# **Endovascular Approaches for Treatment of Valvular Disease: The Time is Now!**

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**Director** 

Structural Heart Program, Sentara Heart Hospital



# Disclosures

Disclosure	Company
Research	Medtronic, Edwards, Boston Scientific, Abbott/St Jude, Direct Flo Medical, Keystone Medical
Consultant/Advisory Board	Medtronic, Edwards, Boston Scientifc
Physician Proctor	Medtronic, Edwards, Boston Scientific
Stock	None
Equity	None

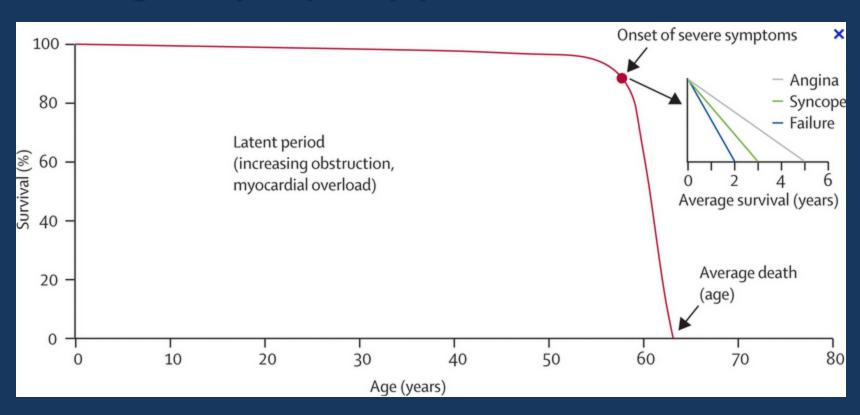


# The Problem: Aortic Stenosis

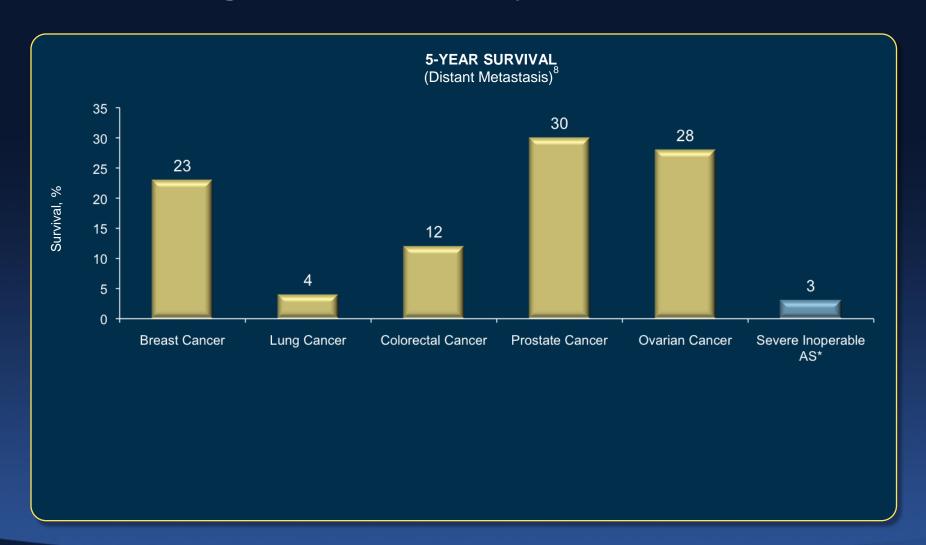


# AS Survival: High Mortality with Symptom onset

- 3 cardinal symptoms:
  - Angina, Syncope, Dyspnea



# Aortic Stenosis: Worse Prognosis than Many Metastatic Cancers

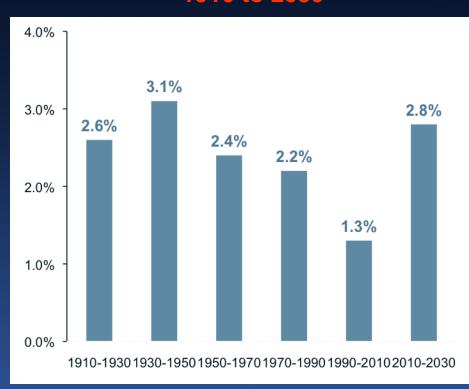




# Population at Risk for Aortic Stenosis is Increasing

- Aortic Stenosis is estimated to be prevalent in 12.4% of the population over the age of 75.2
- The elderly population will more than double between now and the year 2050, to 80 million.<sup>3</sup>

# **ELDERLY AVERAGE ANNUAL GROWTH RATE:**1910 to 2030

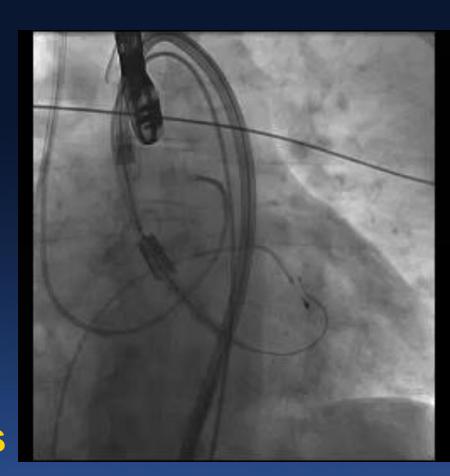




## What is TAVR?

• Transcatheter Aortic Valve Replacement

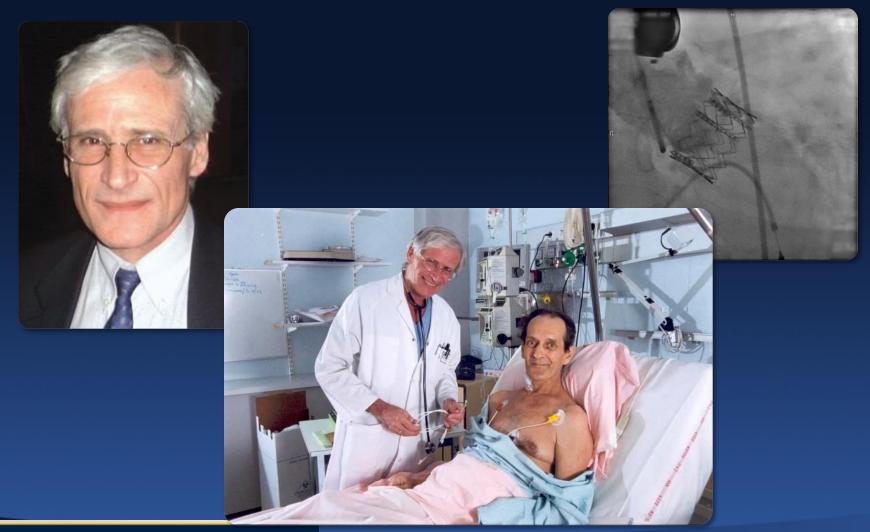
- Catheter based approach for valve replacement
- Initially: treating the untreatable
- Rapid adoption of this new technology







