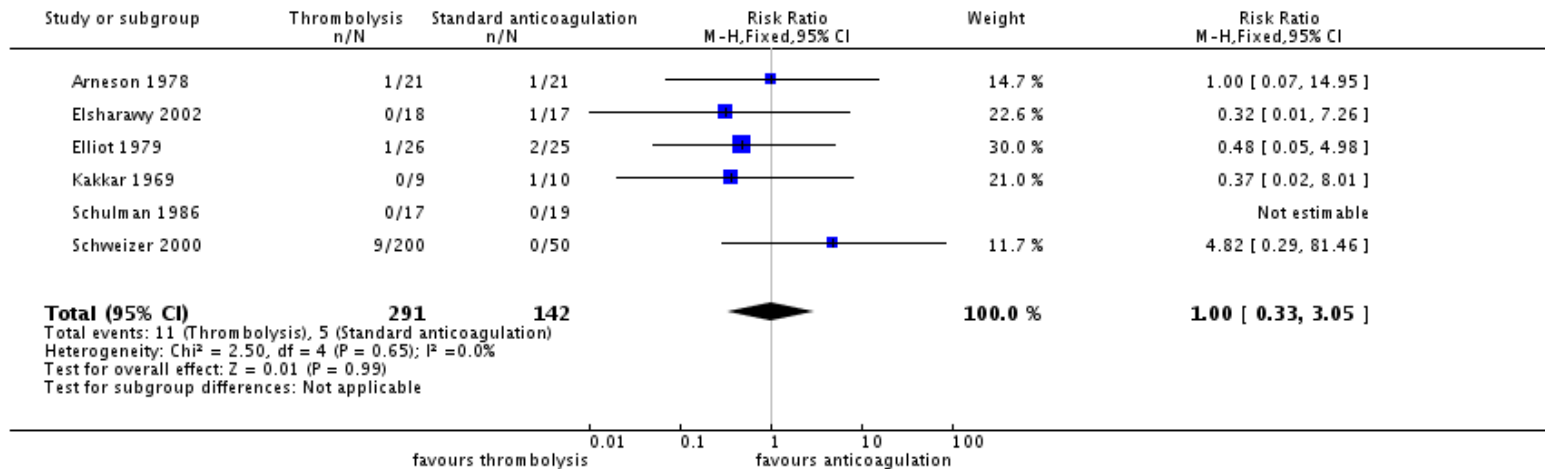
Thrombolysis for acute deep vein thrombosis

Review: Thrombolysis for acute deep vein thrombosis
 Comparison: 1 Any thrombolysis versus control
 Outcome: 5 Mortality (early)



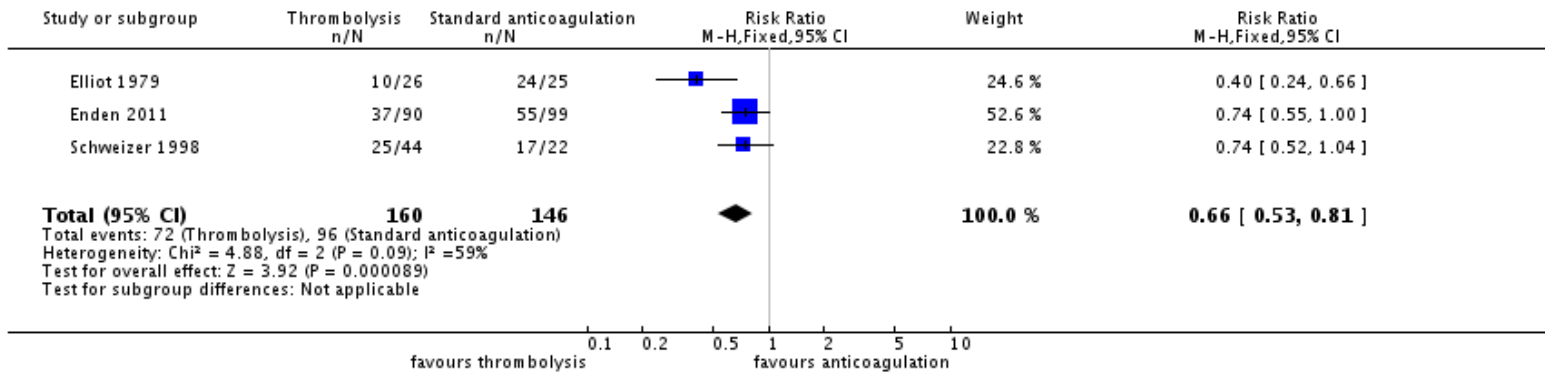
Thrombolysis for acute deep vein thrombosis

Review: Thrombolysis for acute deep vein thrombosis
 Comparison: 1 Any thrombolysis versus control
 Outcome: 6 Pulmonary embolism (early)



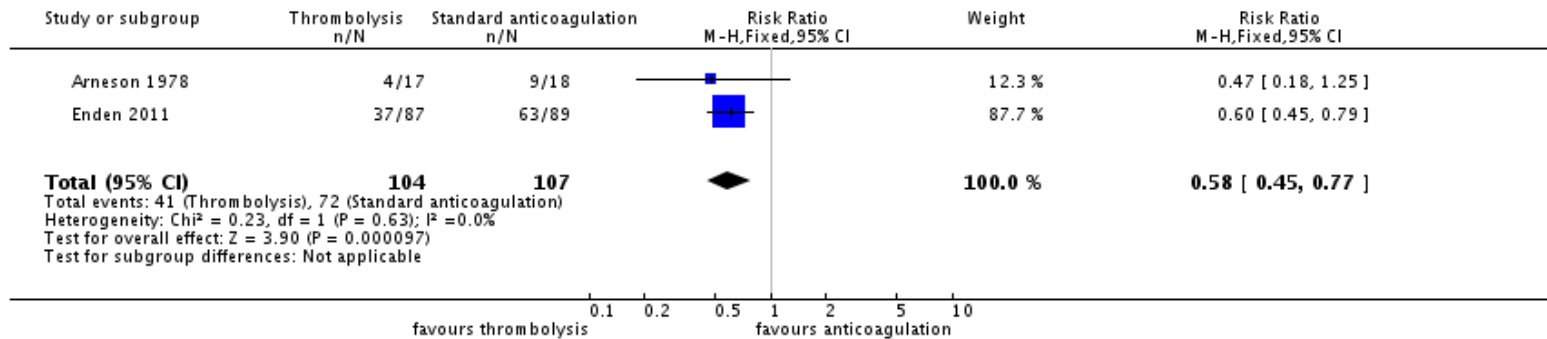
Thrombolysis for acute deep vein thrombosis

Review: Thrombolysis for acute deep vein thrombosis
 Comparison: 1 Any thrombolysis versus control
 Outcome: 7 Post-thrombotic syndrome (intermediate)



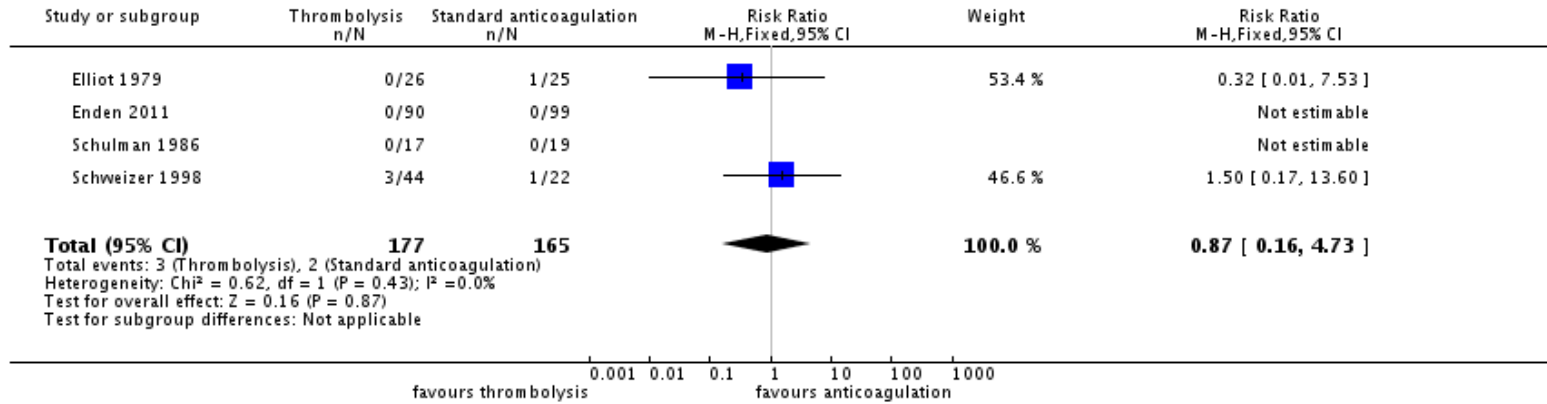
Thrombolysis for acute deep vein thrombosis

Review: Thrombolysis for acute deep vein thrombosis
 Comparison: 1 Any thrombolysis versus control
 Outcome: 8 Post-thrombotic syndrome (late)



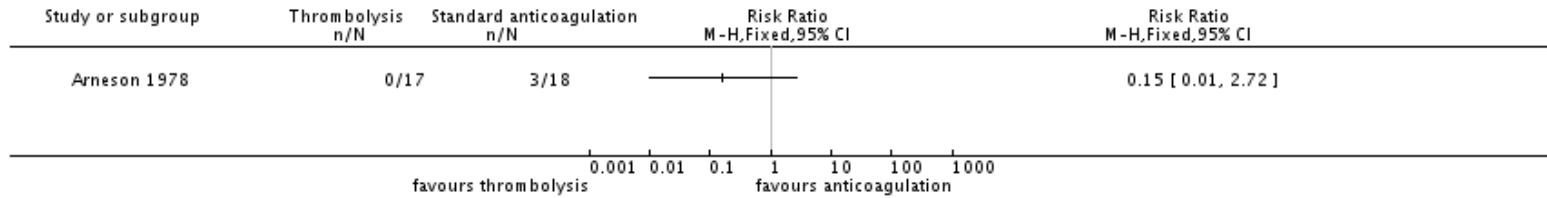
Thrombolysis for acute deep vein thrombosis

Review: Thrombolysis for acute deep vein thrombosis
 Comparison: 1 Any thrombolysis versus control
 Outcome: 9 Leg ulceration (intermediate)



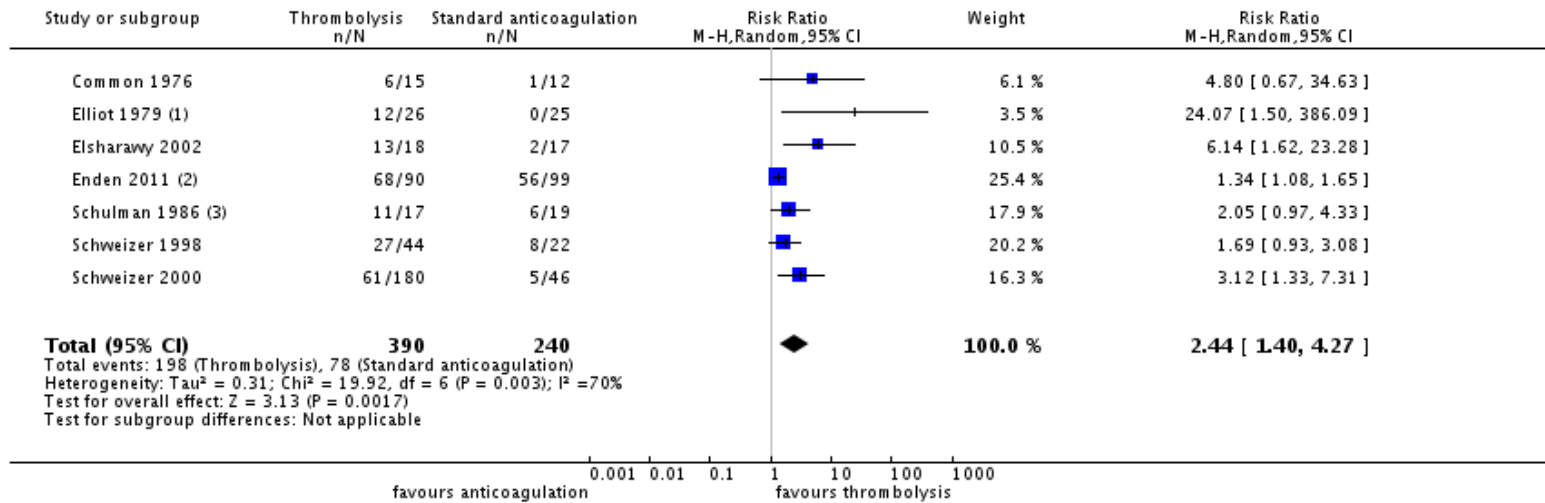
Thrombolysis for acute deep vein thrombosis

