### 2022 MID-ATLANTIC CONFERENCE 10th annual current concepts in VASCULAR THERAPIES



Hilton Virginia Beach Oceanfront Virginia Beach, Virginia



Sentara Vascular Specialists

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# Living Donor Renal Transplant

Duncan Yoder April 2022

Disclosures: I have no financial interest connected to any of the information presented in this discussion

### **Objectives**

- Why renal transplant matters
  - Prevalence, Morbidity/Mortality, Cost of Kidney Disease
- Transplant Options
- Living Donor Evaluation

### Prevelance of CKD





### CKD in US adults w diabetes





# All cause mortality rate in older adults 2009-2019 with and without CKD



Data Source: 2021 United States Renal Data System Annual Data Report



### Hospitalization rate in older adults





### Medicare expenditures 2009-2019 for CKD





### Incidence of ESRD 2000-2019





### Prevalence of ESRD by HSA

Figure 1.7 Prevalence of ESRD by Health Service Area



Data Source: 2021 United States Renal Data System Annual Data Report



### Hemodialysis initiation and 18mo outcomes



Data Source: 2021 United States Renal Data System Annual Data Report



### Mortality Rate for older Medicare

Unadjusted Adjusted												
	ESRD			Medicare								
Age	Sex	Dialysis	Transplant	All Non-ESRD	Cancer	Diabetes	CHF	CVA/TIA	AMI			
66 74	Female	217.1	59.2	16.1	60.9	28.3	91.1	52.7	83.8			
00-74	Male	224.6	66.5	23.6	65.8	36.6	97.2	64.6	77.6			
75+	Female	316.4	117.7	76.0	121.6	94.9	206.3	144.1	186.4			
/ 57	Male	329.4	138.8	83.3	130.5	103.0	215.3	147.7	183.0			

Data source: USRDS ESRD database and Medicare 5% database. 2019 January 1 point prevalent ESRD patients and Medicare fee-for-service (FFS) beneficiaries without ESRD, all were aged ≥66 years, at least 1 year of Medicare coverage before January 1. Age, race/ethnicity, and sex were used for adjustment.



### 5 year Survival Probability from ESRD onset













### Medicare spending PPPY for ESRD by treatment modality



Data Source: 2021 United States Renal Data System Annual Data Report



### Transplant volume 1999-2019



Data Source: 2021 United States Renal Data System Annual Data Report

### Annual kidney transplant volume





### Annual kidney waitlist volume





### Advancing Kidney Health Initiative

- 2019 Executive Order directing HHS to increase deceased donation and support living donors
  - Remove financial barriers
  - Revise Outcome Measures

ADVANCING AMI RICAN

**Kidney Health** 

### **Deceased Donor vs Living Donor**





### Patient survival for LDKT and DDKT



Data Source: 2021 United States Renal Data System Annual Data Report



### 1-, 5- and 10-Year Graft Survival Rates





### Living Donor Targets

#### Education and outreach

#### **Target audiences**

- Patients with kidney or liver failure
- Potential living donors
- Social networks
- General public

#### Research needed to optimize

- Frequency
- Content
- Delivery modalities

#### **Evaluation efficiency**

#### **Complex donor evaluation process**

- Delays may discourage donors
- Delays may lead to recipient starting dialysis before transplant

#### **Research needs**

- Define efficiency in the donor evaluation
- Develop standards to address modifiable process delays

#### **Removal of disincentives**

#### Uncompensated costs for donors

- Travel
- Medications
- Lost time from work
- Dependent care

#### **Research needs**

 Develop and assess mechanisms for achieving cost neutrality

#### Improving safety and defensibility of donor selection

#### Transparency

 Incomplete risk assessment and disclosure may reduce public trust in the donation process

#### Research needed to optimize

- Scope and precision of long-term risk prediction
- Methods for risk communication

The start was

### Programs

#### House Calls

- Health educator 60-90mins.
- Increased inquires, evaluations & transplants.  $30 \rightarrow 52\%$

#### **TALK program**

- Identify barriers, problem solve
- Increased discussion w family, evaluations, LD identification  $30 \rightarrow 58\%$

#### Seminars on Saturdays

- every 2 mo to all pre-dialysis pts and families and waitlisted.
- Increased pre-emptive unrelated LDKT 25→58%
- Minority donors increased 39→52%

#### Live Donor Champion

• Removing barriers (discussion of sensitive subject, fear of asking, limited knowledge)

#### Social Media/Facebook

• 7x more likely to have potential donor.