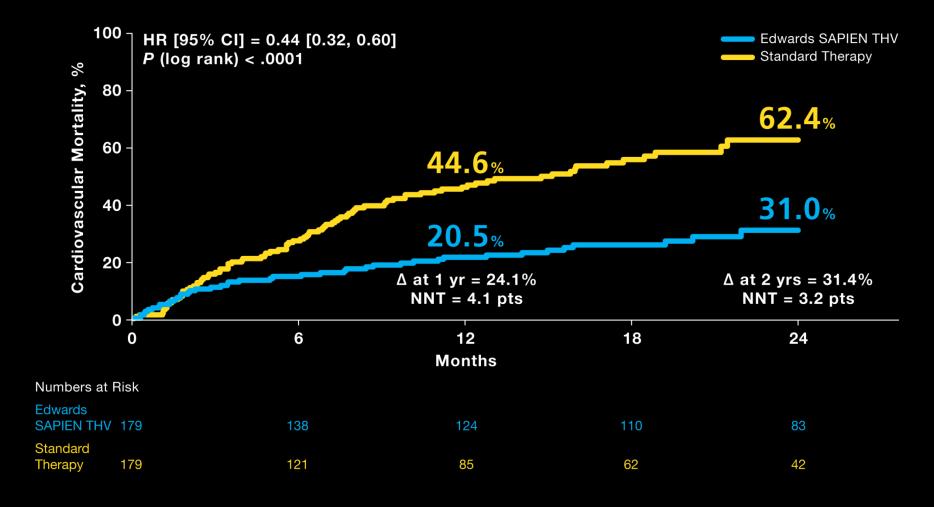
# Alain Cribier: First Human Transcatheter Valve Replacement (2002)



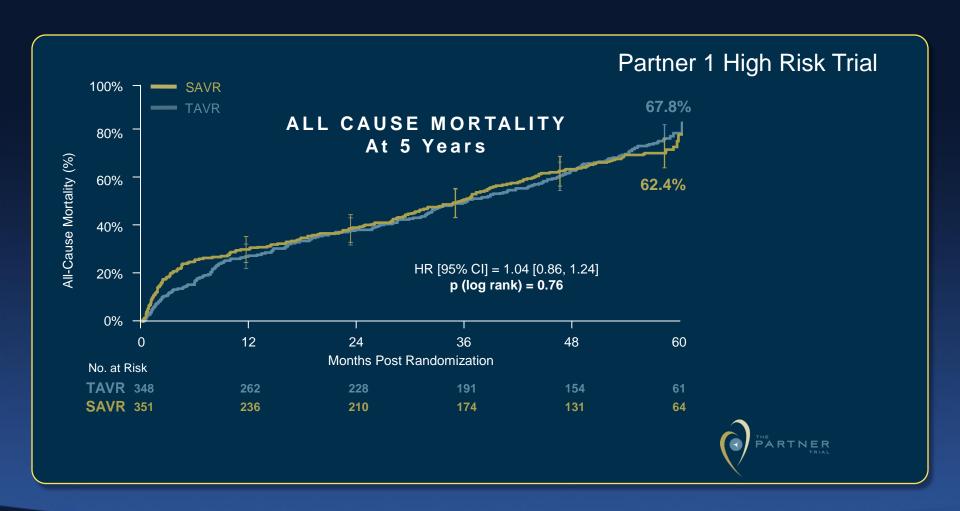
# **Inoperable Patients:**

# > 30% Absolute Reduction in CV Mortality

CARDIOVASCULAR MORTALITY AT 1 YEAR AND 2 YEARS



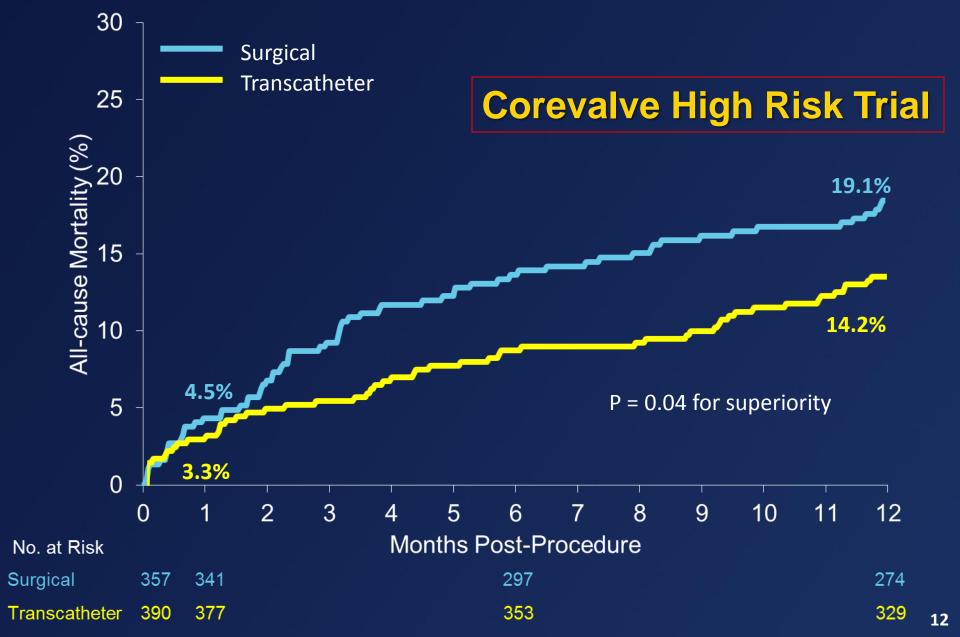
# TAVR is Equivalent to Surgery in High-Risk Patients





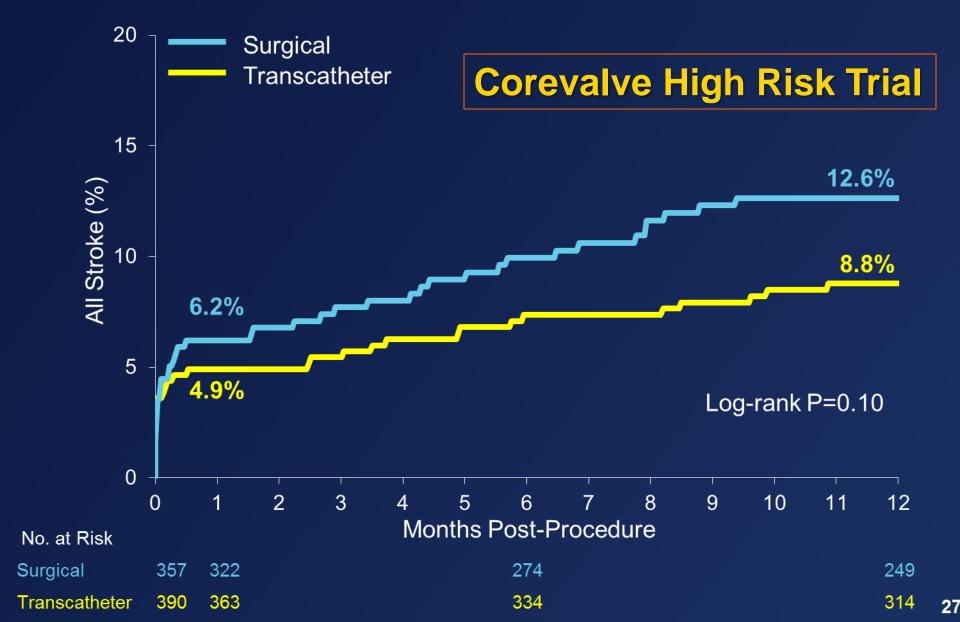
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## Primary Endpoint: 1 Year All-cause Mortality