Review: Thrombolysis for acute deep vein thrombosis
 Comparison: 1 Any thrombolysis versus control
 Outcome: 10 Leg ulceration (late)



Thrombolysis for acute deep vein thrombosis

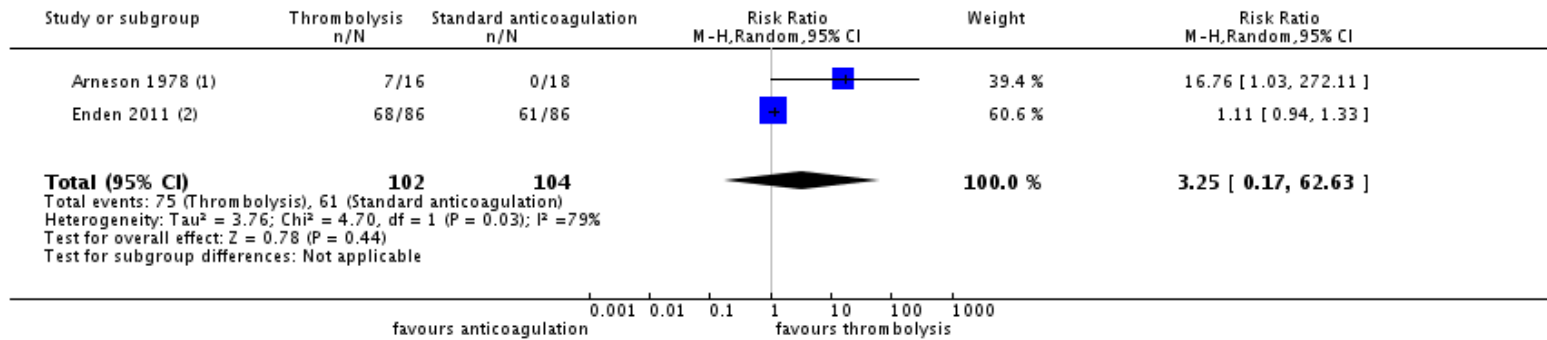
Review: Thrombolysis for acute deep vein thrombosis
 Comparison: 1 Any thrombolysis versus control
 Outcome: 11 Complete clot lysis (intermediate)



(1) control result for Elliot, entered as 2 in previous versions, reviewed as 0
 (2) 24 months
 (3) 12 month data

Thrombolysis for acute deep vein thrombosis

Review: Thrombolysis for acute deep vein thrombosis
 Comparison: 1 Any thrombolysis versus control
 Outcome: 12 Complete clot lysis (late)

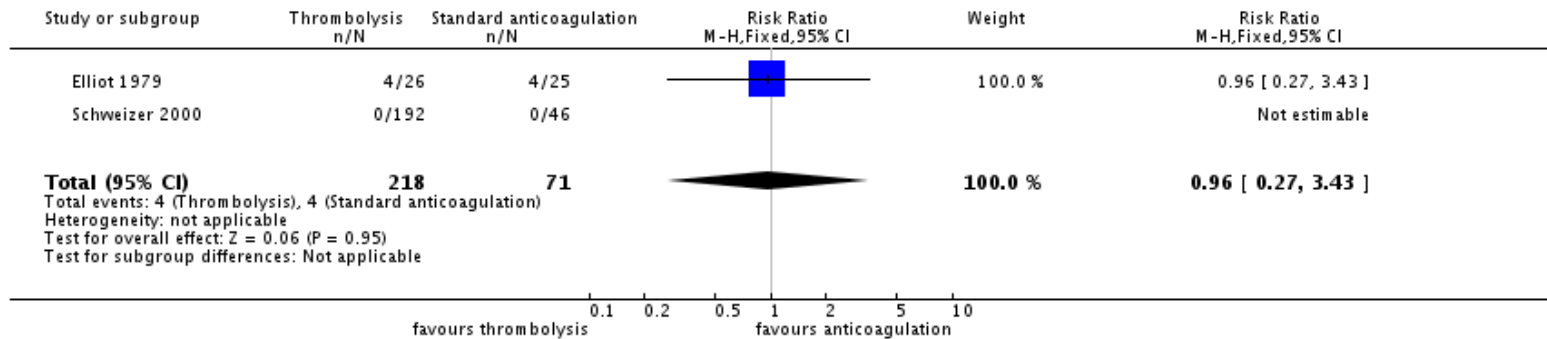


(1) mean follow up 6.5 years

(2) Four patients had inconclusive results and not reported.

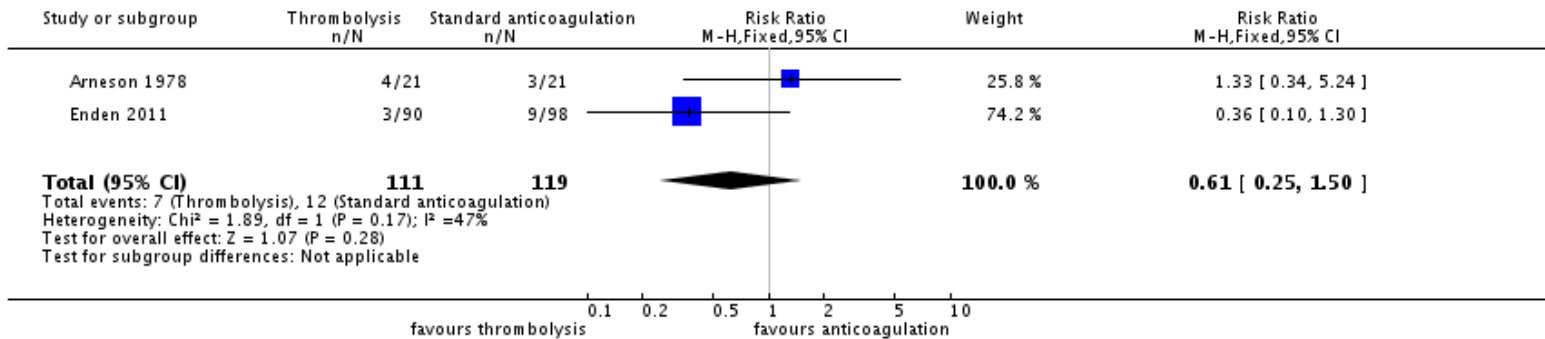
Thrombolysis for acute deep vein thrombosis

Review: Thrombolysis for acute deep vein thrombosis
 Comparison: 1 Any thrombolysis versus control
 Outcome: 13 Mortality (intermediate)



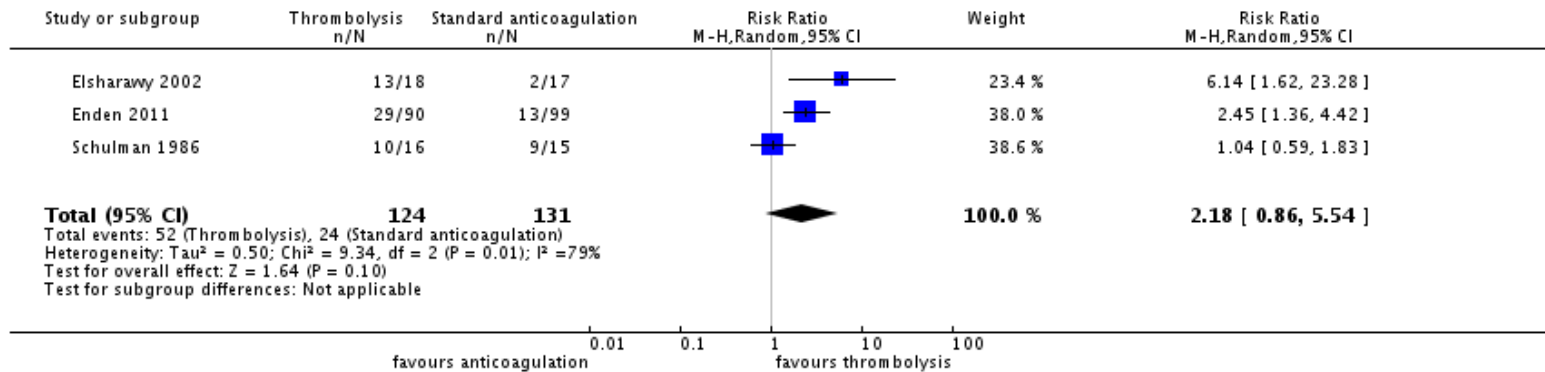
Thrombolysis for acute deep vein thrombosis

Review: Thrombolysis for acute deep vein thrombosis
 Comparison: 1 Any thrombolysis versus control
 Outcome: 14 Mortality (late)



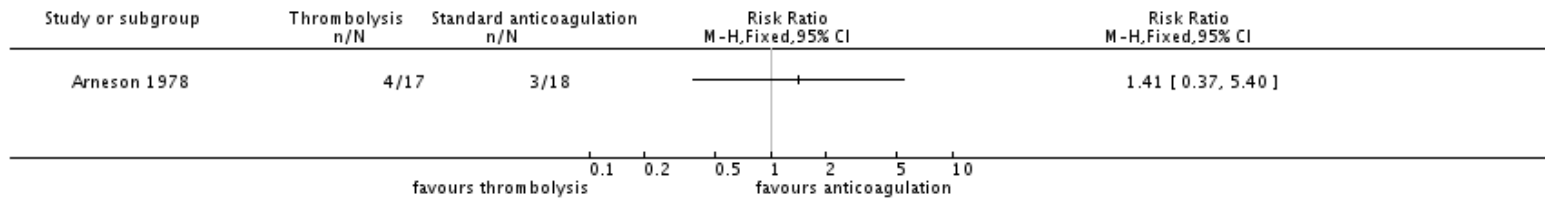
Thrombolysis for acute deep vein thrombosis

Review: Thrombolysis for acute deep vein thrombosis
 Comparison: 1 Any thrombolysis versus control
 Outcome: 15 Normal venous function (intermediate)



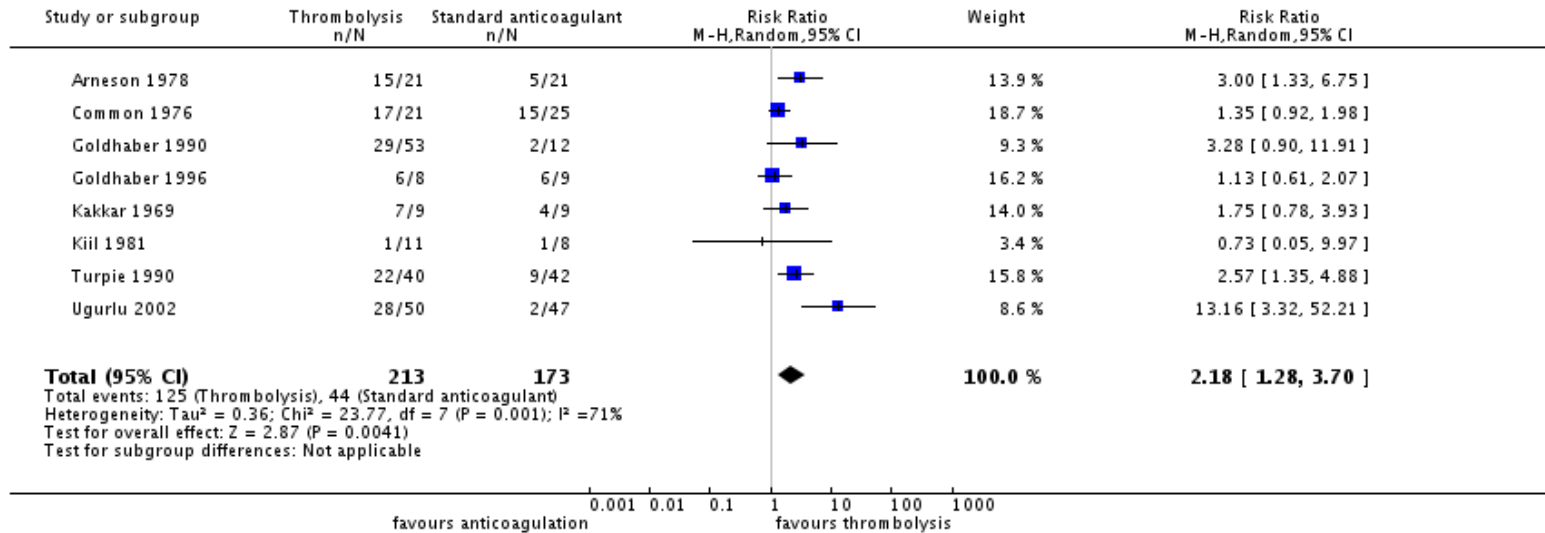
Thrombolysis for acute deep vein thrombosis