### Living Kidney Donation

Patient guide to the Donor Evaluation Process

#### Sentara Norfolk General Hospital August 2021



### Staff Contact

•	Independent Living Donor Advocate (ILDA)	757-354-5774
•	Roland French, LD Coordinator	757-388-3977
•	Megan Coleman, Senior LD Coordinator	757-388-1866
•	Brandy Bluitt, Social Worker	757-388-9104
•	Georgianna Robertson, Social Worker	757-388-9105
•	Scheduler	757-388-4055
•	Financial Coordinator (Last name A-F)	757-388-5573
•	Financial Coordinator (Last name G-N)	757-388-6341
•	Financial Coordinator (Last name O-Z)	757-388-4144
•	Registered Dietitian	757-388-2217

### **Evaluation Process**

- Interview with Living Donor Coordinator, Social Worker (SW) and Independent Living Donor Advocate (ILDA)
- Evaluation consents
- Medical and Surgical assessment by Nephrologist and Donor Surgeon
- Blood typing and compatibility testing
- Blood, Urine tests, Chest X-ray, EKG and CT scan
- Psychological clearance by clinical psychologist or psychiatrist if recommended by living donor team



### Candidates Not Suitable For Donation

- Age
  - Less than 18 years of age for directed donation
  - Less than 21 for non-directed donation
  - Greater than 65 years of age
- Hypertension/Diabetes
- Body Mass Index (BMI) greater than 35
- Psychologically unstable
- Current illegal drug use x Marijuana
- Suspected donor coercion or illegal financial exchange
- HIV positive
- Incurable Malignancy
- Anomalies of contralateral kidney



### **Types of Donation**

- **Directed Donor** Donor has intended recipient and donates directly to them
- Kidney Paired Donation- Voluntary program where donor/recipient pairs that are not a match may enter as a pair
- Non-Directed Donor- Donor wants to help someone but does not know someone who is in imminent need of a transplant







# **Outcomes Report**

Version 2.2

Published on 6/22/21 • Data Cutoff of 12/31/20

#### **Death Censored Graft Failure Comparisons**



### **Case Mix: Better Outcomes in Spite of Harder Cases**

	NKR KPD	Non NKR KPD	US Living Donor	US Unrelated Living Donor
Median (IQR) Cold Ischemia Time	9.5	1.4	1.0	1.1
% cPRA 80+	22.1	9.7	3.7	3.7
% cPRA 98+	7.6	2.7	1.1	0.9
% Previous Transplant	24.8	16.4	11.1	11.7
Median (IQR) Years on Dialysis	0.9	0.9	0.5	0.6
% Pre-emptive Transplant	28.6	30.0	35.9	36.0
% African-American	14.4	13.3	12.6	11.6
% Public Insurance	44.8	45.5	42.4	40.2

### **Donor Shield**

- Voucher Program
- Remote Donation
- Donor Protection Program
- Supplemental Insurance for complications
- Reimbursement for Lost wages, travel and lodging



### Financial and Insurance Considerations

- Expenses should be billed to the recipient's insurance
- Donating a kidney could impact your ability to find employment, health insurance, disability and life insurance.



### Risks

#### • Perioperative

• Pain, fatigue, bleeding, infection including the surgical incision, damage to bowel, spleen, liver, stomach, kidney or blood vessels in the abdomen, kidney failure, bowel obstruction/blockage, bloating, nausea/vomiting, hernia, testicular pain, inflammation of the pancreas (pancreatitis), blood clots in the leg or lung, pneumonia, nerve injury, heart attack or stroke.

### • Long Term

- 25-35% permanent loss of renal function
- High risk pregnancy. Increased risk of Preeclampsia or gestational hypertension
- CKD/ESRD



### Living Kidney Donor Nephrectomy





### Required Post Donation Follow-Up

- •1 mo, 6 mo, 12 mo, 24 mo.
  - Follow-up includes a creatinine level, urinalysis and documentation of weight and blood pressure





American Journal of TRANSPLANTATION

ORIGINAL ARTICLE

## First clinical-grade porcine kidney xenotransplant using a human decedent model

Paige M. Porrett, Babak J. Orandi, Vineeta Kumar, Julie Houp, Douglas Anderson, A. Cozette Killian, Vera Hauptfeld-Dolejsek, Dominique E. Martin, Sara Macedon, Natalie Budd ... See all authors 🗸

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