### All Stroke

ACC 2014



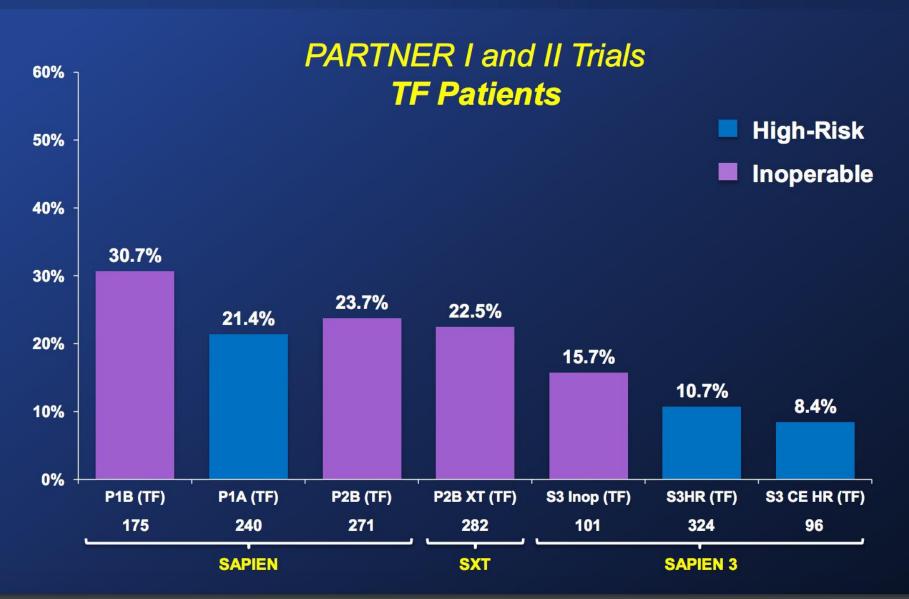
# **SAPIEN Platforms in PARTNER**Device Evolution



**SAPIEN XT SAPIEN 3 SAPIEN Valve Technology Sheath** 22-24F 16-20F 14-16F Compatibility **Available Valve Sizes** 20 mm 23 mm 26 mm 26 mm 29 mm 23 mm 26 mm 29 mm 23 mm

# All-Cause Mortality at 1 Year Edwards SAPIEN Valves (As Treated Patients)





# 2017: Deciding who gets TAVR today (and tomorrow)

 Lets look at a recent case.... It's not 2012 anymore!





# **Case Presentation**



# SENTARA

[Patient LE]

Patient Evaluation Structural Heart Program

> Sentara Heart Hospital Norfolk, VA

Interv. Cardiology:

P. Mahoney, MD

D. Talreja, MD

N. Mistry, MD

#### **Cardiac Surgery:**

J. Newton, MD

J. Philpott, MD

G. Dimeling, MD

C. Kemp, MD

#### **TAVR Coordinators:**

L. Morris, PA-C

M. Sukholutsky, PA-C

E. Willette, NP

A. Kanter, RN



### **Case Summary – Clinical History:**

• 69 years old

STS 2.6%

NYHA Class II

• BSA / BMI: 1.7 / 22

Creatinine: 0.8

Hb: 14.3

• PLT: 178

· Team: PDM

Ht: 165cm

Wt: 61kg

#### Clinical history

Severe aortic stenosis and moderate aortic insufficiency

- Echo 2/21/17 (Riverside) -- AVA 1.0cm2, peak 104mmHg, mean 55mmHg, Vmax 501cm/s, 2+ AI
- TEE 4/14/17 moderate AI
- Cath 4/14/17 AVA 0.9 cm2, mean 48mmHg

Non-obstructive CAD

Normal LV function, EF 55%

COPD and Asthma -- on inhalers

- Ongoing tobacco abuse
- PFT's 4/6/17 -- FEV1 2.32, 97% predicted, DLCO 74

Multiple sclerosis - uses cane or wheelchair outside the house

Carotid PVL 4/4/17 - <50% stenosis bilaterally Edentulous



### STS Risk Score / Frailty:

#### STS risk score:

Procedure: AV Replacement

Risk of Mortality: 2.578%

Morbidity or Mortality: 15.774%

Long Length of Stay: 6.451%

Short Length of Stay: 35.949%

Permanent Stroke: 1.54%

Prolonged Ventilation: 9.522%

DSW Infection: 0.17% Renal Failure: 2.459% Reoperation: 7.635%

STS Risk Drivers		
Mild lung disease		
PAD		
HTN		

Frailty Assessment: 1/4

Grip strength: [normal]

Katz ADL: [6/6]

5 meter walk: [abnormal]

Albumin: [normal]

19



### **Coronary Angiography**







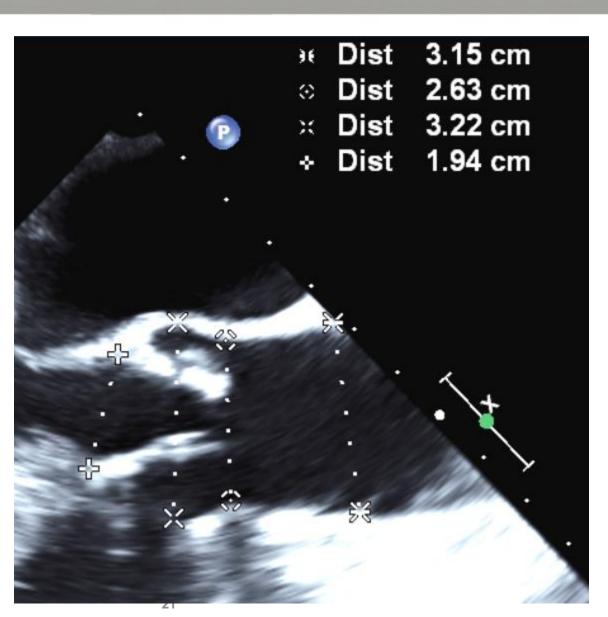
Summary: LM patent, LAD 20-30% stenosis, LCx patent, RCA patent