Review: Thrombolysis for acute deep vein thrombosis
 Comparison: 1 Any thrombolysis versus control
 Outcome: 16 Recurrent DVT (intermediate)



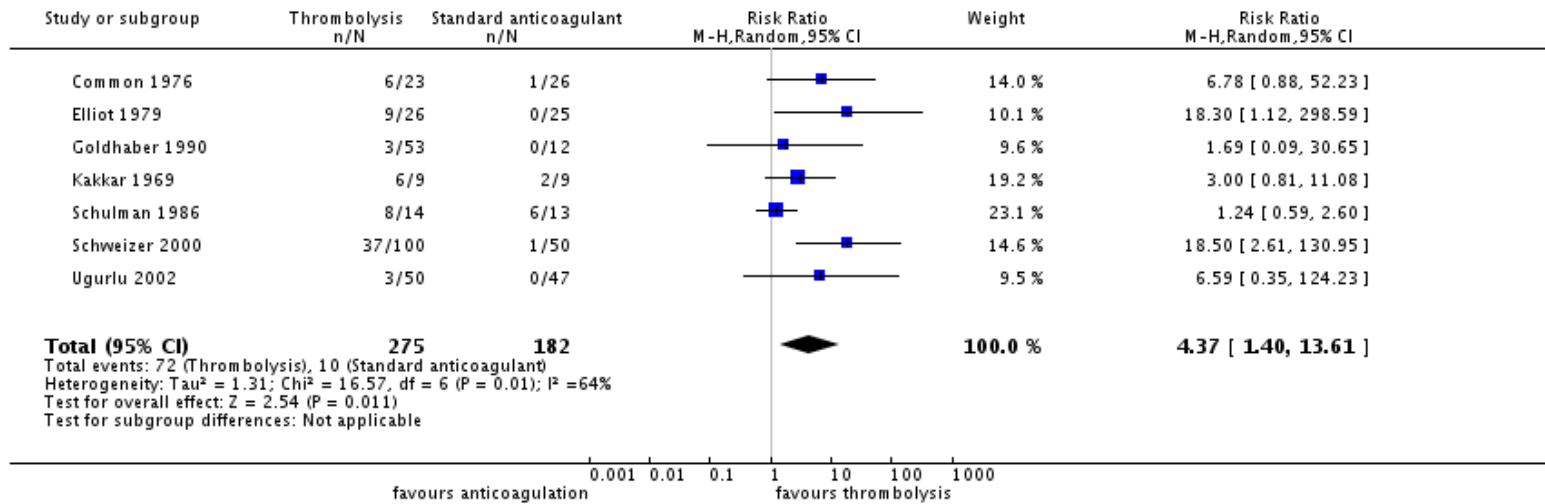
Thrombolysis for acute deep vein thrombosis

Review: Thrombolysis for acute deep vein thrombosis
 Comparison: 2 Systemic thrombolysis versus control
 Outcome: 1 Any improvement in venous patency (early)



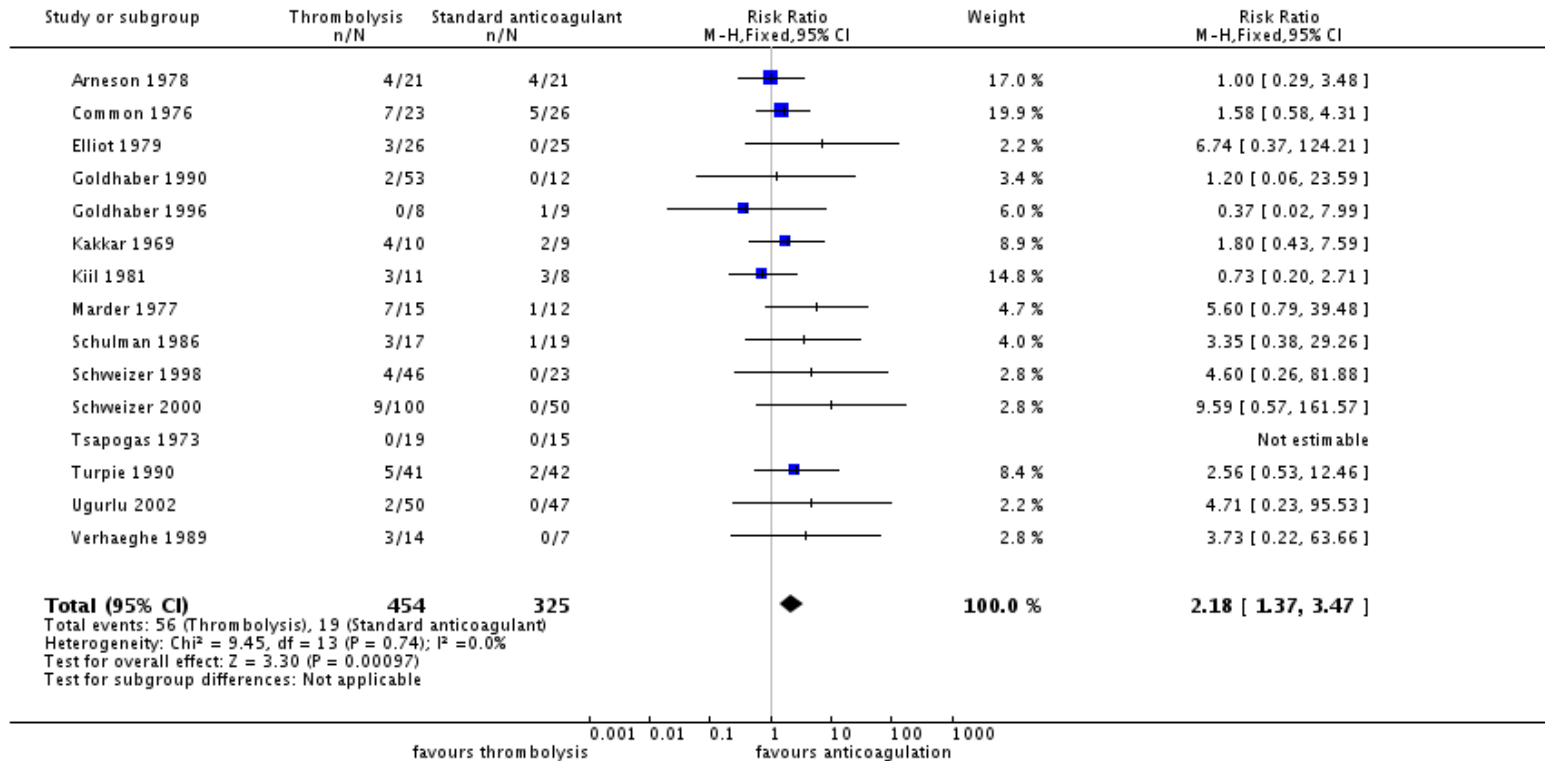
Thrombolysis for acute deep vein thrombosis

Review: Thrombolysis for acute deep vein thrombosis
 Comparison: 2 Systemic thrombolysis versus control
 Outcome: 2 Complete clot lysis (early)



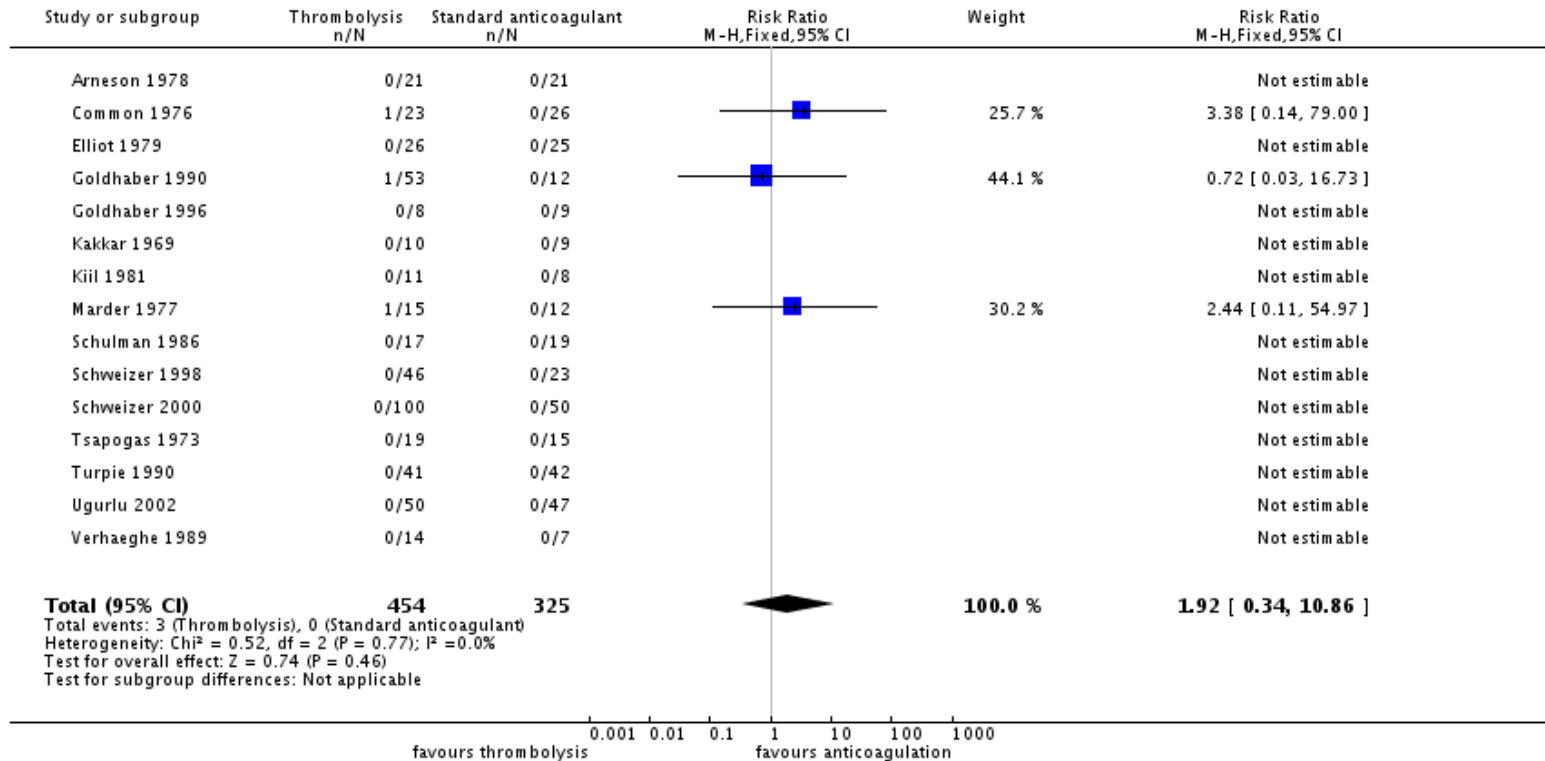
Thrombolysis for acute deep vein thrombosis

Review: Thrombolysis for acute deep vein thrombosis
 Comparison: 2 Systemic thrombolysis versus control
 Outcome: 3 Bleeding (early)



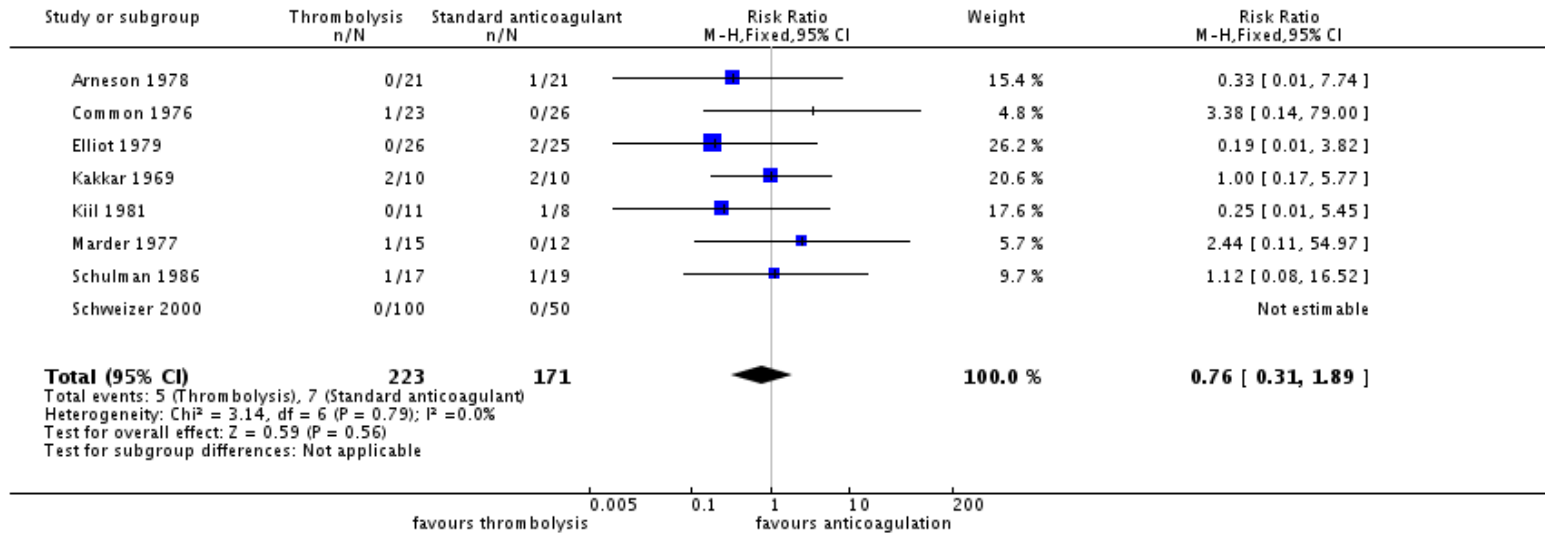
Thrombolysis for acute deep vein thrombosis

Review: Thrombolysis for acute deep vein thrombosis
 Comparison: 2 Systemic thrombolysis versus control
 Outcome: 4 Stroke/intracerebral haemorrhage (early)



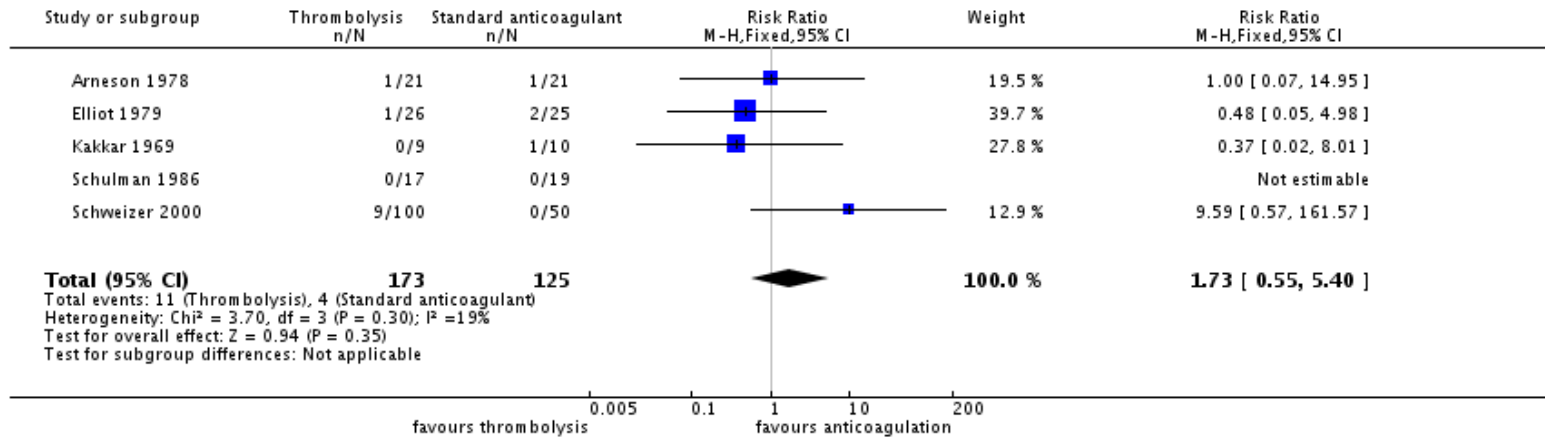
Thrombolysis for acute deep vein thrombosis

Review: Thrombolysis for acute deep vein thrombosis
 Comparison: 2 Systemic thrombolysis versus control
 Outcome: 5 Mortality (early)



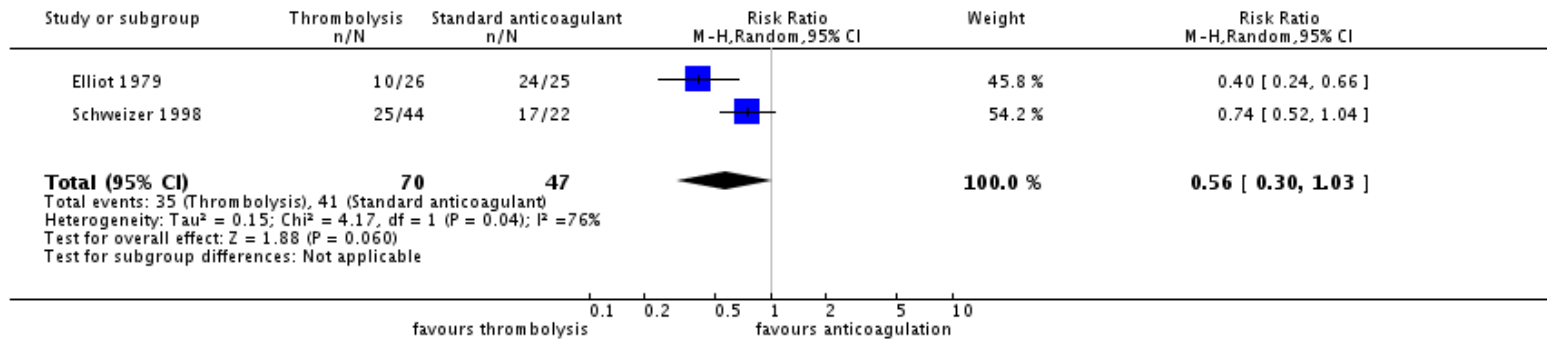
Thrombolysis for acute deep vein thrombosis

Review: Thrombolysis for acute deep vein thrombosis
 Comparison: 2 Systemic thrombolysis versus control
 Outcome: 6 Pulmonary embolism (early)



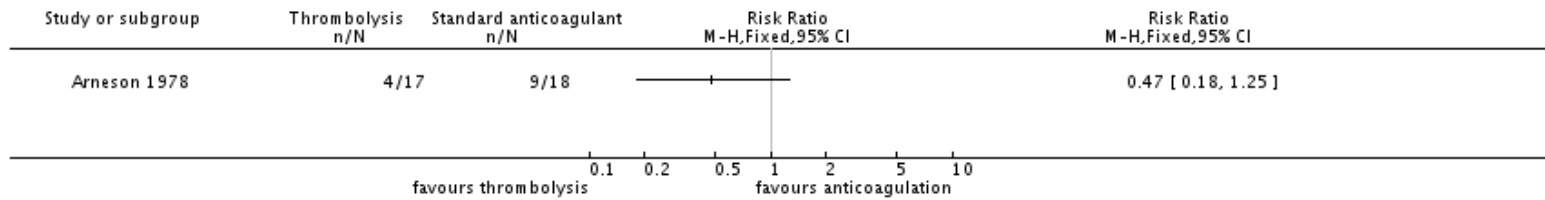
Thrombolysis for acute deep vein thrombosis

Review: Thrombolysis for acute deep vein thrombosis
 Comparison: 2 Systemic thrombolysis versus control
 Outcome: 7 Post-thrombotic syndrome (intermediate)



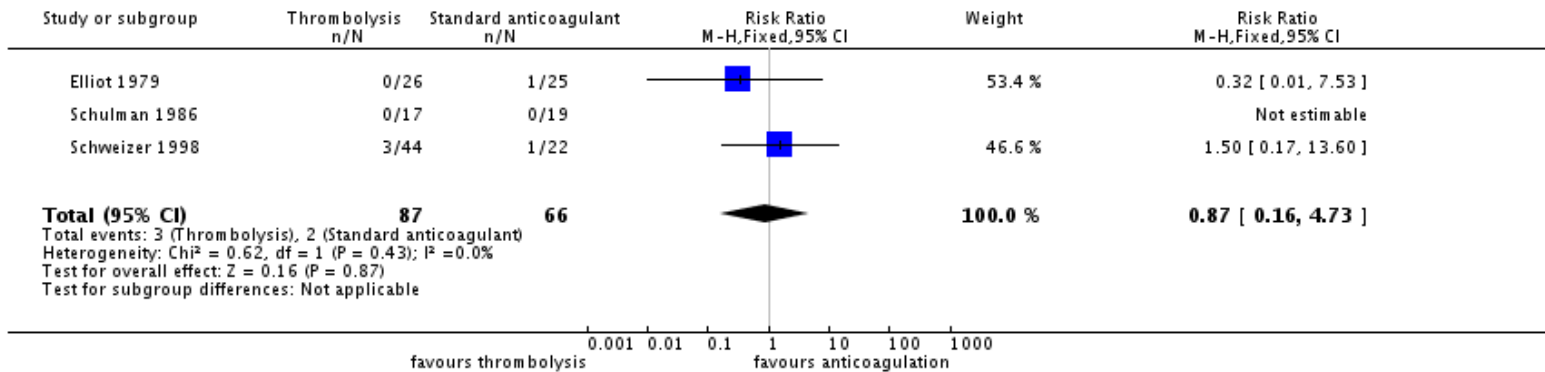
Thrombolysis for acute deep vein thrombosis

Review: Thrombolysis for acute deep vein thrombosis
Comparison: 2 Systemic thrombolysis versus control
Outcome: 8 Post-thrombotic syndrome (late)



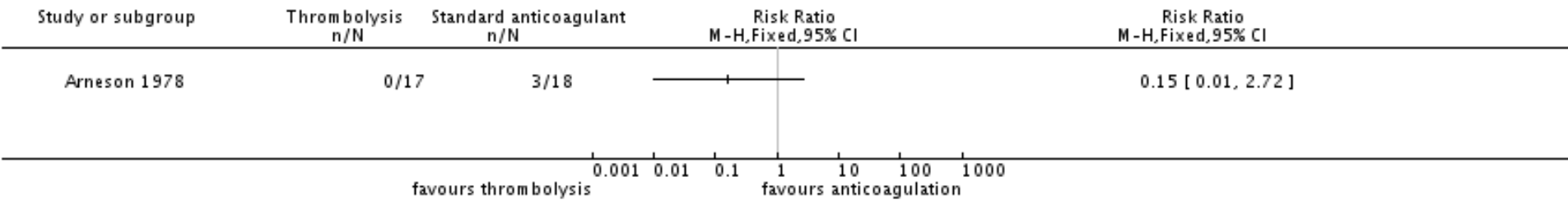
Thrombolysis for acute deep vein thrombosis

Review: Thrombolysis for acute deep vein thrombosis
 Comparison: 2 Systemic thrombolysis versus control
 Outcome: 9 Leg ulceration (intermediate)



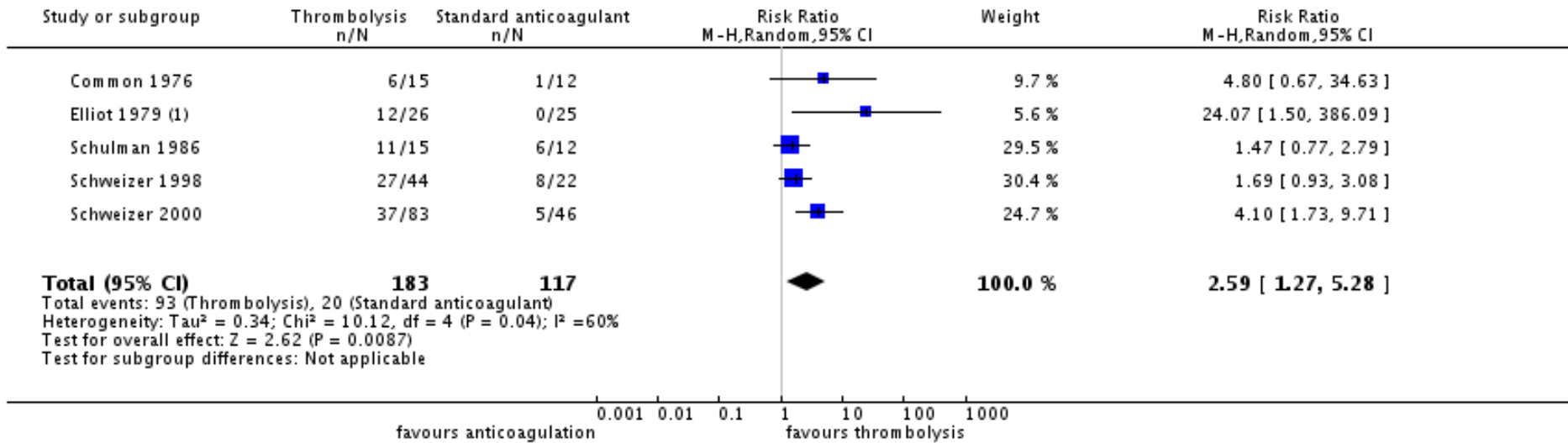
Thrombolysis for acute deep vein thrombosis