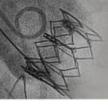
Plans for Revascularization: medical therapy



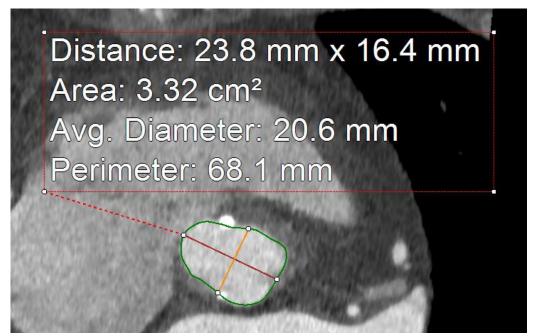
### **Echocardiography**

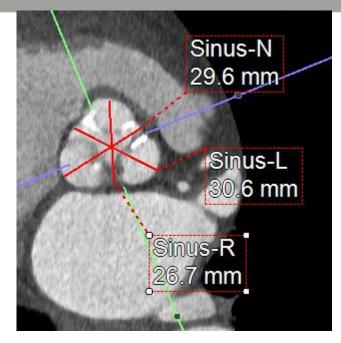


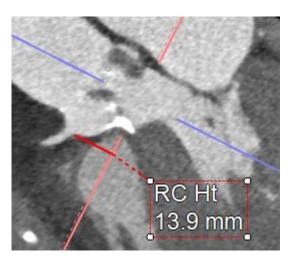


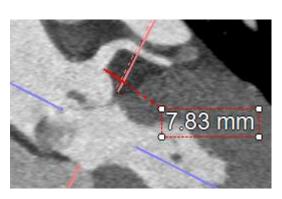


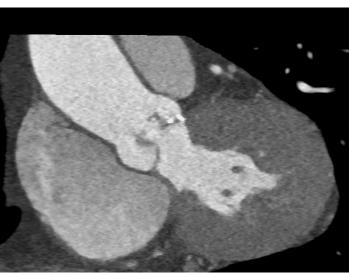
### Aortic valve assessment by CT













# Peripheral assessment



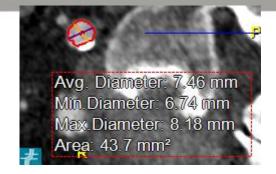




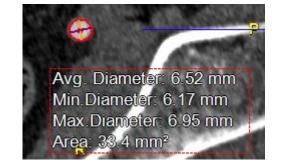
### CT

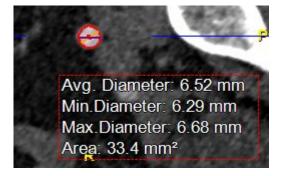
#### Common iliacs





#### External iliacs

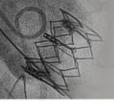




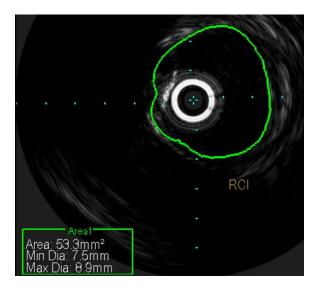
#### Common femorals



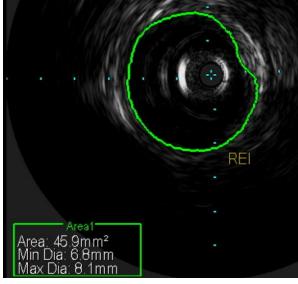


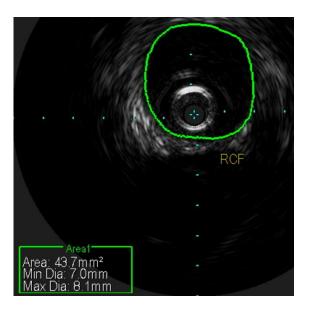


## **IVUS**



	Right	Left
Common Iliac	8.2mm	xxx
External Iliac	7.5mm	xxx
Common Femoral	7.5mm	xxx





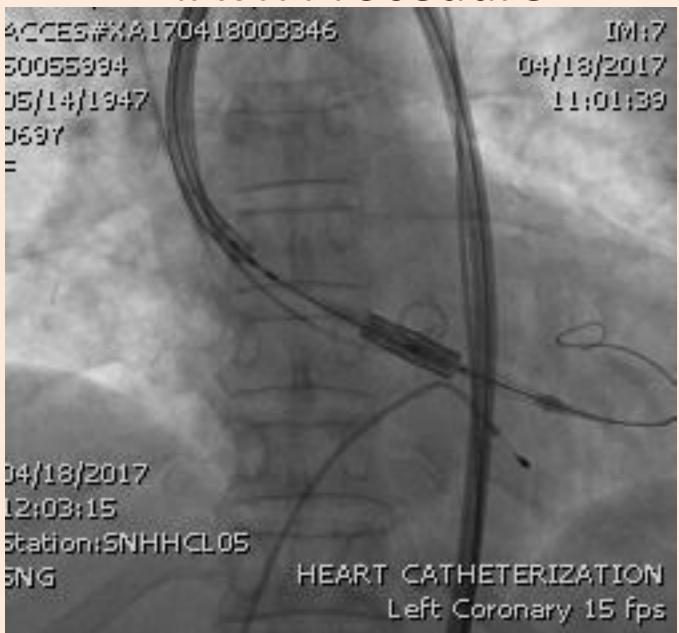


#### **Procedural Plan:**

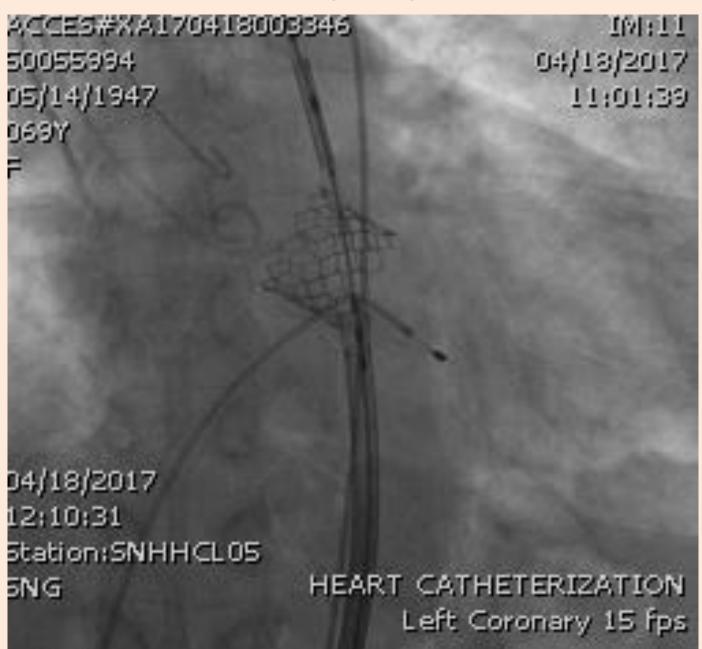
- Judgement of Heart Team:
  - Patient is at INTERMEDIATE risk for planned AVR given STS score and comorbidities.
- Bailout → OPEN
- Fast Track Protocol