Review: Thrombolysis for acute deep vein thrombosis
Comparison: 2 Systemic thrombolysis versus control
Outcome: 10 Leg ulceration (late)



Thrombolysis for acute deep vein thrombosis

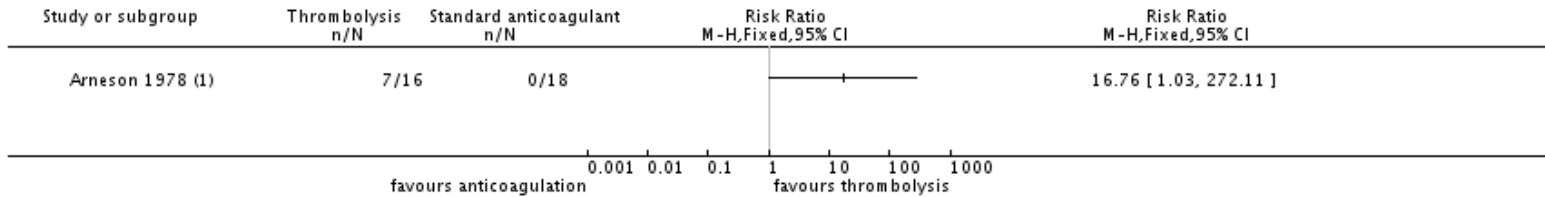
Review: Thrombolysis for acute deep vein thrombosis
 Comparison: 2 Systemic thrombolysis versus control
 Outcome: 11 Complete clot lysis (intermediate)



(1) Control events changed to 1

Thrombolysis for acute deep vein thrombosis

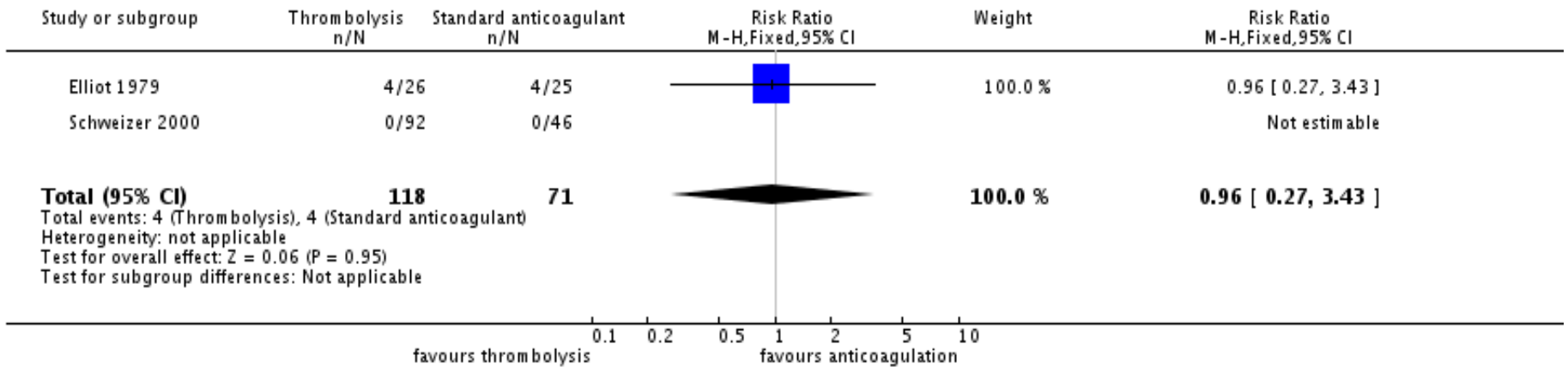
Review: Thrombolysis for acute deep vein thrombosis
 Comparison: 2 Systemic thrombolysis versus control
 Outcome: 12 Complete clot lysis (late)



(1) Results reported at mean of 6.5 years.

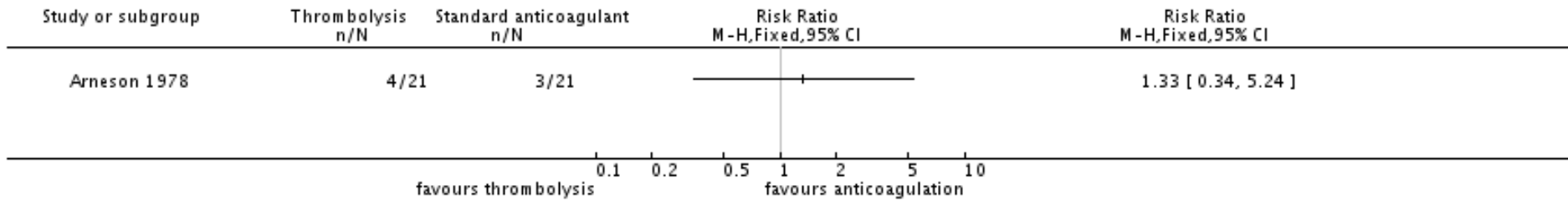
Thrombolysis for acute deep vein thrombosis

Review: Thrombolysis for acute deep vein thrombosis
 Comparison: 2 Systemic thrombolysis versus control
 Outcome: 13 Mortality (intermediate)



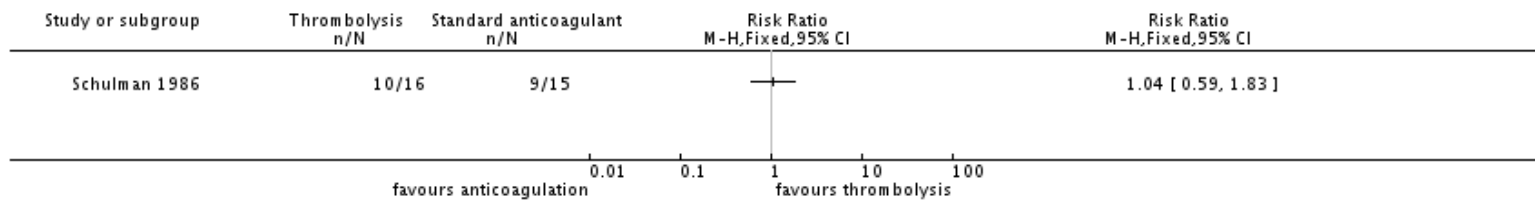
Thrombolysis for acute deep vein thrombosis

Review: Thrombolysis for acute deep vein thrombosis
Comparison: 2 Systemic thrombolysis versus control
Outcome: 14 Mortality (late)



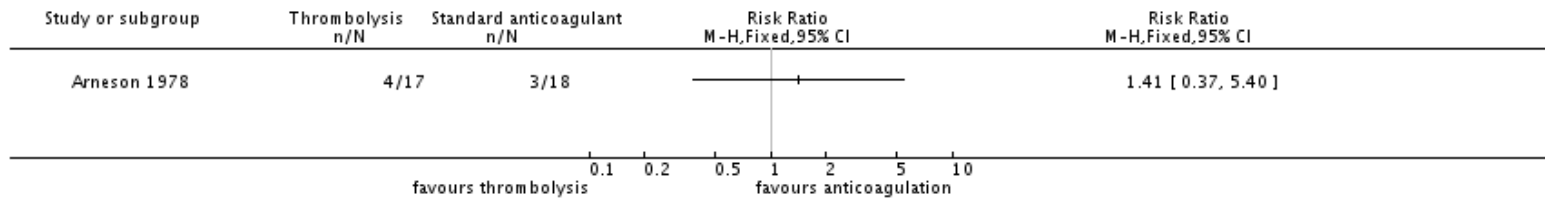
Thrombolysis for acute deep vein thrombosis

Review: Thrombolysis for acute deep vein thrombosis
 Comparison: 2 Systemic thrombolysis versus control
 Outcome: 15 Normal venous function (intermediate)



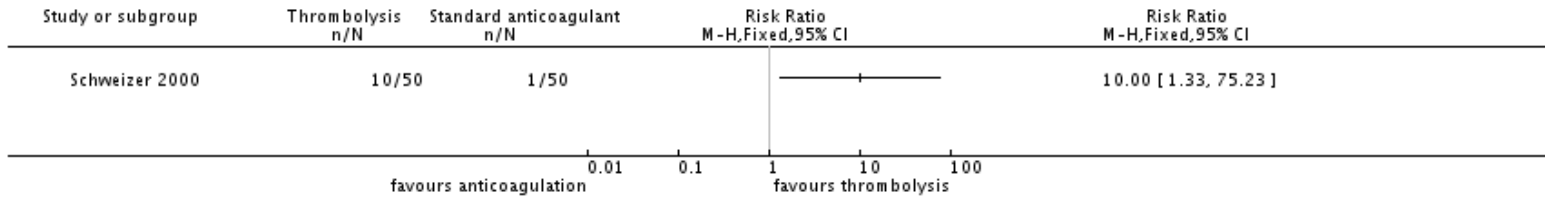
Thrombolysis for acute deep vein thrombosis

Review: Thrombolysis for acute deep vein thrombosis
 Comparison: 2 Systemic thrombolysis versus control
 Outcome: 16 Recurrent DVT (late)



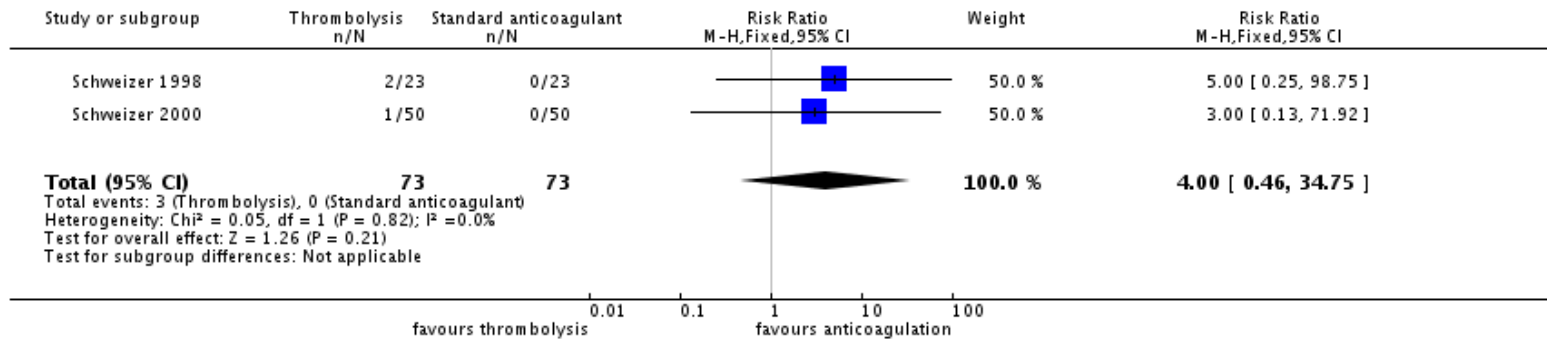
Thrombolysis for acute deep vein thrombosis

Review: Thrombolysis for acute deep vein thrombosis
 Comparison: 3 Loco-regional thrombolysis versus control
 Outcome: 1 Complete clot lysis (early)



Thrombolysis for acute deep vein thrombosis

Review: Thrombolysis for acute deep vein thrombosis
 Comparison: 3 Loco-regional thrombolysis versus control
 Outcome: 2 Bleeding (early)



Thrombolysis for acute deep vein thrombosis

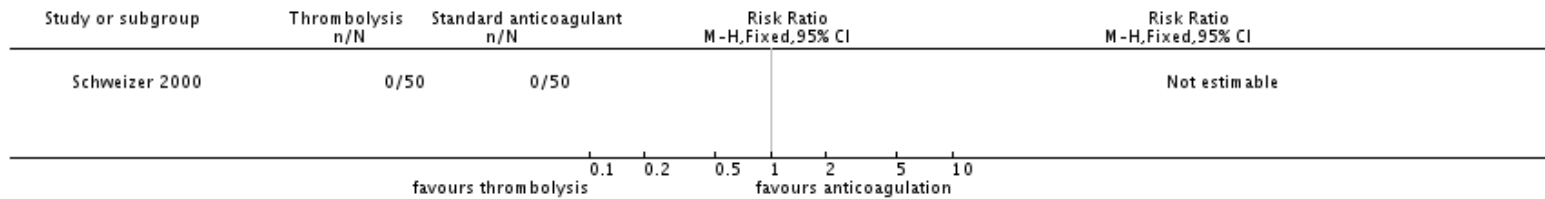
Review: Thrombolysis for acute deep vein thrombosis
 Comparison: 3 Loco-regional thrombolysis versus control
 Outcome: 3 Stroke/intracerebral haemorrhage (early)

Study or subgroup	Thrombolysis n/N	Standard anticoagulant n/N	Risk Ratio M-H,Fixed,95% CI	Weight	Risk Ratio M-H,Fixed,95% CI
Schweizer 1998	0/23	0/23			Not estimable
Schweizer 2000	0/50	0/50			Not estimable
Total (95% CI)	73	73			Not estimable
Total events: 0 (Thrombolysis), 0 (Standard anticoagulant) Heterogeneity: not applicable Test for overall effect: not applicable Test for subgroup differences: Not applicable					

0.01 0.1 1 10 100
 favours thrombolysis favours anticoagulation

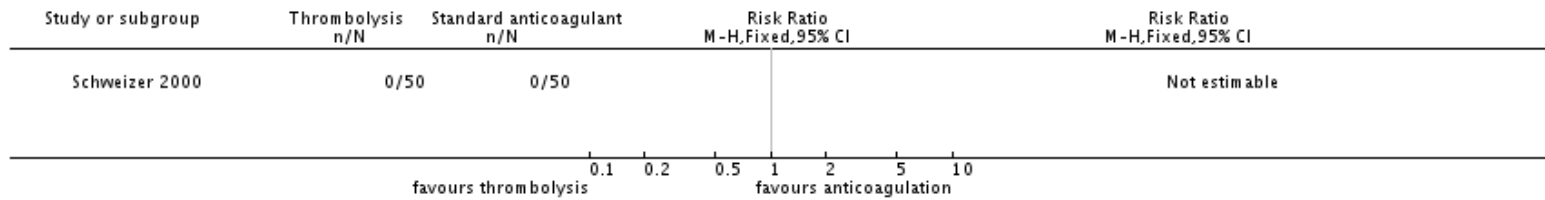
Thrombolysis for acute deep vein thrombosis

Review: Thrombolysis for acute deep vein thrombosis
Comparison: 3 Loco-regional thrombolysis versus control
Outcome: 4 Mortality (early)



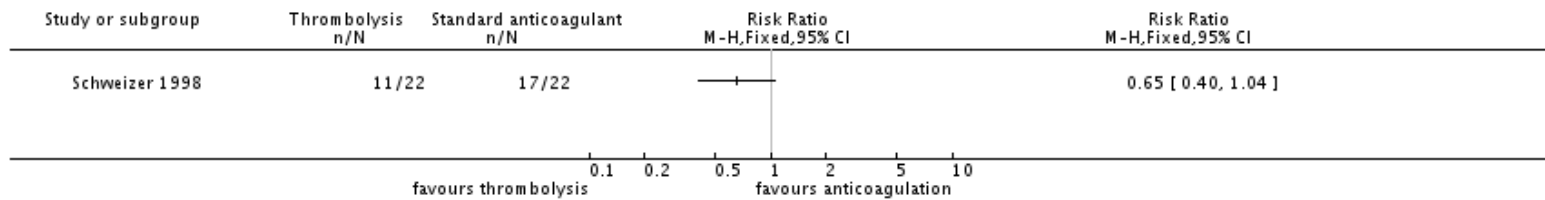
Thrombolysis for acute deep vein thrombosis

Review: Thrombolysis for acute deep vein thrombosis
Comparison: 3 Loco-regional thrombolysis versus control
Outcome: 5 Pulmonary embolism (early)



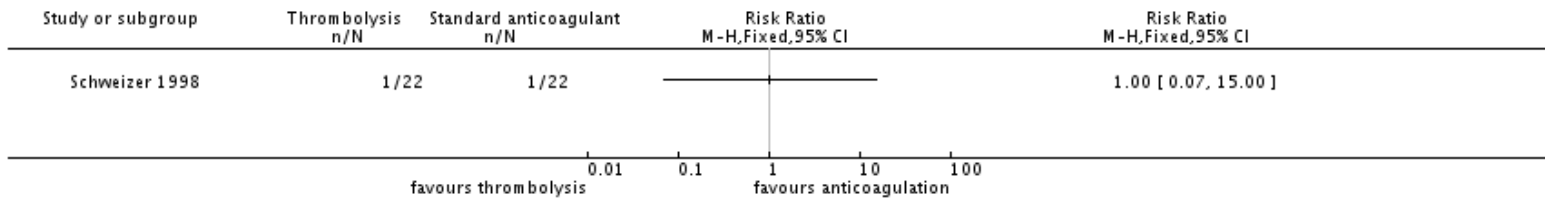
Thrombolysis for acute deep vein thrombosis

Review: Thrombolysis for acute deep vein thrombosis
Comparison: 3 Loco-regional thrombolysis versus control
Outcome: 6 Post-thrombotic syndrome (intermediate)



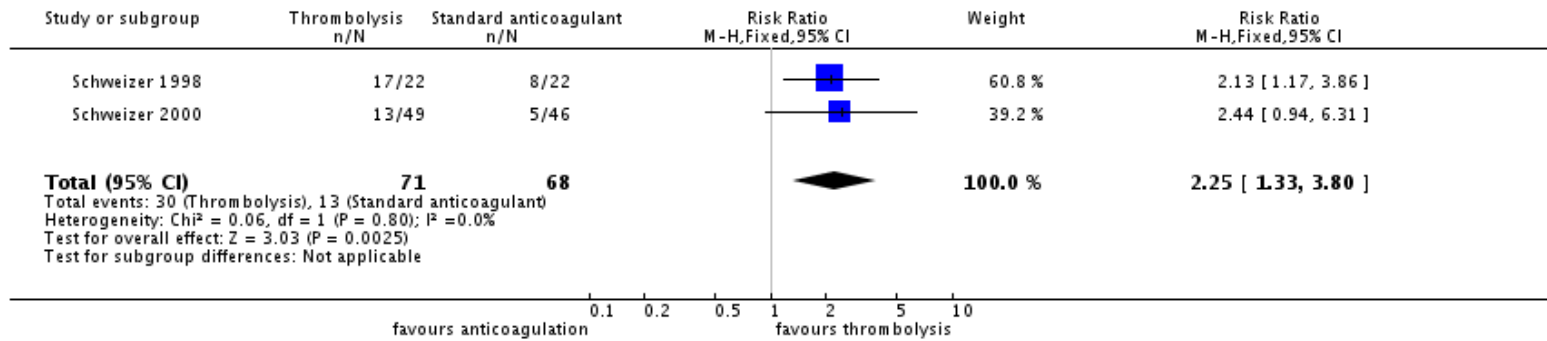
Thrombolysis for acute deep vein thrombosis

Review: Thrombolysis for acute deep vein thrombosis
 Comparison: 3 Loco-regional thrombolysis versus control
 Outcome: 7 Leg ulceration (intermediate)



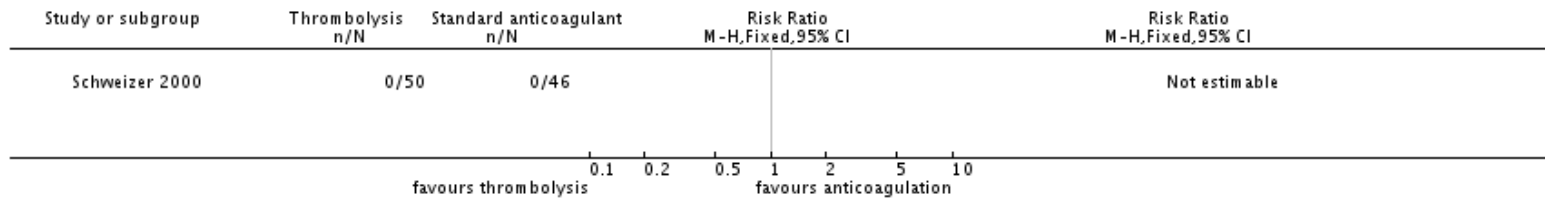
Thrombolysis for acute deep vein thrombosis

Review: Thrombolysis for acute deep vein thrombosis
 Comparison: 3 Loco-regional thrombolysis versus control
 Outcome: 8 Complete clot lysis (intermediate)



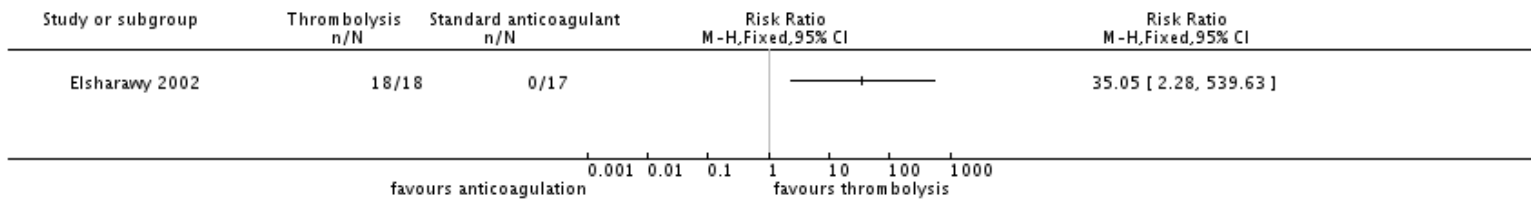
Thrombolysis for acute deep vein thrombosis

Review: Thrombolysis for acute deep vein thrombosis
 Comparison: 3 Loco-regional thrombolysis versus control
 Outcome: 9 Mortality (intermediate)



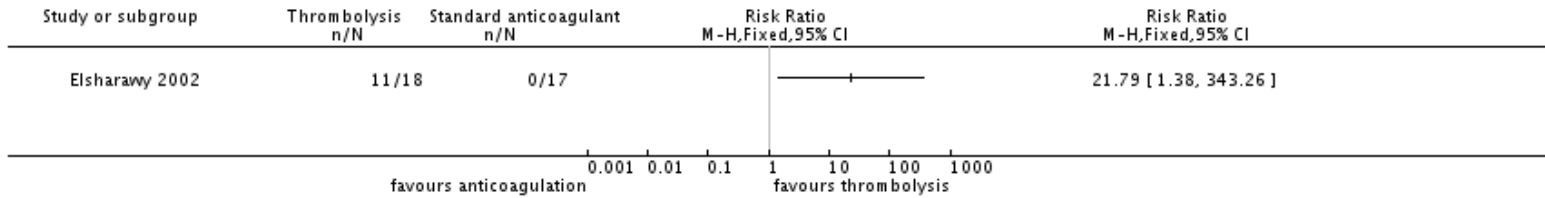
Thrombolysis for acute deep vein thrombosis

Review: Thrombolysis for acute deep vein thrombosis
 Comparison: 4 Catheter-directed thrombolysis versus control
 Outcome: 1 Any improvement in venous patency (early)



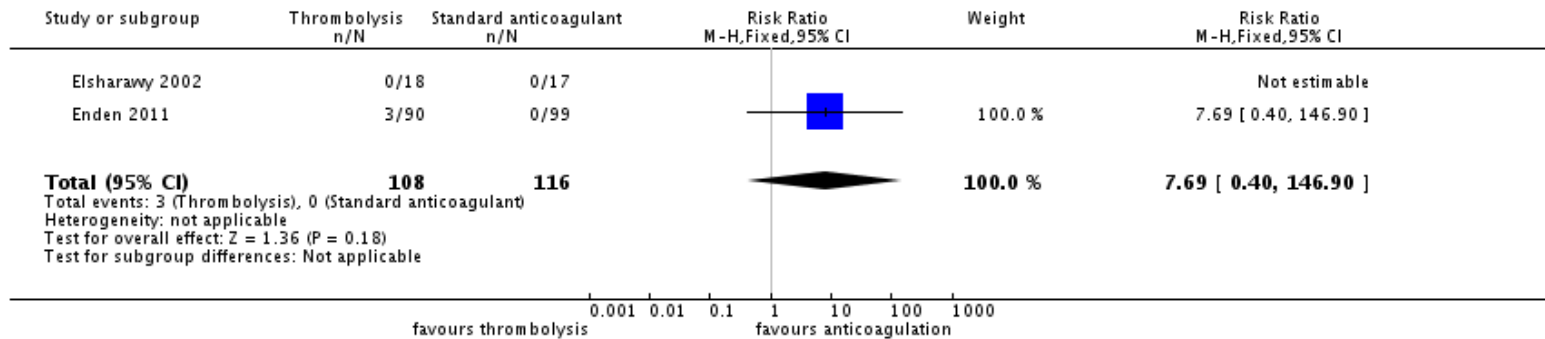
Thrombolysis for acute deep vein thrombosis

Review: Thrombolysis for acute deep vein thrombosis
 Comparison: 4 Catheter-directed thrombolysis versus control
 Outcome: 2 Complete clot lysis (early)