Annulus Diameter and Area Measurements	THV Valve Size Proposed	Access	Smallest Vessel Diameter Measurement in accessed vessel
Annulus = 19mm Area = 332mm Perimeter = 68.1mm	[23] <b>S</b> 3	RFA (high bifurcation)	7.5mm Right EI and CF

## TAVR Procedure



# Post deployment



# Vascular Access- Completion angiography



# Vascular Access: Percutaneous Approach

• 14 Fr Arterial Sheath

 Perclose sutures placed percutaneously



# **Hospital Course**

- Uncomplicated TAVR
- Procedure time: 31 minutes, skin to skin

- Minimalist approach, fast track
  - Conscious sedation
  - No TEE, No PA catheter
  - 4 hour ICU stay; ambulating at 4 hours
  - POD #1: Discharged to home

### TAVR Trials: Intermediate Risk Patients

- 2 surgeons agree on risk
- 2 year follow up
- Major endpoints: Death, stroke

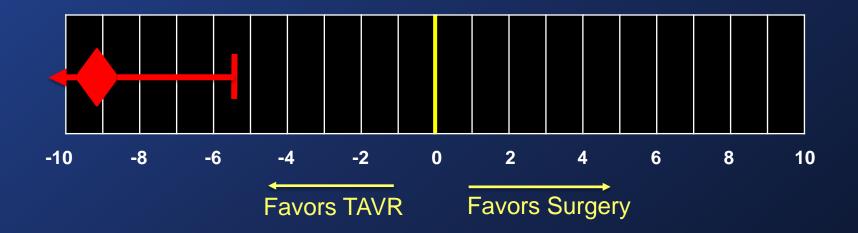


# Primary Endpoint - Superiority Death, Stroke, or AR ≥ Mod at 1 Year (VI)



Weighted Difference -9.2% Upper 2-sided 95.0% CI -5.4%

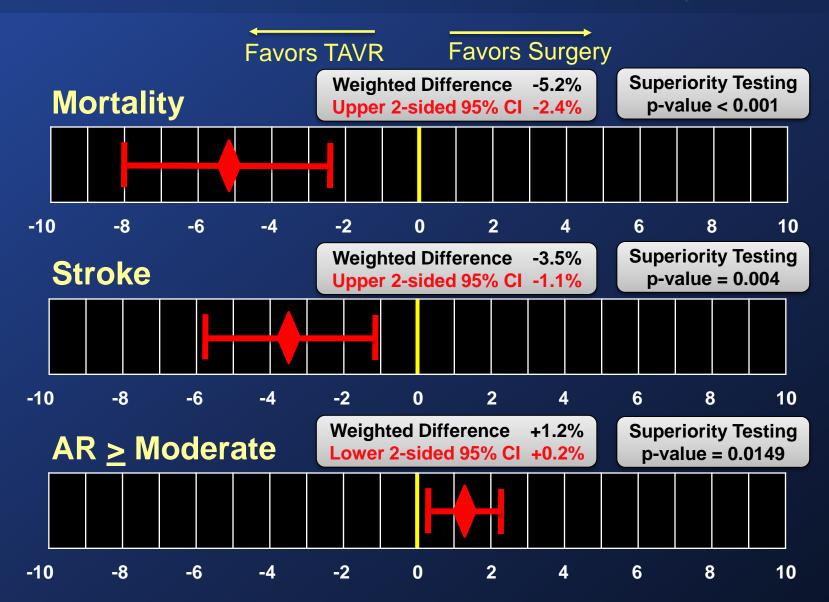
Superiority Testing p-value < 0.001



**Superiority Achieved** 

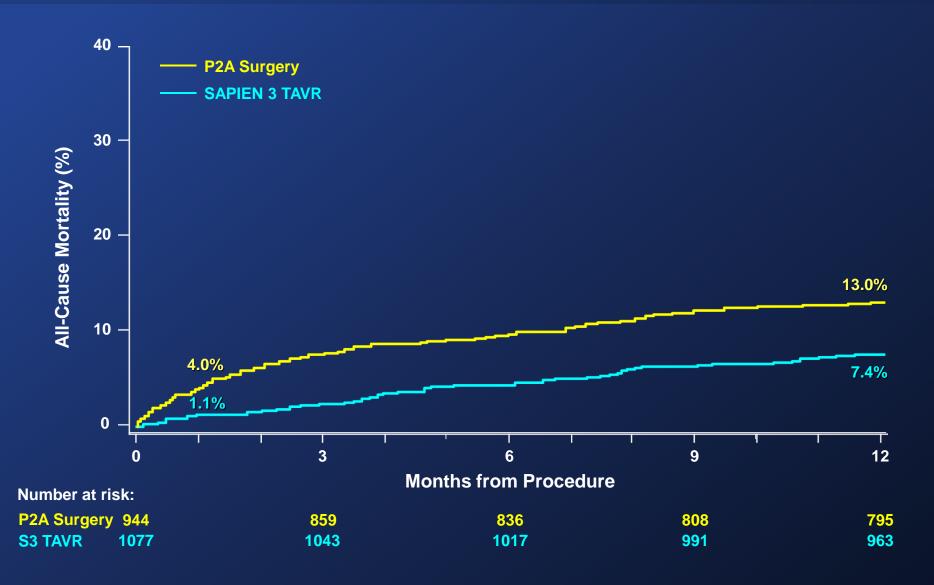
# Superiority Analysis Components of Primary Endpoint (VI)





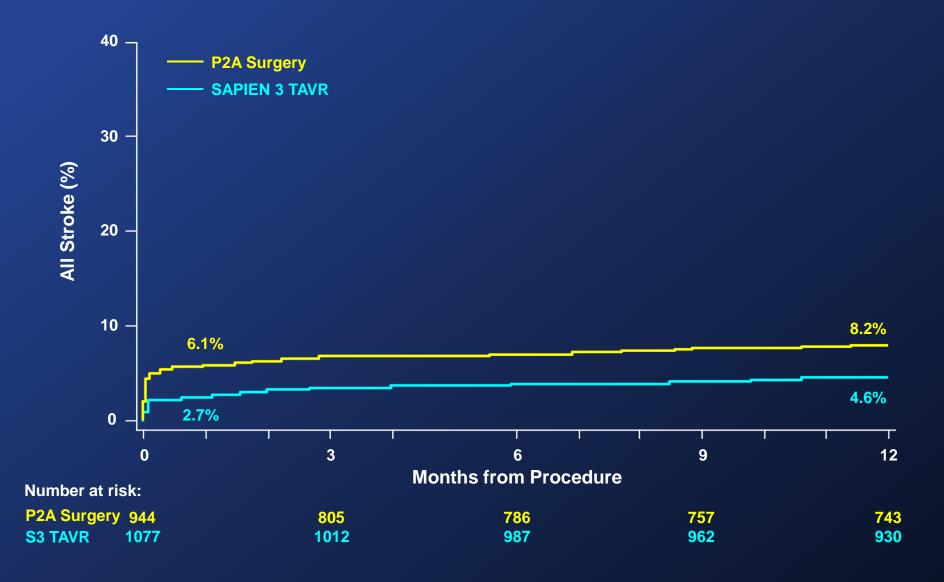
# Unadjusted Time-to-Event Analysis All-Cause Mortality (AT)





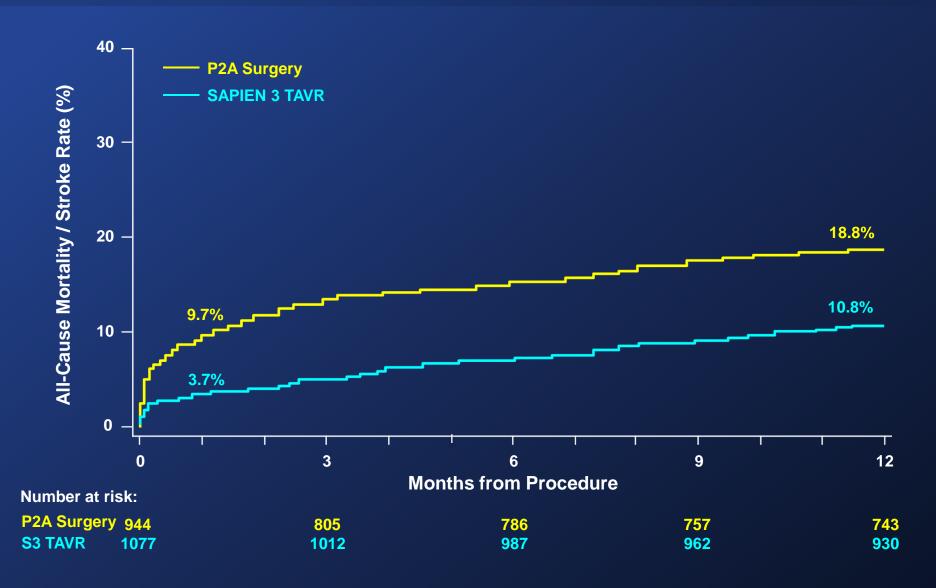
### **Unadjusted Time-to-Event Analysis** All Stroke (AT)





## Unadjusted Time-to-Event Analysis All-Cause Mortality and All Stroke (AT)





## Other Unadjusted Clinical Outcomes At 30 Days and 1 Year (AT)



Events (%)	30 Days		1 Year	
	TAVR (n = 1077)	Surgery (n = 944)	TAVR (n = 1077)	Surgery (n = 944)
Re-hospitalization	4.6	6.8	11.4	15.1
MI	0.3	1.9	1.8	3.1
Major Vascular Complication	6.1	5.4		
AKI (Stage III)	0.5	3.3		
Life-Threatening/Disabling Bleeding	4.6	46.7		
New Atrial Fibrillation	5.0	28.3	5.9	29.2
New Permanent Pacemaker	10.2	7.3	12.4	9.4
Re-intervention	0.1	0.0	0.6	0.5
Endocarditis	0.2	0.0	0.8	0.7

## The PARTNER 2A and S3i Trial Clinical Implications



 The conclusions from the PARTNER 2A randomized trial and this propensity score analysis provide strong evidence that in intermediate-risk patients with severe aortic stenosis, SAPIEN 3 TAVR compared with surgery improves clinical outcomes and is the preferred therapy.

75% reduction in death vs surgery 75% reduction in stroke vs surgery

# Options for Aortic Valve Replacement per Guidelines<sup>9</sup>

**Indications for Severe Symptomatic Aortic Stenosis** 





Therapy	Low- to Moderate-Risk	High Risk	Greater Risk
Transcatheter Aortic Valve Replacement (TAVR)	X (interm)	X	X
<b>Open-Heart Surgery</b> (AVR)	X	X	

### **Expanding TAVR Clinical Indications**

- •Low risk patients (all comers?)
- Severe asymptomatic AS

- Low flow, low gradient AS
- Bicuspid AV disease
- AS + concomitant disease (CAD, MR, AF)
- Bioprosthetic valve failure (aortic and mitral)
- Moderate AS + CHF
- High risk AR

## The PARTNER 3 Trial Study Design



Symptomatic Severe Calcific Aortic Stenosis

Low Risk ASSESSMENT by Heart Team (STS < 4%, TF only)

1:1 Randomization (n=1,228)

TF - TAVR (SAPIEN 3)

CT Imaging Sub-Study (n=200)

Actigraphy/QoL Sub-Study

Surgery (Bioprosthetic Valve)

CT Imaging Sub-Study (n=200)

Actigraphy/QoL Sub-Study

#### PRIMARY ENDPOINT:

Composite of all-cause mortality, all strokes, or re-hospitalization at 1 year post-procedure

PARTNER 3
Registries

Alternative Access (n=100) (TA/TAo/Subclavian)

Bicuspid Valves (n=50)

SAVR orTAVR ViV (n=100/25)

Mitral ViV or ViR (n=50/50)

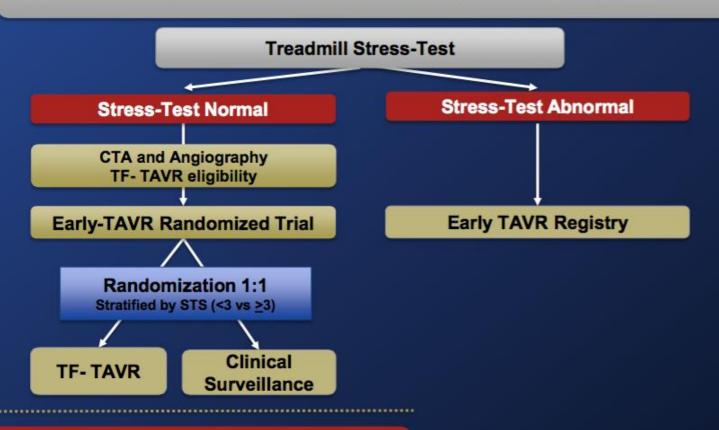
Follow-up: 30 days, 6 mos, 1 year and annually through 10 years

### **EARLY TAVR Trial** Study Flow



#### Asymptomatic Severe AS and 2D-TTE (PV ≥4m/s or AVA ≤1 cm²)

Exclusion if patient is symptomatic, EF<50%, concomitant surgical indications, bicuspid valve, or STS >8