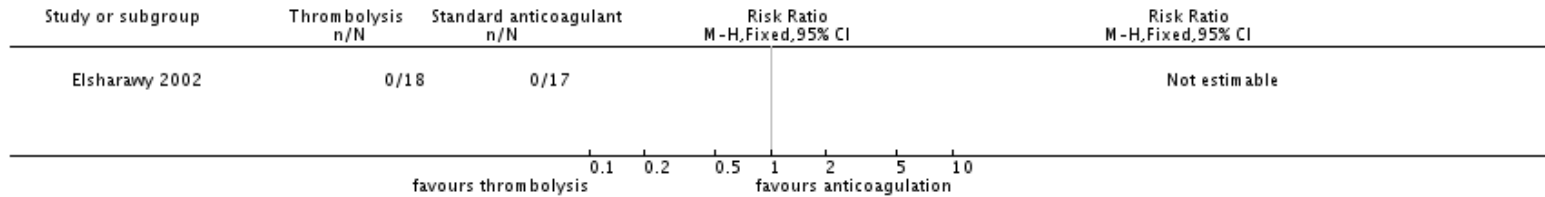
Thrombolysis for acute deep vein thrombosis

Review: Thrombolysis for acute deep vein thrombosis
 Comparison: 4 Catheter-directed thrombolysis versus control
 Outcome: 3 Bleeding (early)



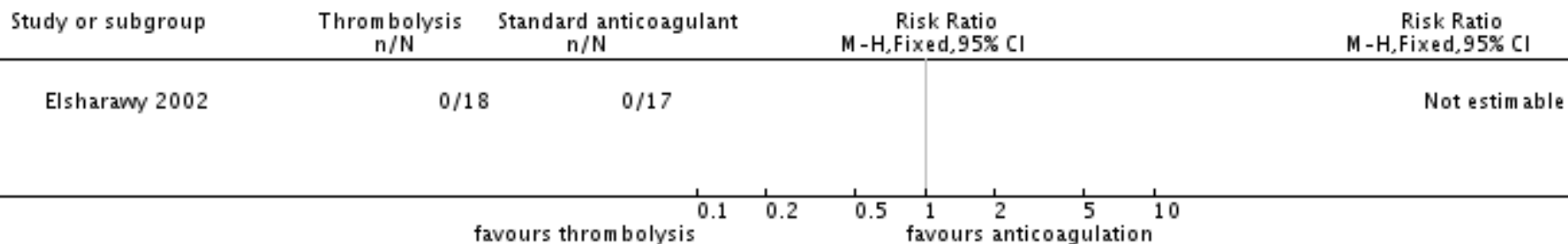
Thrombolysis for acute deep vein thrombosis

Review: Thrombolysis for acute deep vein thrombosis
 Comparison: 4 Catheter-directed thrombolysis versus control
 Outcome: 4 Stroke/intracerebral haemorrhage (early)



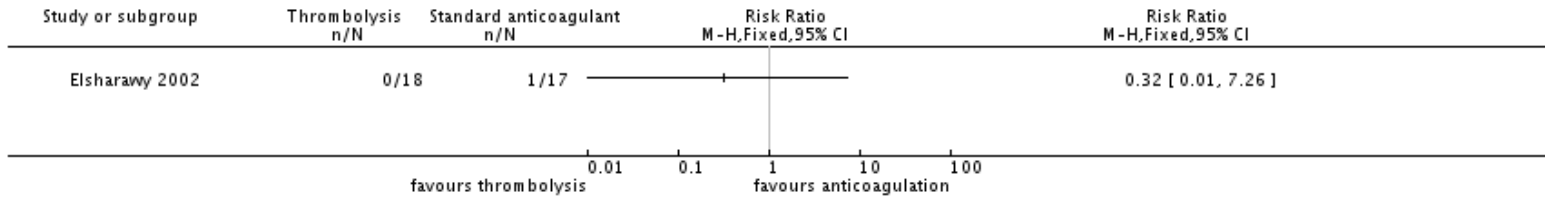
Thrombolysis for acute deep vein thrombosis

Review: Thrombolysis for acute deep vein thrombosis
 Comparison: 4 Catheter-directed thrombolysis versus control
 Outcome: 5 Mortality (early)



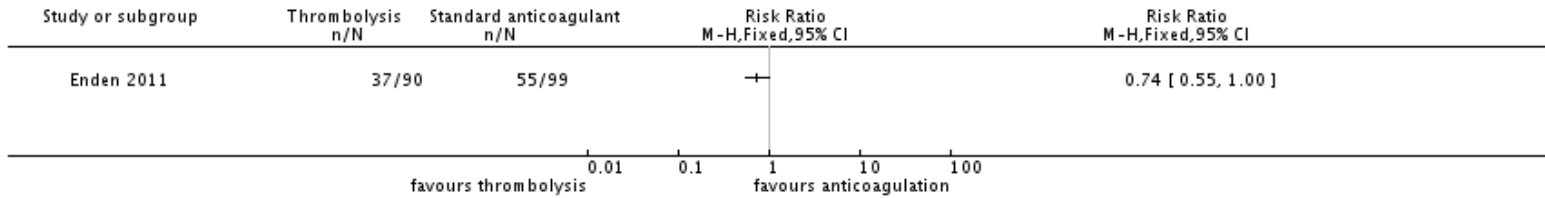
Thrombolysis for acute deep vein thrombosis

Review: Thrombolysis for acute deep vein thrombosis
 Comparison: 4 Catheter-directed thrombolysis versus control
 Outcome: 6 Pulmonary embolism (early)



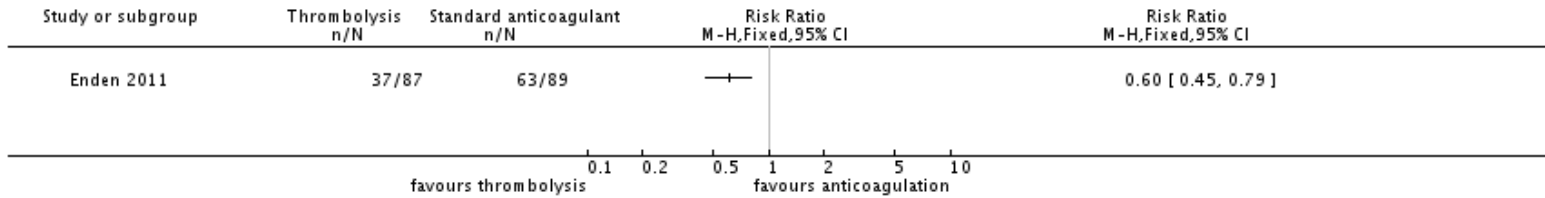
Thrombolysis for acute deep vein thrombosis

Review: Thrombolysis for acute deep vein thrombosis
 Comparison: 4 Catheter-directed thrombolysis versus control
 Outcome: 7 Post-thrombotic syndrome (intermediate)



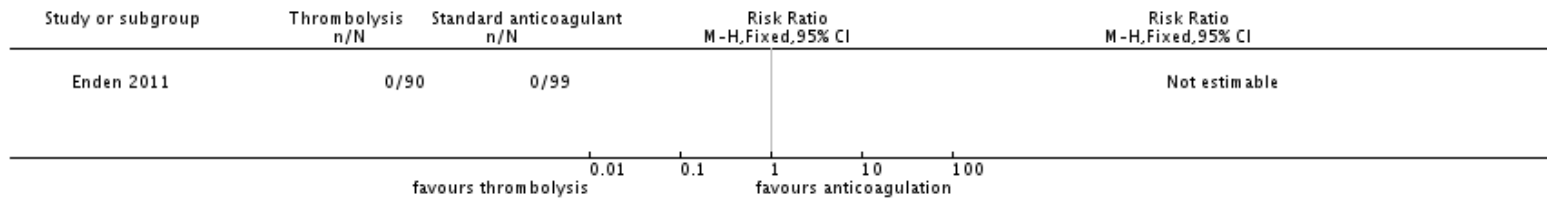
Thrombolysis for acute deep vein thrombosis

Review: Thrombolysis for acute deep vein thrombosis
 Comparison: 4 Catheter-directed thrombolysis versus control
 Outcome: 8 Post-thrombotic syndrome (late)



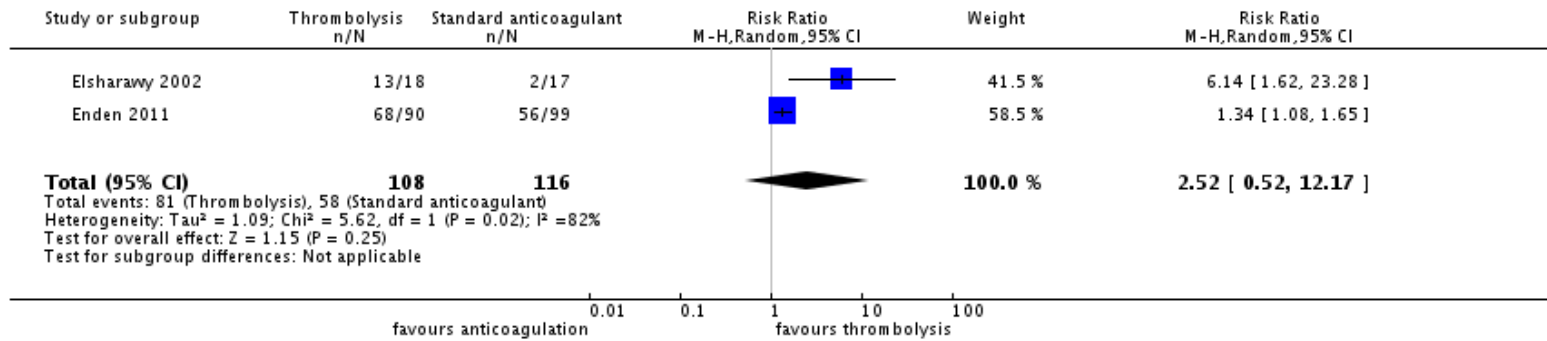
Thrombolysis for acute deep vein thrombosis

Review: Thrombolysis for acute deep vein thrombosis
 Comparison: 4 Catheter-directed thrombolysis versus control
 Outcome: 9 Leg ulceration (intermediate)



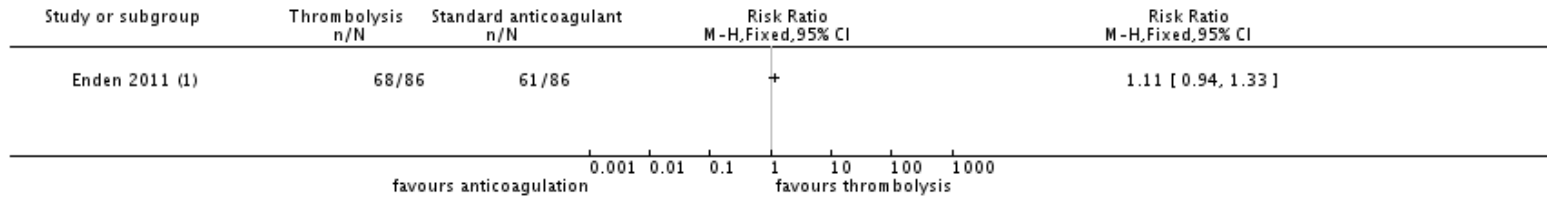
Thrombolysis for acute deep vein thrombosis

Review: Thrombolysis for acute deep vein thrombosis
 Comparison: 4 Catheter-directed thrombolysis versus control
 Outcome: 10 Complete clot lysis (intermediate)



Thrombolysis for acute deep vein thrombosis

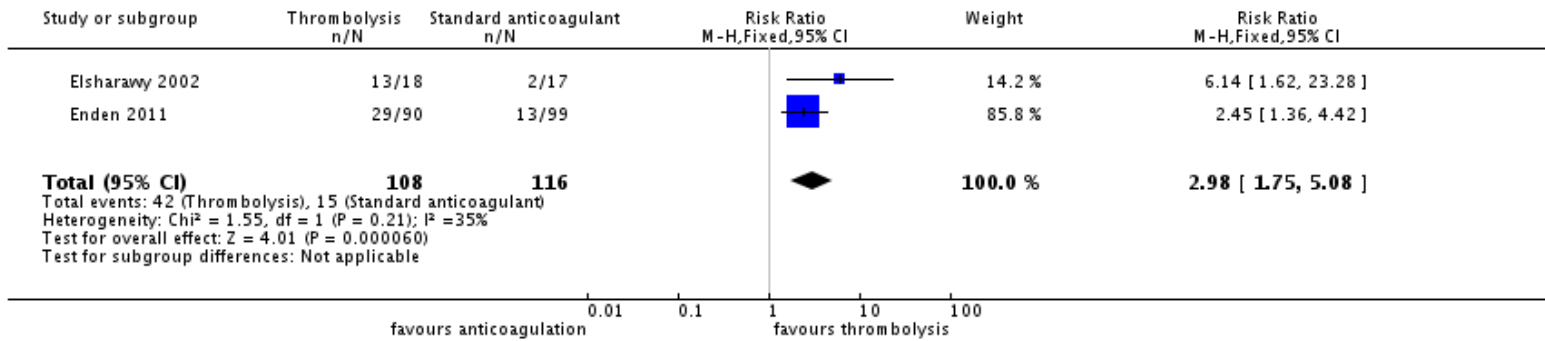
Review: Thrombolysis for acute deep vein thrombosis
 Comparison: 4 Catheter-directed thrombolysis versus control
 Outcome: 11 Complete clot lysis (late)



(1) Four patients had inconclusive results and not reported.