Primary Endpoint (superiority): 2-year composite of all-cause mortality, all strokes, and repeat hospitalizations (CV)

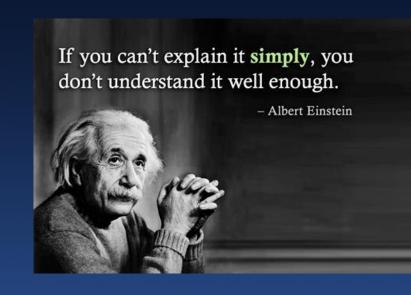
## TAVR: Transition to standard of care

- Increasing volume
- Decreasing acuity of illness of patients
- Expanding indications (intermediate risk, valve in valve)
- Improving outcomes
- Transition to mostly transfemoral
- Better patient selection
  - Frailty
  - Better identification of Risk (beyond STS) by CT surgeons
- Improved post operative protocols



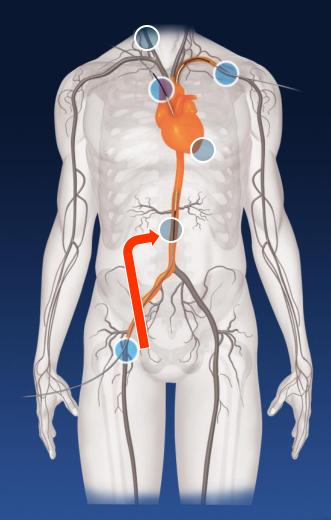
# TAVR: As volume rises, "minimalist" approach helpful

- Why a minimalist approach?
  - Reduce complexity, cost, improve outcome and programmatic efficiencies
- KISS model
  - Percutaneous Access
  - No Foley catheters (men)
  - No routine PA catheter
  - No TEE
  - Conscious sedation protocols
    - Reduce ICU and overall LOS
    - Fast track ICU protocols: goal 4-6 hours in ICU

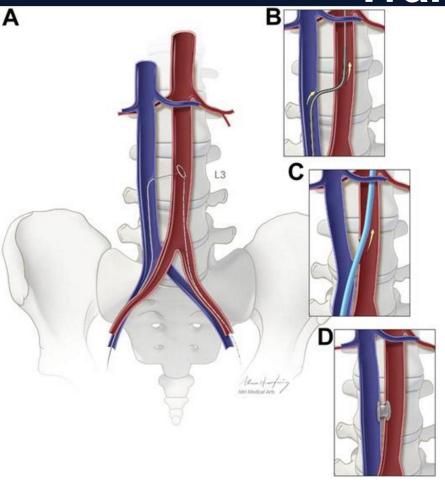


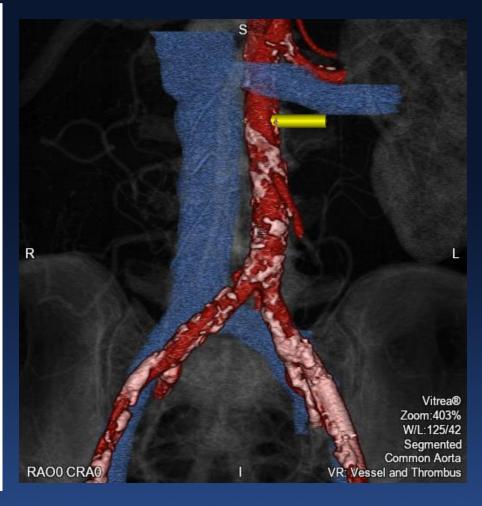
# Same time, expanding high risk capabilities

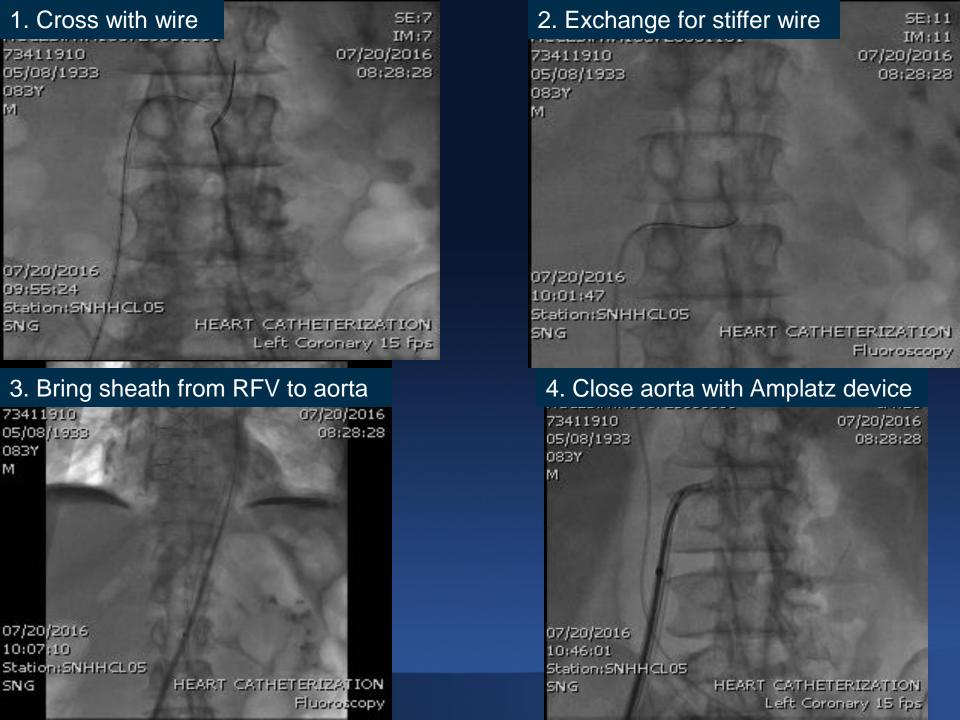
- Alternate access
  - Subclavian/Axillary
  - Direct aortic
  - Transcarotid
  - Transcaval
  - transapical



### **Transcaval**





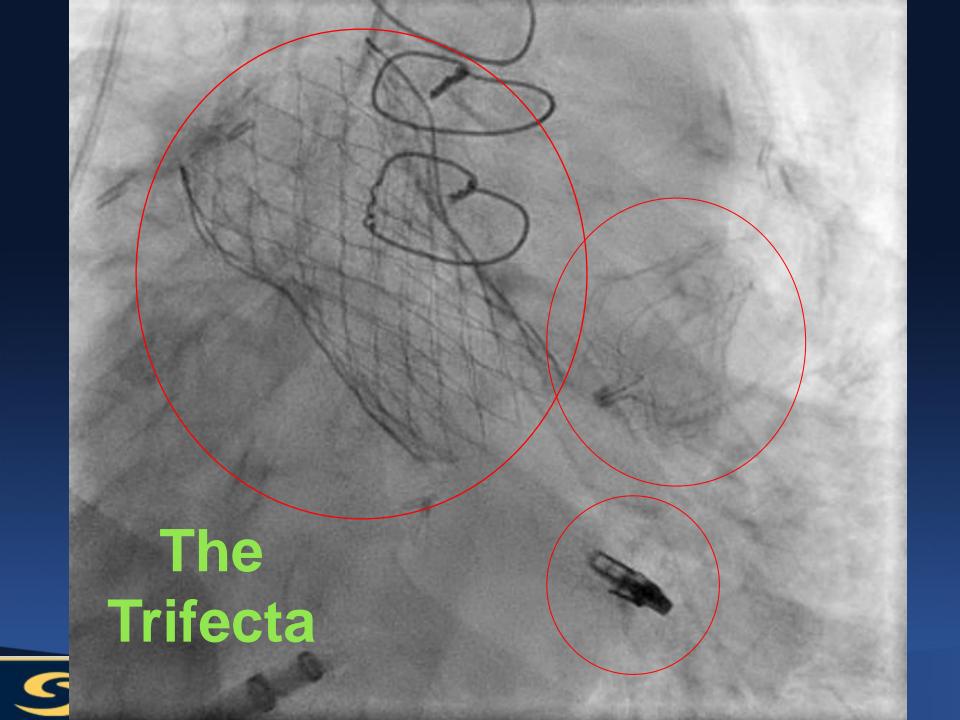


#### **Limitations of TAVR**

- Durability
  - No real "in vivo" data past 10 years
  - 8-10 years minimal valve failure
  - Rx for failed TAVR is... repeat TAVR

- AS plus other anatomy
  - Aortic pathology
  - CAD
  - Polyvalvular disease





### **Case Presentation**



### SENTARA

[Patient CC]

Patient Evaluation
Structural Heart Program

Sentara Heart Hospital Norfolk, VA

#### Interv. Cardiology:

P. Mahoney, MD

D. Talreja, MD

N. Mistry, MD

#### **Cardiac Surgery:**

J. Newton, MD

J. Philpott, MD

G. Dimeling, MD

C. Kemp, MD

#### **TAVR Coordinators:**

L. Morris, PA-C

M. Sukholutsky, PA-C

E. Willette, NP

#### Summary – Clinical History:

68 years old

STS 2.1% AVR

NYHA Class II

BSA / BMI: 1.93 / 26

Hb: 13.7

• PLT: 182

Team: PDM

Ht: 173 cm

Wt: 78 kg

#### Clinical history

Bioprosthetic aortic valve stenosis and Al

- H/o severe AS with root enlargement s/p aortic root replacement with #23 Medronic freestyle graft, and #26 Gelweave graft as ascending aortic interposition graft by Dr. B on 6/17/2004
- 2D Echo 11/10/16 -- AVA 1cm2, peak gradient 44mmHG, mean gradient 22mmHG, Vmax 330cm/s with moderate AI
- LHC 3/9/17 AVA 0.96cm2, mean gradient 17 mmHg, severe AI by aortography

2D Echo 11/10/16 -- EF 60%

TEE 3/9/17 – moderate MR

Normal Coronary arteries by LHC 3/9/17

CTA 3/7/17 – as shown

Hyperlipidemia , Hypothyroidism , Urinary frequency

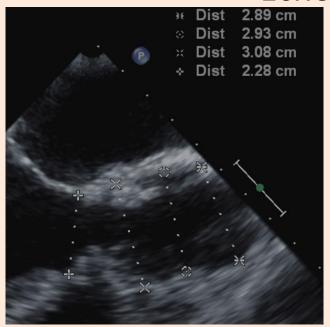
Panorex – cleared by Primary dentist (in EPIC)

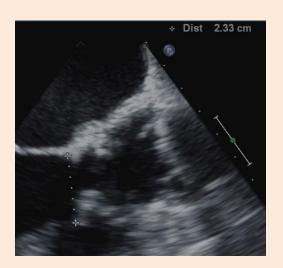
Carotid PVL 3/3/17 - < 50% stenosis bilaterally

PFT's 3/3/17 - FEV1 2.19, 81% predicted, DLCO 67

#### Annulus = 23mm

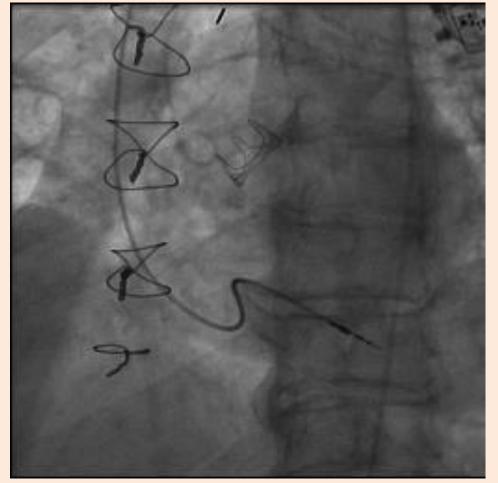
## Echocardiography 2.89 cm

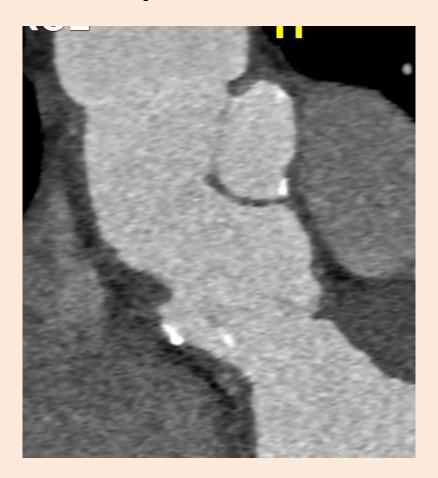






### Sentara Heart Hospital

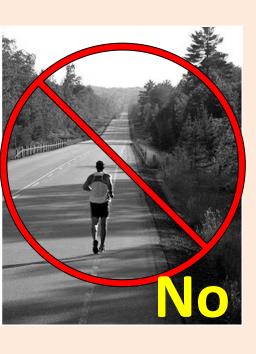




Plan: SURGERY – REDO AVR with root and ascending aorta repair

# What does a Valve clinic look like in 2017?

The Heart Team





## Developing TAVR Program at Sentara Heart

- First implant: Dec 2011
  - >800 TAVR procedures to date; > 300 pred in 2017
  - > 100 MitraClip
  - > 200 Watchman
  - >200 CHIP cases
- Structural Heart Service
  - IC, CTS, Imaging
  - 4 PA's, 2 RN's, 1 MA
  - Busy in-patient service
  - daily full office schedule





#### Research

- PORTICO High risk TAVR, novel valve
- SURTAVI Intermediate Risk, Evolut
- Partner 3 Low risk TAVR 1:1 surgery
- Early TAVR Asymptomatic AS

Transcatheter Mitral Valve Replacement
 Trials – coming this summer!