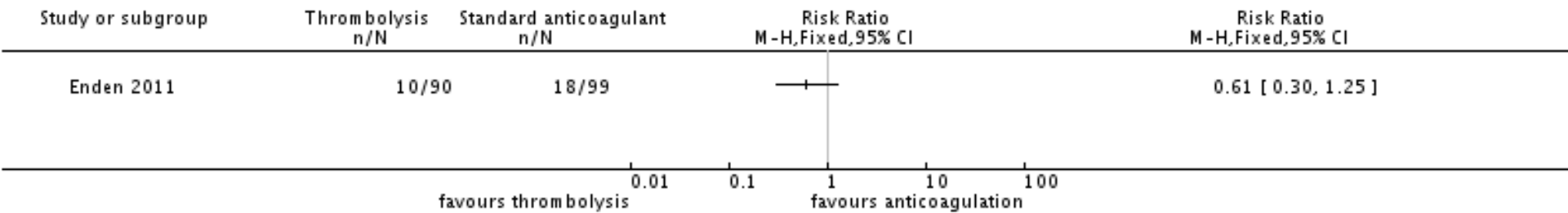
Thrombolysis for acute deep vein thrombosis

Review: Thrombolysis for acute deep vein thrombosis
 Comparison: 4 Catheter-directed thrombolysis versus control
 Outcome: 12 Normal venous function (intermediate)



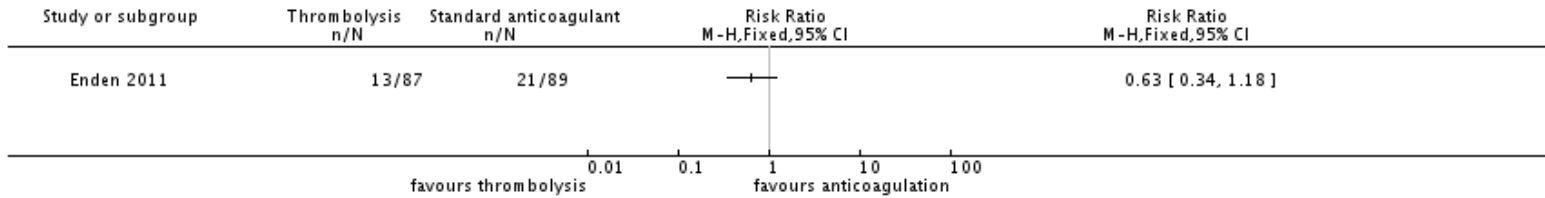
Thrombolysis for acute deep vein thrombosis

Review: Thrombolysis for acute deep vein thrombosis
Comparison: 4 Catheter-directed thrombolysis versus control
Outcome: 13 Recurrent VTE (intermediate)



Thrombolysis for acute deep vein thrombosis

Review: Thrombolysis for acute deep vein thrombosis
 Comparison: 4 Catheter-directed thrombolysis versus control
 Outcome: 14 Recurrent VTE (late)



*The risk in the intervention group (and its 95% confidence interval) is based on the assumed risk in the comparison group and the relative effect of the intervention (and its 95% CI).

CDT: catheter-directed thrombolysis; CI: Confidence Interval; DVT: deep vein thrombosis; PTS: post-thrombotic syndrome; RCT: randomised controlled trial RR: Risk ratio

GRADE Working Group grades of evidence

High quality: We are very confident that the true effect lies close to that of the estimate of the effect

Moderate quality: We are moderately confident in the effect estimate: The true effect is likely to be close to the estimate of the effect, but there is a possibility that it is substantially different

Low quality: Our confidence in the effect estimate is limited: The true effect may be substantially different from the estimate of the effect

Very low quality: We have very little confidence in the effect estimate: The true effect is likely to be substantially different from the estimate of effect

1 Downgraded by one level as confidence intervals are wide around the estimate of the effect

2 Downgraded by one level as confidence intervals wide around the estimate of effect. Studies did not report any bleeding events in standard anticoagulation group

3 Results are from one small study with a small number of events. Downgraded by one level

Early Results of Thrombolysis vs Anticoagulation in Iliofemoral Venous Thrombosis. A Randomised Clinical Trial

Volume 24, Issue 3, September 2002, Pages 209-214

M. Elsharawy^{a, f1}, E. Elzayat^b

esvs
Journal
European Journal of
Vascular & Endovascular Surgery

- 35 pts w/ iliofemoral DVT
- CDT w/ AC vs AC alone
- Streptokinase--2-4.5 million units total w/ infusion rate of 100,000 U/HR
- NO bleeding complications
- NO mortality



Early Results of Thrombolysis vs Anticoagulation in Iliofemoral Venous Thrombosis. A Randomised Clinical Trial

Volume 24, Issue 3, September 2002, Pages 209-214

M. Elsharawy^{a, f1}, E. Elzayat^b

European Journal of
Vascular & Endovascular Surgery



- At 6 months, patency rate was better in cases treated with thrombolysis [13/18 (72%) vs 2/17 (12%), $p < 0.001$]. Venous reflux was higher in-patients treated with ONLY anticoagulant [7 patients (41%) vs 2 (11%), $p = 0.04$]

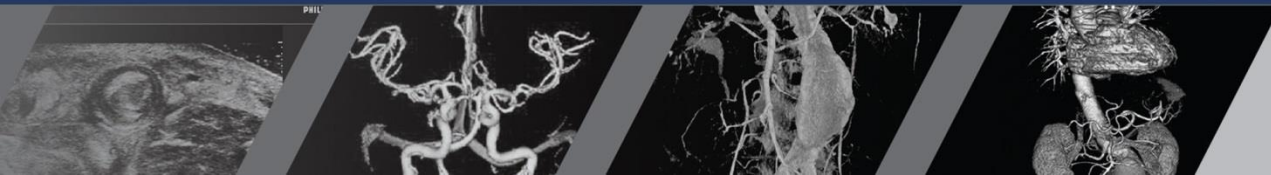


- **NICE 2012**
- *National Clinical Guideline Centre. Venous thromboembolic diseases: the management of venous thromboembolic diseases and the role of thrombophilia testing. Clinical Guideline. Methods, evidence and recommendations. <http://www.nice.org.uk/guidance/cg144/evidence/cg144-venous-thromboembolic-diseases-full-guideline3> (accessed 20 September 2016).*



- *DUTCH CAVA-trial. Ultrasound accelerated catheter-directed thrombolysis for primary iliofemoral deep vein thrombosis (IFDVT) compared to non-invasive conventional anticoagulant therapy alone: a Dutch randomized controlled multicenter clinical trial.*

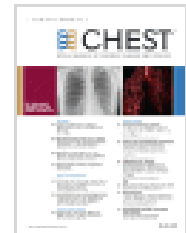
<https://clinicaltrials.gov/ct2/show/NCT00970619> (accessed 11 June 2015).







Chest

Volume 149, Issue 2, February 2016, Pages 315–352



Evidence-Based Medicine

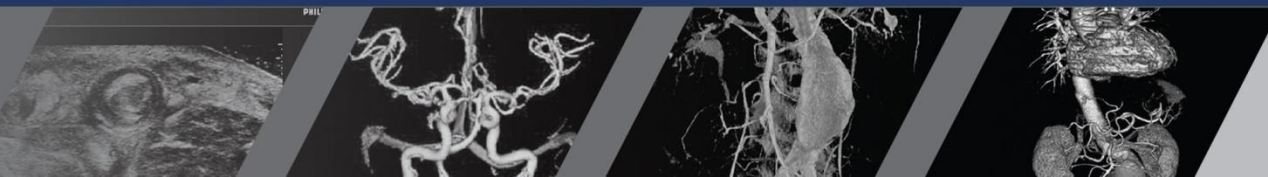
Antithrombotic Therapy for VTE Disease : CHEST Guideline and Expert Panel Report

Clive Kearon, MD, PhD^a, Elie A. Akl, MD, MPH, PhD^{a, b},  , Joseph Ornelas, PhD^c, Allen Blaivas, DO, FCCP^d, David Jimenez, MD, PhD, FCCP^e, Henri Bounameaux, MD^f, Menno Huisman, MD, PhD^g,

[+ Show more](#)

<http://dx.doi.org/10.1016/j.chest.2015.11.026>

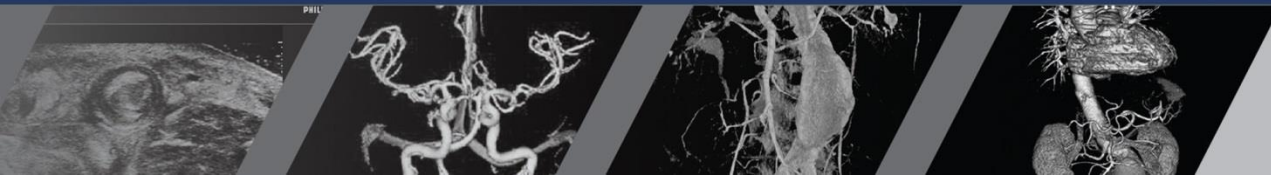
[Get rights and content](#)



- *Zhang X, Ren Q, Jiang X, Sun J, Gong J, Tang B, et al. A prospective randomized trial of catheter-directed thrombolysis with additional balloon dilatation for iliofemoral deep venous thrombosis: a single-center experience. Cardiovascular and Interventional Radiology 2014;37(4):958-68*



- *Patra S. Catheter directed thrombolysis along with mechanical thromboaspiration versus anticoagulation alone in the management of lower limb deep venous thrombosis - a comparative study. Journal of American College Cardiology 2014;64(16 Suppl 1):C203*



- *Cakir V, Gulcu A, Akay E, Capar AE, Gencpinar T, Kucuk B, et al. Use of percutaneous aspiration thrombectomy vs. anticoagulation therapy to treat acute iliofemoral venous thrombosis: 1-year follow-up results of a randomised, clinical trial. Cardiovascular and Interventional Radiology 2014;37(4):969-76*



- *Bashir R. Comparative outcomes of catheter-directed thrombolysis plus anticoagulation vs anticoagulation alone to treat lower-extremity proximal deep vein thrombosis. JAMA Internal Medicine 2014;174(9):1494-501.*



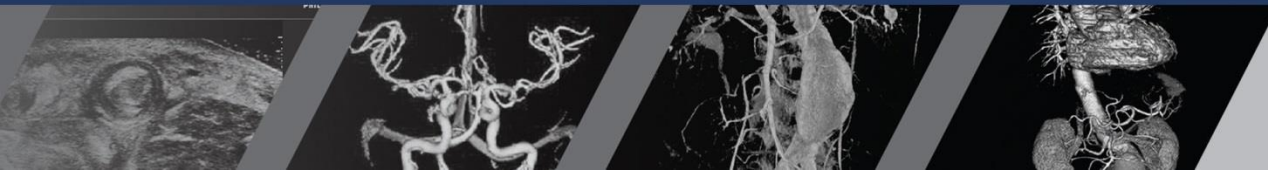
- *Sharifi M, Bay C, Mehdipour M, Sharifi J. Thrombus obliteration by rapid percutaneous endovenous intervention in deep venous occlusion (TORPEDO) trial: Midterm results. Journal of Endovascular Therapy 2012;2:273-80*



Thrombolysis for acute deep vein thrombosis



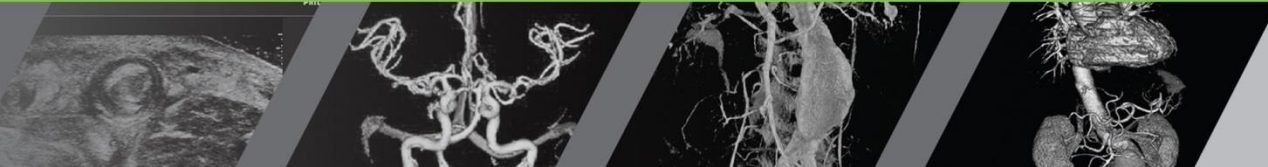
- Click to edit Master text styles
 - Second level
 - Third level
 - Fourth level
 - » Fifth level



- Click to edit Master text styles
 - Second level
 - Third level
 - Fourth level
 - » Fifth level



- Click to edit Master text styles
 - Second level
 - Third level
 - Fourth level
 - » Fifth level



- Click to edit Master text styles
 - Second level
 - Third level
 - Fourth level
 - » Fifth level



- Click to edit Master text styles
 - Second level
 - Third level
 - Fourth level
 - » Fifth level

